#### THE NORFOLK CHRONICLES

## by Timothy J. Muise

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## - THIS HOUSE HAS SURE GONE CRAZY / THE "K-2" ANTICS AT NORFOLKWORLD

When I was a kid I loved The Three Stooges. In one of their famous episodes they pose as "ACME Plumbers" attempting to eran a few bucks doing some work at a houty-touty ricj lady's house. They reroute the water pipes into the electrical system and the next thing you know water is coming out of everything; the tv, the stive, the lights, etc. At one point the house's manservant states, "This house has sure gone crazy!" Well I am sad to say that NorfolkWorld/WallyWorld is just as crazy as that rich lady's mansion. The "ACME Corrections" team here, our own Moe, Larry and Curly, have created such an environment of lies and deceit, of petty policy enforcement and scam programming, that the "water is coming out of all the human appliances here. " Men spend all day in the yard smoking K-2 synthetic marijuana and all night smoking it in the cellblocks. We had two men "freak out" in the yeard after smoking these "research chemicals" and another two fight each other just after sharing a laced K-2 joint together. Moe, Larry and Curly are taking maps in the tower, playing grab-ass in the back rooms of the OIC, or just plain too damn incompetant to do anything about it. This joint has more ganga smokin than old Trenchtown in Jamaica. Dozens of men roam the yards with tailight red eyes laughing at unsaid jokes and unseen antics. dudes are flipping out and the guards just keep on jeffin' about the Patriots of the Cubs, or talking about last nights escapades at the Man Hole Lounge. I am so fucking glad I am short, I'm out of this madness next year. It has been a long time coming and I cannot wait to put Moe, Larry and Curly, as well as Shemp and Curly Joe, in my rearview mirror!

### - DIRECTOR OF OVERCLASSIFICATION TO HOLD DANCE CLASSES / GOOD TIME FOR ALL

Our stupendously incompetent Director of Overclassification here, Scary Sherry, has been inspired by the latest round of Dancing With The Stars celebrities and has decided to run her own "Dancing With the Felons" reentry program here at the prison. Scary has envisioned doing the Mambo with Mr. Manboobs, the Tango with Brittany Queers, and the Fox Trot with Ms. Betty. She was quoted as saying, "This is a way to reach out to the idle inmate population while also affording myself a chance to trip the life fantastic." It appears that there will also be a limbo contest, a Russion Cossack dancing module, as well as a Texas Two Step all done to the soundtracks of Saturday Night Fever, Urban Cowboy and Cats. The prison has agreed to purchase orthopedic clod-hoppers for Scary Sherry and pink cotton loafers for all the other participants. The "Ginger Rogers of Corrections" plans to dance the night away to the tunes of Barry Gibb and Gloria Gaynor while stomping on classification reports and tapping over transfer requests. No earned good time will be offered as as Scary Sherry puts it, "A good time will be had by all!" God save us!

More To Come ...

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#### BOOM-BOOM HATES

Imagine if you will a dirty, dark dank restaurant kitchen which smells of days old food and cheese. One of the first things you notice is a bright air-conditioned office, where a number of prison guards sit and watch the inmate workers. The air conditioner which cools this brightly colored room exhausts the hot air into areas where the inmates are working(the unconditioned area is stifling on a mild summer day, even w/o the air conditioning exhaust). You can almost hear these officers getting fatter as they sit in the air conditioned office eating gourmet foods paid for out of the account(s) designated for inmate food.

Last year, when the D.O.C. Central Office called and inquired of the F.S.D. HATES , a/k/a/"the Green Chicken head" or "the angel of death", why money from the Inmate Food Account was being used to purchase pork loin- the F.S.D. stated that this money was saved by making changes to the inmate menu. And the changes were made by suggestion of the Norfolk Inmate Council. The response of the Central Office was that money intended forinmate food is NOT TO BE USED TO FEED STAFF. However, this practice continues. In the past 10 days nasty outdated processed waffles have replaced pancakes a number of times. Greasy outdated, sometimes moldy, doughnuts containing transfat often replace, fruits, bread and butter, or breakfast cake. The no-frills breakfast cake if made according to dietitian approved recipes is intended to satisify grain and fiber regirements of the inmates diet. Plain lettuce with a high sodium content dressing often replaces sides of meals such as peas and potatoes, and , potato salad and cole slaw. Cole slaw is one of the only nutritious sources of fresh veggie- all others are overcooked depleting any nutritional value. Fruit is often replaced with a single sugar Snoopy cookie containing some 41 unpronounceable ingredients and include transfat. Our F.S.D. who does not have the brains to have a head ache contests that there is no transfat in these cookies. This brilliance is usually accompanied with statements such as "listen I can do what ever I want." Hey, HATESlets edify you with some wisdom that a F.S.D. should be aware of. These cookies contain hydrogenated oils. Scientists blast vegetable oils with hydrogen which produce unhealthy trans fats, fats that we now know are more dangerous than the saturated fats they were designed to replace (FN 1.). And the reason the ingredient does not [have] to list trans fat on this quantity is because they are not required to if the serving size is small enough. Look at a box of cheap cake mix. But the fact of the matter is that products which contain hydrogenated oil and fats contain trans fat which is twice as bad as satuarated fat. This is true Hates of the premade cake mix you poison us with, and the waffles and all the crap substitutes. Hey Hates why don't you shove the Snoopy cookies up your proverbial ass and serve fruit or what ever the dietitian approved menu calls for. Good Grief Charlie Brown, and thank you Mr. Schultz for lending your good name to subpar products to be purchased by subpar humans such as F.S.D.

