

FOR THOSE I'VE LEFT BEHIND

NO TEARS OF SORROW SHALL BE SHED, FOR THEY WOULD ONLY BE IN VAIN;
ONLY TEARS OF JOY & HAPPINESS, SINCE NOW I HAVE NO PAIN;
MY LIFE WAS A SHORT BUT HAPPY ONE, FILLED WITH BLESSINGS & WITH LOVE;
NOW MY HEART HAS FOUND CONTENTMENT, AS I'M WITH THE LORD ABOVE;
MY FAMILY HAS COME TO WELCOME ME, TO GUIDE MY SOUL TO REST;
TO THE ONES THAT I HAVE LEFT BEHIND, YOU SHALL ALL BE BLESSED;
FOR THE LOVE WE'VE SHARED IS ETERNAL, IT STRENGTHENS WITH EACH PASSING DAY;
KNOW THAT I AM WITH YOU ALWAYS, IN A VERY SPECIAL WAY;
THOUGH MY VOICE WILL NOT BE HEARD, MY BODY YOU WILL NOT SEE;
LET YOUR THOUGHTS AND CONSCIENCE GUIDE YOU, AND KNOW IT COMES FROM ME;
KEEP ME IN YOUR HEARTS AND MINDS, AND MY MEMORY REMAIN;
THINK OF OUR JOYOUS AND HAPPY TIMES, AND LET MY LOVE HEAL YOUR PAIN;
TOGETHER WE SHALL BE FOREVER, EVEN THOUGH WE'RE NOW APART;
FOR THE MANY REASONS OUR LIVES HAVE TOUCHED, WE'RE IN EACH OTHERS HEARTS;
SO PLEASE DON'T CRY IN SORROW, LET MY LIGHT SHINE THROUGH;
FOR THE LORD HAS BROUGHT ME HOME WITH HIM, SO THAT ONE DAY I MAY WELCOME YOU.

11/22/16: 5:30am: LISTENING TO: LOSE CONTROL BY: SILK

BUONGIORNO, I JUST WANTED TO SHARE THAT WITH EVERYONE. DURING THE HOLIDAYS MOST PRISONERS EXPERIENCE DEPRESSION, I'M NO DIFFERENT. MY REGRET, MY DEPRESSION, IT'S NOT JUST HOW I DESTROYED MY LIFE, JUSTINE'S LIFE, IT'S ALSO HARD TO GET PAST THAT I KILLED SOMEBODY. WHY DID I PICK UP THE HAMMER, I DIDN'T EVEN THINK ABOUT IT, I JUST PICKED IT UP. I RELIVE THAT DAY ATLEAST ONCE A DAY SINCE IT HAPPENED. EVEN THOUGH I CAN'T CHANGE IT, I STILL CAN'T STOP WONDERING. NOW I WATCH MY DAUGHTER SUFFER IN LIFE BECAUSE I WAS NEVER THERE FOR HER. THIS WILL BE MY FIRST YEAR, SINCE I FOUND OUT SHE WAS MINE, THAT I CAN'T GET HER A CHRISTMAS PRESENT. MAKES YOU FEEL EVEN MORE LIKE A FAILURE. I WROTE 2 LETTERS TO PRESIDENT OBAMA & TO PRESIDENT ELECT TRUMP. IN THEM I ASKED OBAMA TO END SLAVERY IN AMERICA. SLAVERY STILL EXISTS & IT'S LEGAL THANKS TO THE 13TH AMENDMENT OF THE CONSTITUTION. I DON'T HAVE IT IN FRONT OF ME AT THIS MOMENT BUT IF YOU GOOGLE IT, YOU CAN READ THAT SLAVERY IS AGAINST THE LAW UNLESS YOU ARE IN PRISON. NOT IN THOSE WORDS BUT IT'S WHAT IT MEANS. I ASKED OBAMA TO DO ONE THING FOR STATE PRISONERS BEFORE HE LEAVES OFFICE & THATS TO ELIMINATE SLAVERY. I ASKED PRESIDENT TRUMP TO DO THE SAME IF OBAMA FAILS TO DO IT. I BRIEFLY EXPLAINED TO TRUMP THAT IF HE ELIMINATED SLAVERY IN US PRISONS, WE COULD BE PAID A HIGHER SALARY, THIS IN TURN WOULD ALLOW US TO PAY TAXES, WHICH WOULD HELP SUPPORT SOCIAL SECURITY, WE WOULD BE ~~ABLE~~^{ABLE} TO EARN MONEY FROM WORKING TO HELP OUR FAMILIES, TO SUPPORT OURSELVES IN HERE &

