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Between the BARS,

You would think us inmates have nothing but time. I thought so too, before - I was locked up!

Most people in prison ~~are~~ are unfortunately - uneducated, have mental health/medical issues or all of the above! The unskilled medical staff - especially doctors - take full advantage of most inmates - by denying them medical care that these inmates don't know that they are entitled to get (by law). It's exponentially worse - if you don't speak English.

I know because I see it everyday - doctors who are refused jobs in "real" hospitals, end up as "prison doctors" & keep their jobs by denying inmates medical - because by doing so - they save the prison lots of money. Unfortunately, I'm locked up, but fortunately I know the medical policies really well - they are called Inmate Medical Services Policy & Procedure. So I spend lots of my "free time" helping the inmates whose lack of education is unfairly exploited by incompetent doctors - until a medical grievance clearly articulating all of the policies willfully ignored by the Doctor at said appointment is pointed out & "matched" with magic words like "negligence & liability", then "all of a sudden" the ill-treated patient (who happens to be an inmate) gets all of the "right" medications. So, that's how I spent most of my day today - filling out medical grievances (called 602-HC), & official complaints to both: The Medical Board of California & The Board of Registered Nursing. CURIOUS? QUESTIONS? ASK AWAY!

I EAGERLY AWAIT - AFTER ALL - I got
nothin' but time!

Respectfully,
Michael Manjeet Singh