Food Services Director Hates, and State Food Services Director Tomain are not doing anyone justice by allowing healthy food to be substituted. Over 90% of men in prison will at some point be released and society will most likely be forced to foot the bill for a large percentage of these men's health care. Not to mention that the DOC Food Services Policy specifically states that the menu will be adhered to and any substitution must be noted and made in accordance with the approved substitution guidelines. According to the S.F.S.D. Tomain pursuant to a public records request—"there are no approved substitution guidelines." A recent civil action on this issue was dismissed for procedural reasons. Well after a trip to the appeals court, justice will be served when Mr. Hates, and Mr. Tomain take a trip on the witness stand.

fn 1. Pollan, Michael. In Defense of Food(New York: Penguin Books, 2008).

In closing, a little light information. F.S.D. Hates wrote up a female staff member causing her to be reassigned from the kitchen. This did not sit well with the underling who offered to meet the F.S.D. in the parking lot to fight. The F.S.D. declined opting to work overtime until the coast was clear to leave. Too bad Boom-Boom this could have counted as a win for you in your little brain, however I do not think anyone would have put any money on you.

JUST PUT YOUR PAPERS IN!

THE GREEN CHICKENHEAD HAS OUTLIVED HIS USEFULLNESS!!

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FREE SPEECH CENTRAL

# THE NORFOLK CHRONICLES Y!M!C!A!

Well it has happened again-Tesla Reece the Fleece has put his "Tony Liama" boot right in the middle of it. This time he was not scamming overtime, or edifying inmates with the intricate workings of an electric chair and his beliefs on capital punishment, or having his keys taken(again) for stealing, or having his internet access restricted for gambling, or defying the orders of the deputy, well actually there was a small instance of defiance worth noting. Apparently the deputy approved a pilot program which would improve FM reception in a housing unit. Once Fleece caught wind of this he ordered General Maintenance to "stand down" until this deputy completed the proper paperwork. It would appear that her word is not enough for Fleece. Before Fleece was ordered to personally drill these five holes- Fleece with his puffed out chest was heard to say that "if she wants this done, she can do it herself" and "why dosn't she come down off her high horse and supervise the F#@\*'n inmates drill holes herself?" Well by our calculation the score remains FLEECE: 0, and DEPUTY: 9. But to quote Fleece "She might have won the battle, but I will win the war." What war is this anyway- the dumbass war, cuz you win that one hands down Tes. Or maybe it is the war between 2% and whole milk. Little unclear on all this, but it will probally be the getting your stupid ass transfered to Gardner war.

The newest controversy Fleece has dipped his buddy's moccaisn into is more of a flamboyant one, though a little out of character- not above suspicion. First, it should be seriously pointed out that there is nothing wrong with one's choice of life style, or alternative life style- to each his, or her own. With that being said, and this could be another person, or coincidence. Aheem, according to the Patriot Ledger a "Tesla" of Stoughton was arrested for drunk driving on October 31st(Halloween) while leaving a Randolph establishment, at approx 11:35 PM, [known as] the Country Club(a low profile gentlemen's club, or Gay Bar). The driver (Reece) was dressed as a cowgirl and was arrested after failing a 1), who was dressed as field sobriety test. His passenger( Frogman a construction worker, was arrested on an outstanding warrant for solicitation out of Boston. A third passenger who was dressed as an Indian, was allowed to leave with the pick-up truck after passing a field sobriety test. According to Court records, the driver has an OUI conviction out of Florida, and a DWI conviction out of Connecticut. Life imitatting art? What happened to the leather clad motorcycle driver? Hey Fleece "got milk?" p.s. Good news- didn't they eliminate the tolls out to Gardner?

On a closing note: most of these Maintenance workers are okay and just here doing their jobs and not going out of their way to torture inmates or to satisify some perverse Freudian urge or issue, or wittingly involving their coworkers in thier pyrrhic battles; just to pay the bills. Unfortunately, one of the good ones recently retired- K.P. Hey K.P. beware of mixing the "black & the tans" with ladders, and may you have many drunken lullabies. Good Luck!!!

More To Come ...

FREE SPEECH CENTRAL