

## What is love?

Love is defined as a deep, tender feeling of affection and solicitude towards a person such as that arising from kinship or a sense of mercy. Another definition of love says a feeling of intense desire and attraction towards a person with whom one is disposed to make a pair; the emotion of sex and romance. However ever for myself I didn't know what real love look like or evening what it was. Growing up I was never taught the true ideal about love. Everybody I came in contact with would show me the tainted way to love. So I grew up feeling that I had to be disloyal, standoffish and not trust anyone. I had a huge wall up because my trust had been violated so many times. When I did let my guard down I got hurt by boyfriends, parents, friends, cousin and some neighbors. I grew up feeling like I had to do the men in before they hurt me. I had in my mind that I had to always had to defend myself cause nobody else would. But today I know what true love suppose to be, feel and look like. First I had to learn to love myself before I could love someone else. I have corrected my wrong beliefs, ideas, attitude, patterns of thinking, mindset and stronghold thinking about love. I have been reading this book titled Beyond Shattered Strongholds by Liberty Savard

This is coming from her book Influence the World

There is a perfect list of the ways that we should always act towards others. This is a list of ways to act that shows us what to strive for so that we can be better

### Love never gives up:

- Love always sticks through thick and thin with a friend
- Love never turns its back on a family member in need
- Love never stops reaching out to strangers in need just because it back fired the last time

### Love cares more for others than for self

- Love sits up all night in a hospital waiting room with a frightened parent
- Love gives surly teenagers a second chance
- Love gives away a favorite coat to a shivering stranger when it is snowing

## Love doesn't want what it doesn't have

- Love doesn't covet other people's blessing
- Love isn't greedy
- Love appreciates everything

## Love doesn't strut and doesn't have a swelled head:

- Love is never proud and haughty
- Love humbly accepts whatever comes its way
- Love is a good listener

## Love isn't always "me first"

- Love thinks of the other person's needs before it worries about its own
- Love gives rooms to those who push in front of it - and it does it with a smile
- Love helps others to get ahead without concern for its own position

## Love doesn't fly off the handle

- Love is patient
- Love overlooks other people's faults and differences
- Love always counts to one hundred when someone is being difficult

## Love doesn't keep score of the sins of others

- Love doesn't make lists and keep books on other people's actions
- Love always overlooks or ignores other people's faults
- Love never refuses to forgive just because someone has done the same thing thirty times before

## Love never revels when others grieve:

- Love never wants someone who doesn't make it to be uncomfortable
- Love never wants others to be embarrassed or humiliated
- Love never laughs at someone who finally get "paid back"

## Love takes pleasure in the flowering of the truth

- Love is always pleased when someone is acquitted of an accusation
- Love is protective of the one who confesses a falsehood
- Love rejoices with those who stand up for what is right

## Love puts up with anything:

- Love never stops being kind to someone who is mean and spiteful
- Love always acts with grace and mercy
- Love never reacts to another's bad attitude

## Love ~~always~~ trusts God always:

- Love prays for God's will to be done in others with great blessing
- Love knows that God's word can always be trusted
- Love has trust and confidence in the goodness, wisdom and power of God

## Love always looks for the best

- Love always looks for good in people that God sees in them
- Love always believes for the potential that God is working out in others
- Love always knows that God is working in every situation and every life

## Love never looks back, but keeps going to the end:

- Love never holds another's past actions against them
- Love tries to find something good in every person's ~~acts~~ actions
- Love will always walk hand in hand through hard times with others

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