NOT HAVE TO ASK OTHERS FOR HELP. THE PRISON SYSTEM COULD RE-OPEN THE FARM SYSTEM. EACH PRISON COULD HAVE IT'S OWN FARM FOR CATTLE, CHICKENS, PIGS, THEY COULD GROW FRUITS & VEGETABLES YEAR ROUND. THIS WOULD SAVE TAX PAYERS ALOT OF MONEY IN THE LONG RUN BECAUSE PRISONS WOULD BE MORE SELF SUFFICIENT.

SECTION 1 OF THE 13TH AMENDMENT READS: NEITHER SLAVERY NOR INVOLUNTARY SERVITUDE, EXCEPT AS A PUNISHMENT FOR CRIME WHEREOF THE PARTY SHALL HAVE BEEN DULY CONVICTED, SHALL EXIST WITHIN THE USA OR ANY PLACE SUBJECT TO THEIR JURISDICTION.

IN PRISON, PRISON OFFICIALS READ THAT AS, YOU WILL WORK OR WE WILL WRITE YOU UP & PUT YOU IN THE HOLE. YOU WILL WORK FOR WHATEVER PENNIES WE GIVE YOU. THE SAME CONCRETE WORK THAT GUYS IN THE WORLD CAN MAKE 30-40\$+ AN HOUR, THESE GUYS GET A WHOLE 19 PENNIES PER HOUR. IT'S LEGAL SLAVERY AT IT'S FINEST IN HERE. LET ME WORK, LET ME SUPPORT MYSELF, LET ME HELP MY CHILD, MY FAMILY. LET ME EARN MONEY TO SEND MY MOM TO HELP HER WITH HER CANCER MEDICATIONS THAT OBAMACARE WONT HELP PAY FOR. LET ME EARN MONEY TO SAVE. IN MY IMPACT OF CRIME CLASS, I AM LEARNING FROM THE TEACHER THE FINANCIAL IMPACT FOR THE VICTIMS & THEIR FAMILIES & COMMUNITY. I NEVER EVEN CONSIDERED THE COST OF HIS FUNERAL, DID HE HAVE INSURANCE? COULD HIS FAMILY AFFORD IT? MOST PEOPLE IN PRISON NEVER EVEN REALIZE THIS. I DO LIKE THIS CLASS, IT IS OPENING MY EYES EVEN MORE.

