

11/16/16: 6:35am: WATCHING PRESIDENT TRUMP ON THE NEWS

DEAR RITA,

HI, HOW ARE YOU? I HOPE GOOD. I RECEIVED YOUR LAST COMMENTS LAST NIGHT. THANK YOU. AS YOU CAN SEE, I GOT THEM ON THE 15th, NOT THE 7th AS YOU WERE TOLD. NO BIG DEAL. I'M SURE THE PEOPLE WHO RUN BETWEEN THE BARS ARE VERY BUSY AND THE MAIL IS SLOW THESE DAYS. I AGREE 1000% WITH GEORGE. NEWS FROM THE OUTSIDE, MAIL, A LETTER, IT IS LIKE A CARE PACKAGE. YES, I HAVE BEEN ABLE TO TALK TO MY DAUGHTER. I DON'T KNOW HOW TO BE A FATHER BUT I AM TRYING MY BEST. I'M BROKE UNTIL NEXT MONTH SO I CAN'T CALL HER FOR A FEW WEEKS NOW. I HAD THE MONEY TO CALL HER ONCE A WEEK FOR 2 MONTHS BUT I CALLED HER 2-3 TIMES PER WEEK. I COULDN'T HELP IT. AFTER ALL THESE YEARS I GET TO HEAR MY LITTLE GIRLS VOICE. I LOVED IT. EVEN WHEN SHE WAS SAD OR TELLING ME THINGS THAT WERE BREAKING MY HEART, I STILL LOVED HEARING HER VOICE. SHE DOESN'T WRITE ME YET BUT SHE'S ONLY 19. I HAVE TO LEARN HOW TO HAVE PATIENCE AND TO LET HER MAKE HER MISTAKES. AS MUCH AS I WANT TO PROTECT AND SAVE HER, SHE HAS TO MAKE HER OWN MISTAKES.

I WISH I WAS A TALENTED ARTIST. I LOVE ART & I WISH I HAD THAT NATURAL TALENT. I GAVE IT UP A FEW YEARS AGO BECAUSE IT IS NOT A CHEAP HOBBY AND IF YOU ARE NOT MAKING MONEY FROM YOUR ART, YOU BETTER BE WEALTHY IN HERE. SO I GAVE AWAY THE BOOKS THAT I HAD AND GAVE UP THE HOBBY. I JUST PAINTED ON WHITE CLOTHS WITH CHRISTMAS STUFF ON THEM OR CARTOONS FOR THE KIDS. ATLEAST GEORGE HAS THE TALENT. WE CAN ONLY HAVE ACRYLIC PAINTS. THEY ARE VERY PETTY IN MY STATE. THEY LOCKED THE ENTIRE STATE PRISON SYSTEM DOWN 2 DAYS AGO AND MADE EVERY PRISONER TURN IN THE SEWING KIT THEY BOUGHT. NOW ALL OF THE SUDDEN WE CAN'T HAVE A SEWING KIT. IT'S 2 NEEDLES, A PAPER TAPE MEASURE, THREAD AND SOME BUTTONS. THATS ALL YOU GET. NOW THEY ARE A SECURITY RISK. SO STUPID. THEY BOUGHT ALL THESE BRAND NEW CHAIRS FOR THE GUARDS, BIG EXPENSIVE CUSHION CHAIRS THAT CAN LEAN BACK AND HAS WHEELS ON THEM, THE SECURITY OFFICE SAID AFTER A FEW YEARS THAT THEY ARE NOW A SECURITY RISK SO THEY THREW THEM ALL IN THE TRASH. THEY JUST GO TOO FAR WITH BEING PETTY. I WAKE UP WITH HEADACHES EVERY NOW FOR THE LAST FEW WEEKS. THE NURSE TOLD ME TO STOP DRINKING THE WATER IN MY CELL. THE SINKS HAVE BLACK MOLD GROWING INSIDE OF THEM, WHERE THE WATER COMES OUT, BUT THEY WONT GIVE US ANYTHING TO SCRUB IT OUT OR CLEAN IT. SO SHE SAID ALL SHE CAN DO IS ADVISE ME TO STOP DRINKING IT. SHE IS NOT SURE WHY I HAVE THESE HEADACHES BUT THIS "COULD BE" THE REASON SHE SAYS. BUT THEN SHE TRIES TO GIVE ME 2 IBUPROFEN PILLS, I SAID ARE THESE FREE? SHE SAYS NO, YOUR ACCOUNT WILL BE CHARGED THE \$5 PRESCRIPTION CO-PAY FEE. \$5 FOR 2 PILLS, NO THANK. I'LL DEAL WITH THE POUNDING IN THE BACK OF MY HEAD.

WELL IF YOU CAN HONESTLY AFFORD TO HELP ME OUT, I'D APPRECIATE IT. I DON'T EVEN HAVE THE MONEY TO CALL MY MOM NOW SO IT'S ROUGH. THERE ARE ONLY 3 WAYS TO SEND MONEY FROM OVERSEAS:

1: JPAY.COM

2: WWW.MONEYGRAM.COM (PA DOC CODE # 3209) SCI DALLAS PRISON

3: THE LAST WAY IS THROUGH MY BROTHER. YOU CAN CONTACT MY BROTHER, SEND A WESTERN UNION

TO HIM, HE CAN PICK IT UP & SEND IT TO ME. WE'VE DONE THAT BEFORE WITH MY FRIENDS IN ITALY. HIS NAME IS JUSTIN PEZZECA. HIS E-MAIL IS: "JUSTINPEZZECA@YAHOO.COM
YOU CAN E-MAIL HIM, HE SAID HE USUALLY CHECKS HIS E-MAIL ONCE A DAY. HE WORKS 11 HOUR DAYS & HAS BABY LUCY SO HE IS ALWAYS ON THE GO.

