9/27/16: 6:45am: OPENING MY WINDOW FOR THE LAST TIME):

WELL I WOKE UP PRETTY MISERABLE. WE HAVE WINDOWS IN OUR CELLS AT THIS JAIL. FIRST TIME I HAVE EVER HAD A WINDOW IN MY CELL IN 18 YEARS. THEY ARE PRETTY BIG TOO, ABOUT 5 FEET HIGH BY 2 1/2 FEET WIDE. ABOUT 20 BARS COVERING IT BUT YOU CAN STILL SEE OUTSIDE, GET FRESH AIR AND FEEL A LITTLE MORE HUMAN. BUT NOW, THANX TO GANGS AND LAZINESS, THE PRISON HAS DECIDED TO WELD METAL PLATES OVER THE SECTION OF THE WINDOW THAT ACTUALLY OPENS. THIS WILL STOP THE PRISONERS WHO ARE IN GANGS FROM THROWING THEIR HOME MADE WEAPONS OUT THE WINDOW (INSTEAD OF GETTING CAUGHT WITH IT) WHEN THEY LOCK THE PRISON DOWN AND DO A SEARCH OF THE CELLS. IT WILL ALSO STOP THE LAZY PRISONERS FROM THROWING THEIR GARBAGE OUT THE WINDOW INSTEAD OF JUST PUTTING IT IN A TRASH CAN.

SO, THANK TO THESE A**H*LES, ONCE THE METAL PLATE IS WELDED OVER THE WINDOW, THERE WILL BE NO MORE FRESH AIR AND IN THE SUMMER, IT WILL GO BACK TO BEING ABOUT 100 DEGREES IN THE CELLS AND EVEN WORSE BECAUSE THERE WILL BE NO WINDOW TO OPEN AND GET A BREEZE FROM.

IN THIS COUNTY, LUZERNE, A LOCAL HIGH SCHOOL HAD A WALK OUT ABOUT 3 WEEKS AGO BECAUSE THE AIR CONDITIONING IN THE SCHOOL WASN'T WORKING. MAYBE THEY SHOULD BRING THE KIDS HERE AND SHOW THEM, THIS IS WHERE YOU GO IF YOU MESS UP IN LIFE. NO A/C & NO WALK OUTS. BUT DO YOU THINK SCARED STRAIGHT WORKS? HAS ANYONE READING THIS EVER HAD AN EXPERIENCE WITH THE SCARED STRAIGHT PROGRAM? WE DO NOT HAVE IT HERE IN PENNSYLVANIA BUT I KNOW SOME STATES DO. I'M INTERESTED IN HEARING WHAT YOU THINK. I WAS DE-SENSITIZED TO JAIL AT AN EARLY AGE. BUT I STILL WONDER ABOUT IT.

THEY ARE ADVERTISING A NEW TV SHOW. CALLED "CONVICTION, INTEGRITY UNIT", MONDAYS, 10pm, ON ABC. WELL IT CAUGHT MY EYE, I AM NOT USUALLY ONE WHO STAYS UP PAST 10pm TO WATCH TV BUT I WILL WATCH THE PREMIERE OF THIS ONE. BUT LET ME ASSURE ANYONE READING, THERE IS NO SUCH THING AS A CONVICTION INTEGRITY UNIT. IT'S ALL FOR TV. LIKE MY LAST POST, THE DISTRICT ATTORNEY'S OFFICE FOUND THE EVIDENCE THAT WOULD HAVE CLEARED THE DEFENDANT OF THE MURDER BUT WHAT DID THEY DO? THEY BURIED IT AND LET HIM ROT IN PRISON FOR, WHAT WAS IT, 20 SOMETHING YEARS. BUT IT'S NOT ALWAYS ABOUT GUILT OR INNOCENCE, THESE DAYS, IT'S ABOUT A CONVICTION ON THE BOOKS (RECORD). I HAVE MET A COUPLE MEN I TRULY BELIEVE ARE INNOCENT BUT IT IS ALMOST IMPOSSIBLE TO GET BACK INTO COURT THESE DAYS. THESE INNOCENCE PROJECTS, THEY WILL NOT HELP ANYONE UNLESS THERE IS ACTUAL DNA EVIDENCE TO TEST AGAINST A PRISONERS DNA TO DETERMINE IF THEY ARE INNOCENT OR NOT. THERE IS A THING CALLED A "TIME BAR". ABOUT 20-21 YEARS AGO, OUR GOVERNMENT ENACTED A NEW RULE. IT SAYS THAT YOU HAVE 1 YEAR TO FILE YOUR APPEALS. YOU HAVE I YEAR IN ORDER TO TRY TO OVERTURN YOUR SENTENCE. IF YOU DO NOT DO EVERYTHING PROPERLY WITHIN THAT 1 YEAR LIMIT, YOU BECOME TIME BARRED AND IT IS ALMOST IMPOSSIBLE TO OVERCOME THE TIME BAR OBSTACLE. SO EVEN IF YOU ARE INNOCENT, YOU MUST PROVE TO THEM THAT YOU ARE INNOCENT BEFORE YOU CAN ASK FOR THE TIME BAR TO BE OVERRIDDEN. IT'S VERY HARD AND VERY COMPLICATED. BUT ATTORNEYS, THAT HAVE MANY YEARS TO LEARN, EDUCATE THEMSELVES AND STUDY. PRISONERS HAVE 1 YEAR. AND YOU DON'T GET A LAWYER

AFTER YOUR FIRST APPEAL. YOUR FIRST APPEALS IS ALMOST ALWAYS DENIED BECAUSE IT IS DECIDED BY THE SAME JUDGE WHO JUST SENTENCED YOU TO PRISON.