HAPPY THANKSGIVING

TODAY I WRITE TO YOU HOPING EVERYONE WHO IS READING THIS IS HAVING A GOOD DAY WITH THEIR FAMILIES & FRIENDS. THEY ARE WHAT MATTER IN LIFE. I WANT TO TELL YOU A STORY ABOUT AN INMATE NAMED BYRON. HE IS 85 YEARS OLD, BEEN HERE FOR OVER 35 YEARS. HAS HEART PROBLEMS, HAS TROUBLE WALKING, & IS NOT IN VERY GOOD HEALTH OR SHAPE. TODAY, LIKE HE DOES EVERY DAY, AFTER BREAKFAST HE FEEDS THE BIRDS A SLICE OF BREAD. HUNDREDS OF INMATES DO THIS DAILY. LITTLE BROWN BIRDS, PIGEONS, DUCKS, WE HAVE BIRDS & SOME OF US LIKE TO FEED THEM. WELL A EMPLOYEE BY THE NAME OF SERGEANT VOLACK (HE IS A VERY MISERABLE & HATEFUL PERSON) SAW BYRON FEED THE BIRDS & MADE HIM SPEND AN HOUR THIS MORNING OUT IN THE COLD RAIN PICKING UP TRASH, CIGARETTE BUTTS, WHATEVER WAS ON THE GROUND. WHEN HE CAME IN, HE WAS SOAKED, FREEZING, SHAKING, HE ASKED THE SERGEANT MULTIPLE TIMES TO GO BACK INSIDE, HE FELL A FEW TIMES WHILE BENDING DOWN TO PICK UP OTHER INMATES & STAFF TRASH. THEY WOULDN'T LET ANY OF THE DOZENS OF OTHER INMATES DO THE PUNISHMENT JOB FOR HIM. DOZENS OF US VOLUNTEERED. THIS WAS A SADISTIC THING TO DO TO A SICK OLD MAN. I DON'T CARE WHY HE IS HERE, YOU DON'T TREAT PEOPLE LIKE THAT. A FEW OF US OFFERED TO HELP HIM FILE A COMPLAINT BUT HE SAID NO. THE SERGEANT TOLD HIM IF HE FILES A GRIEVANCE HE WOULD PUT HIM IN THE HOLE NEXT TIME & NEVER LET HIM OUT. YOU DON'T WANT TO GO TO THE HOLE, HIS AGE, HIS HEALTH, THERE'S A GOOD CHANCE HE WOULD NOT MAKE IT OUT ALIVE. THIS IS JUST THE TIP OF THE ICEBERG ON HOW ALOT OF MEN & WOMEN ARE TREATED IN PRISONS. I SENT A LETTER TO PRESIDENT OBAMA & ASKED HIM WHY IN THE 8 YEARS HE HAD BEEN IN OFFICE HAS HE NOT ENDED SLAVERY IN AMERICA. I FULLY EXPLAINED MYSELF BUT I DON'T BELIEVE HE IS ANY DIFFERENT FROM ANYONE ELSE IN POLITICAL OFFICE, THEY CARE ABOUT NO ONE BUT THEMSELVES. I'D BE SURPRISED IF I EVEN GOT A RESPONSE FROM A STAFFER.

WE'LL SEE. OH, YEAH, TO FINISH BYRONS STORY, TO TOP IT ALL OFF, AFTER OVER AN HOUR IN THE SLEETING RAIN (STARTED OUT AS LITTLE ICE BALLS COMING DOWN BUT THEN TURNED TO RAIN) THE SERGEANT LET HIM GO IN & TOLD HIM, YOU HAVE A HAPPY THANKSGIVING. WHAT AN ASSHOLE HE IS. SOMETIMES YOU JUST HAVE TO SAY NO, ENOUGH IS ENOUGH. & I'M SAYING NO. I WILL NOT BE TREATED LIKE THAT.

MY FAMILY MIGHT COME TO SEE ME TOMORROW. SO I'LL SAVE ROOM FOR THAT. MY MOM WAS COMING BUT BECAUSE OF THE CANCER & MEDS, SHE HAS NO IMMUNE SYSTEM & SOMEONE GAVE HER STREP THROAT SO IT LOOKS LIKE I WONT BE SEEING HER): I'LL STOP FOR NOW. & HOPEFULLY I'LL HAVE GOOD NEWS OVER THE WEEKEND. GOD BLESS, CIAO.