WOW, GEORGE IS HAPPY WITH AN APPLE? HE MUST HAVE BAD FOOD. NO, WE DO NOT GET FRESH FOODS BUT WE DO GET FRUIT EVERY DAY. I GOT A BANANA TODAY. I LOVE FRUIT. I LOVE COLLECTING IT & MAKING A FRUIT SALAD. WHEN I WAS HOME WITH JUSTINE I WOULD MAKE THIS FOR US EVERY WEEKEND. I WOULD WAKE HER UP EVERY SUNDAY MORNING WITH HER FAVORITE, FRIED EGGS & CHEESE ON AN ENGLISH MUFFIN & A SMALL FRUIT SALAD. STRAWBERRIES, BLUEBERRIES, WATERMELON, HONEY DEW MELON, GRAPEFRUIT, ORANGES, APPLES, PEARS, I WOULD HAVE A SMALL MIXTURE OF LIKE 8-10 FRUITS. WE ENJOYED IT. PLUS I EVEN LOVED WATCHING HER EAT. ALWAYS A SMILE ON HER FACE. WHERE IS GEORGE IN PRISON AGAIN? I CAN'T BELIEVE HE DOESN'T GET FRUIT. A SHAME THAT PEOPLE CANNOT BE FED DECENTLY IN LIFE. WE HAD A MAJOR INSPECTION FROM THE ACA. AMERICAN CORRECTIONAL ASSOCIATION. THE PRISON NEEDED TO GET AN ACCREDITATION CERTIFICATE. MEANING THEY NEEDED TO PASS THE INSPECTION WITH FLYING COLORS. HUNDRED OF PRISONERS WERE FORCED TO WORK OVER TIME, SOME WERE PAINTING FROM 9pm-6am. EVERYTHING IN HERE WAS SCRUBBED CLEAN. THIS IS THE 1 TIME A YEAR THAT THEY TRULY CLEAN THE KITCHEN. THE PRISON PASSED INSPECTION. SO AS A THANK YOU TO THE STAFF, THE WARDEN HAS A SPECIAL MEAL BEING MADE TODAY FOR STAFF ONLY. THOUSANDS OF TAX PAYER DOLLARS IS BEING SPENT TO FEED THE STAFF HERE HIGH QUALITY FOOD. BUT WHAT ABOUT THE PRISONERS WHO ACTUALLY WERE THE ONES WHO DID THE WORK? NO STAFF HERE CLEANED ANYTHING, NOR DID THEY FIX ANYTHING. THEY SUPERVISED US DOING THE WORK FOR 19¢ AN HOUR. MY BOSS TOLD ME HE WAS BEING PAID \$51 AN HOUR TO WATCH US CLEAN WINDOWS THAT HAVEN'T BEEN CLEANED IN YEARS. MY POINT IS, WE DID ALL THE WORK WHILE STAFF EITHER SLEPT OR WATCHED, THEY GOT PAID BIG SALARIES FOR THIS WHILE WE GOT PENNIES. THEY GOT A EXPENSIVE MEAL PAID FOR BY TAX PAYERS. WHAT DO WE GET TO EAT TODAY, BREAKFAST TODAY WAS CORNBREAD MUFFIN & WATERY GRITS, A BANANA & MILK. LUNCH IS A FROZEN HAMBURGER PATTY, 1 SCOOP OF BEANS & MASHED POTATOES, DINNER IS 1 SCOOP OF RICE, 1 SCOOP OF CHILI, COLESLAW & AN APPLE. THATS MY FOOD FOR THE DAY. BUT STAFF ARE EATING LIKE KINGS TODAY. I GET 3 CRAP MEALS TODAY & I GOT PAID 19" AN HOUR FOR EACH HOUR I WORKED. FOR EVERY 5 HOURS I WORK, I GET TO MAKE 1 PHONE CALL. IT SUCKS BUT I NEED EVERY PENNY I CAN EARN IN HERE. I HOPE YOU HAVE A GREAT TRIP TO INDONESIA. YOU'LL BE THERE FOR CHRISTMAS. FRIENDS ARE HARD TO FIND IN HERE BECAUSE WE ARE NOT VERY TRUSTING PEOPLE. THEY PROMISED ME A JOB IN THE PRISON HOSPITAL BUT NO, THEY DIDN'T GIVE IT TO ME. THEY GAVE ME A JOB IN THE MAINTENANCE DEPARTMENT. WE CLEAN OR FIX WHATEVER NEEDS DONE. WELL I MUST GO. TAKE CARE OF YOURSELF, HAVE A GREAT TIME ON YOUR TRIP. I LOOK FORWARD TO HEARING ABOUT IT. GOD BLESS, CIAO.