HOW CAN I BE DENIED ANOTHER CHANCE? MY LAWYER, HE LIED TO MY FAMILY IN ORDER TO BE HIRED. HE LIED ABOUT HIS EXPERTISE & HIS EXPERIENCE. HE TOLD MY FAMILY HE HAS BEEN HANDLING DEATH PENALTY MURDER CASES FOR OVER 20 YEARS & HE HAS WON SOME. WELL ACTUALLY HE WAS AN ATTORNEY FOR INSURANCE COMPANIES & I WAS HIS FIRST DEATH PENALTY CASE. HE LIED TO GET MY GRANDMOMS MONEY. THATS JUST THE FIRST ISSUE. THE NEXT IS HE CALLED NO WITNESSES ON MY BEHALF. I HAD SOME, I EVEN HAD EXPERT PROFESSIONALS WHO WOULD HAVE TESTIFIED FOR ME. HE CHOSE NOT TO CALL THEM. & WHY? I JUST FOUND OUT IN MAY OF THIS YEAR THAT HE THANKED MY CASE, INTENTIONALLY, BECAUSE HE HAD ANOTHER CLIENT IN PHILADELPHIA WHO WAS PAYING HIM ALOT OF MONEY TO WIN HIS CASE. SAMUEL JIMENEZ WAS THE NAME. LONG STORY SHORT, AT THE SAME TIME I WAS GOING TO TRIAL, MY TRIAL LAWYER WAS RUNNING AROUND PHILADELPHIA PAYING OFF WITNESSES, BRIBING THEM & THREATENING THEM FOR THIS OTHER CLIENT. HE WAS EVENTUALLY ARRESTED FOR THIS. HE PLED GUILTY, HE WAS DISBARRED & IS NEVER ALLOWED TO PRACTICE LAW AGAIN. I KILLED A MAN. I DESERVE TIME FOR IT, BUT I DID NOT PLAN IT, I DID NOT WANT IT TO HAPPEN I DO DESERVE ANOTHER TRIAL. MY LAWYER WAS A CRIMINAL AS WELL. HE WAS ABLE TO HIDE HIS CRIMES FOR 2 YEARS UNTIL HE WAS ULTIMATELY ARRESTED FOR THIS. BUT THE COURTS ARE SAYING I SHOULD HAVE KNOWN THIS BECAUSE IT'S "PUBLIC RECORD", YEAH WELL YOU TRY ACCESSING PUBLIC RECORDS FROM IN HERE, WITH NO INTERNET & NO ONE TO HELP DO THE SEARCHES ON THE OUTSIDE. BUT FINDING HELP FROM WITHIN HERE, IT'S HARD.

DID I DISRESPECT MY VICTIM MORE THAN MOST OTHERS? YES. BUT MOST PEOPLE DON'T UNDERSTAND THAT I DID IT OUT OF PANIC, FEAR, NOT ONLY ABOUT BEING CAUGHT, BUT FEAR OF LOSING THE LIFE I HAD FINALLY FOUND WITH JUSTINE. THE HAPPINESS WE HAD, THE HAPPY LIFE WE HAD, A BABY ON THE WAY, I WAS TERRIFIED OF THROWING IT ALL AWAY. BUT WHATS DONE IS DONE, I CANNOT CHANGE THE POOR CHOICES I MADE, MY BAD MISTAKES OR HOW I ROYALLY F*CKED UP IN MY YOUTH. ALL I CAN DO NOW IS DO MY BEST TO BE A BETTER MAN, TRY TO REDEEM MYSELF & MAYBE, JUST MAYBE ONE DAY GET OUT OF HERE SO I CAN VISIT THE GRAVES OF EVERYONE I LOVED & FAILED IN THIS LIFE.

MY DAUGHTER WILL BE ! (SOON. I DON'T FEEL ALMOST 40 BUT I AM. HOW DO YOU LOVE SOMEONE THAT YOU REALLY DON'T EVEN KNOW? I LOVE MY LITTLE GIRL, BUT I DON'T EVEN KNOW HER. I HOPE I HAVE A CHANCE WITH HER IN THE FUTURE. IF YOU ARE READING THIS, I LOVE YOU KRISTA, I AM ALWAYS HERE FOR YOU. I WISH TO GOD I COULD DO MORE FOR YOU BUT WHATEVER I CAN DO, WHATEVER I AM ABLE TO HELP GET DONE FOR YOU, I WILL DO. I AM YOUR FATHER % I OWE YOU SO MUCH. I'M SORRY I FAILED YOU TOO HONEY.

FAILING MY CHILD IS ONE OF MY BIGGEST REGRETS. IF MY SON WOULDN'T HAVE DIED, I WONDER IF JUSTINE WOULD STILL BE ALIVE NOW, IF OUR SON WOULD HAVE A BAD LIFE, THINGS I CANNOT POSSIBLY KNOW, BUT I STILL WONDER ABOUT.

WELL I GUESS THATS ALL FOR NOW. TAKE CARE, WINTER IS COMING, (VERY COLD IN HERE). MY FAVORITE PHOTO OF BABY LUCY IS WHEN SHE WAS OUTSIDE IN THE SNOW, GETTING ON HER LITTLE TOY MOTORBIKE. MY BROTHER ASKED HER WHERE WAS SHE GOING, SHE SAID TO VISIT UNCLE ROBBY AT THE JAIL. SHE WAS SO ADORABLE. I LOVE WHEN THEY COME UP. THIS LITTLE GIRL LIGHTS UP MY DAYS. I WISH I WOULD HAVE HAD THIS WITH MY DAUGHTER. GOD BLESS, CIAO.