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TO: Clf Prison Ministry, The
SUBJECT: mp 95 suicide not an option
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mp 95 suicide and other reactions I can't embody

Suicide is a choice that some sex offenders choose. I can remember the FBI agent asking me if I was thinking of killing myself when he was sitting in my living room while the other agents cleaned out my computer desk. I guess I was giving that shell shocked look as the reality of what I had done was sinking in.

But it was never a serious one for me. Why? Very simple, I cannot get over the thinking about how it would affect my son. But even as I write that, why did that same thinking not prevent me from violating the law in the first place. I guess that is level of denial of reality for me during my acting out stage.

I think the sex offenders who resort to suicide are trying to find a way out. Not too different from those who talk about going to a foreign country. They want to make their past go away. I can relate the desire to go somewhere my actions do not reflect on me. I hear the fear that we will not allowed to live our lives when we get out. That people will always use it against us in the future. That fear could be at the core of those who choose suicide as a solution to the predicament. Again I understand the fear and in my worst moments I can awfulize about an hypothetical future of despair and hopelessness.

Not only understand but can feel it deeply in my body. I am sure that fear is apart of many sex offenders search for some place outside of the US for a place that has less post prison restrictions. Moving to some other country seems to be a major focus of many SOs.

But after a while, the reality is that while some people will not give me a chance and will harbor judgmental opinions of me because of the type crime, most people will want to see me turn my life around and do something good. Most people are good hearted and will give me a chance to prove that I am a human being and more then my crime. Most will see that Allan Lummus is more then a sex offender who possessed child pornography, but a human being capable of changing how he responds to life and living a fully and healthily. It is those people who I will allow close to me and be my friends and support. I will have to let the others go their own way and not let the fear of their rejection become a stumbling block to my recovery.

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