

reply ID yF7V

Hi J.,

THANK YOU FOR YOUR SENTIMENTS - GLAD TO READ YOUR MOM GOT BACK TO NORMAL - I HAVE ALWAYS BEEN ATHLETIC AND A QUICK HEALER - IT IS TAKING LONGER THAN I EXPECTED, BUT I AM DOING MUCH BETTER - OVER THE YEARS I'VE TRIED ALL SORTS OF THINGS FOR RELAXATION - BESIDES DRUGS - I'M FAIRLY GOOD AT STAYING IN BALANCE AND HARMONY - THE STROKE WAS A SHOCK TO MY SYSTEM THAT JUST HIT ME OUT OF THE BLUE - THERE WAS NO WAY TO PREPARE FOR IT AS IT ZAPPED ME WITH THE TRUTH OF MY MORTALITY, ADDING TO THE SHOCK 😊  
THANK YOU AGAIN FOR YOUR THOUGHTS AND CONCERN.

AS IT IS,  
Mills