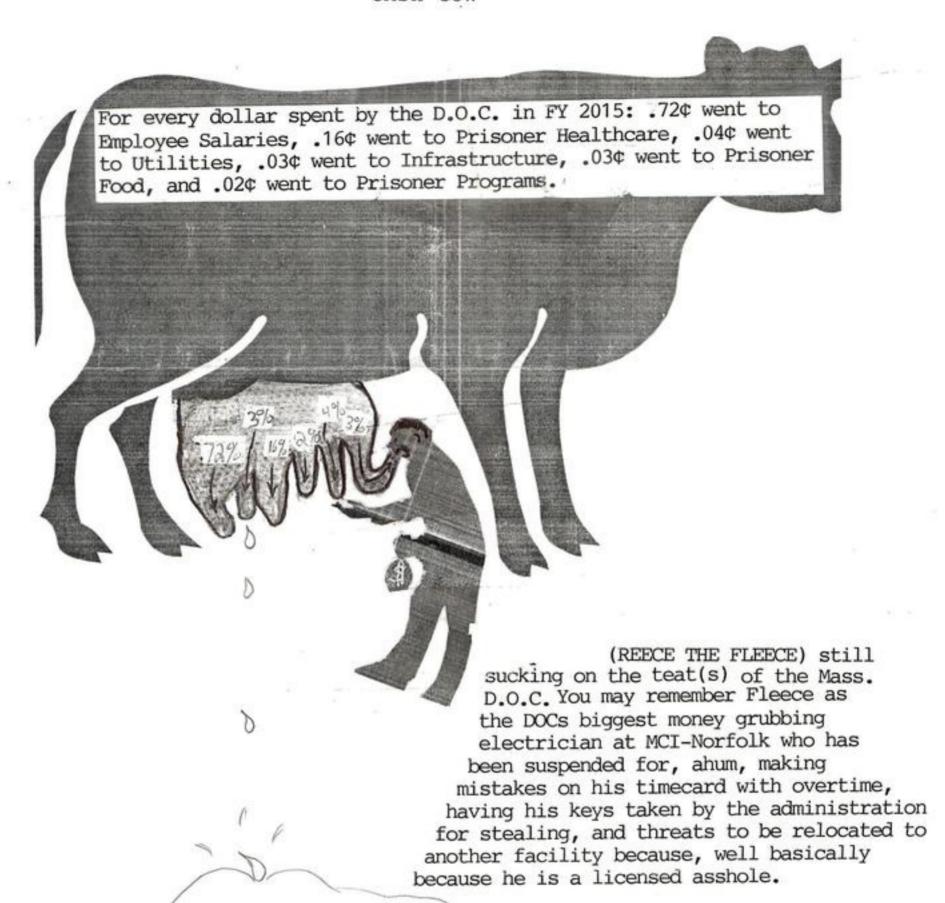
FREE SPEECH CENTRAL

The Department of Correction's CASH COW



And speaking of assholes, the Food Services Director of MCI-Norfolk,

the Green Chicken Head is still trying
to streach the .03¢ of every dollar spent on food.
He continues to make substitutions to the inmate menu
(contrary to 103 DOC 760(policy)) by replacing the little
fresh fruit the population receives with Snoopy's Frosted Sugar
Cookies. See the (41 processed ingredients) nutritional facts below.
William Bates has now earned the nick-name "Angel of Death" after an
inmate at MCI-Norfolk ate 8 of these cookies and suffered a stroke and
died-way to go Bill.