11/25, AS I SIT HERE WAITING FOR MY VISIT, I WANT TO COMMENT ON 2 THINGS. THE TEXAS COURTS, THE HIGHEST COURT IN THAT STATE JUST OVERTURNED THE CONVICTIONS OF 4 WOMAN DUBBED "THE SAN ANTONIO 4" BY THE MEDIA. APPROX. 15 YEARS AGO, ANNA VASQUEZ, ELIZABETH RAMIREZ, KRISTIE MAYHUGH & CASSANDRA RIVERA, WERE ALL CONVICTED OF GANG RAPING 2 LITTLE GIRLS. A FEW YEARS AGO, YES YOU READ THAT RIGHT, A FEW YEARS AGO, ONE OF THE LITTLE GIRLS, NOW IN HER 20'S, CAME FORWARD & ADMITTED THAT BOTH OF THE LITTLE GIRLS WERE TOLD TO LIE, THEY WERE COACHED BY THEIR FAMILY & TOLD TO LIE & SAY HOW THESE 4 WOMEN RAPED THEM. ALL 4 OF THESE WOMEN HAD RECENTLY COME OUT AS HOMOSEXUALS. ELIZABETH RAMIREZ'S FAMILY WAS FURIOUS SO THEY SET THIS WHOLE THING UP. THESE 4 WOMEN ROTTED IN PRISON FOR 15 YEARS. THE DISTRICT ATTORNEY'S OFFICE SAID THEY DID THIS BECAUSE THEY WERE HOMOSEXUALS & THATS WHY THEY CHOSE LITTLE GIRLS. ALL \$ WOMEN REFUSED PLEA DEALS FOR LESSER TIME & SWORE THEY WERE INNOCENT. THE DISTRICT ATTORNEY'S OFFICE DID A HORRIBLE JOB INVESTIGATING THIS & 4 WOMEN LOST 15 YEARS OF THEIR LIVES.

NOW, ALL 4 OF THESE WOMEN CAN, & WILL, SUE THE STATE OF TEXAS, THE D.A.'S OFFICE & POSSIBLY EVEN THE FAMILY OF THE 2 LITTLE GIRLS WHO MADE THESE CHILDREN LIE. THE TAX PAYERS IN TEXAS WILL PAY MILLIONS OF DOLLARS TO THESE WOMEN BECAUSE THE FAMILY MADE THESE POOR CHILDREN LIE. THESE 4 WOMEN DESERVE EVERY PENNY THEY WILL GET, I HOPE THEY GET ENOUGH MONEY TO LIVE VERY COMFORTABLY FOR THE REST OF THEIR LIVES. THEY SHOULD EACH GET ATLEAST 5 MILLION BUCKS PER PERSON. & WHO FOOTS THE BILL? TAX PAYERS. SHAME ON THE FAMILY WHO MADE THESE CHILDREN LIE, SHAME ON EVERYONE IN THE POLICE & DISTRICT ATTORNEY'S OFFICES WHO DID SUCH A HORRIBLE JOB INVESTIGATING THIS. I'M HERE TO TELL YOU THAT I HAVE MET SOME MEN WHO I TRULY BELIEVE TO BE INNOCENT. BUT SOCIETY CONVICTS US ALL WHEN THE COURTS DO, EVEN IF THE EVIDENCE IS A LIE. I HAVE NEVER CLAIMED TO BE INNOCENT BUT I DO SWEAR THAT I DID NOT PLAN MY HOMICIDE, I DID NOT WANT IT TO HAPPEN & THE LEAD WITNESS & HIS WIFE WERE GIVEN DEALS BY THE PROSECUTION FOR THEIR TESTIMONY AGAINST ME. AN ATTORNEY NAMED RANDALL MILLER FROM LANGHORNE, PA WAS APPOINTED TO REPRESENT ME. HE HAD A PRIVATE MEETING WITH A JUDGE & GOT HIMSELF REMOVED FROM MY CASE. THE JUDGE DID GRANT MR. MILLERS REQUEST TO BE REMOVED BECAUSE MR. MILLER REPRESENTED THE LEAD WITNESS AGAINST ME IN ANOTHER CASE & HE RECEIVED INFORMATION FROM THIS WITNESS ABOUT HIS TESTIMONY AGAINST ME. BUT IT IS CONSIDERED PRIVILEGED & NO COURT CAN FORCE HIM TO REVEAL WHAT HE SAID TO THIS LAWYER. I KNOW FOR A FACT THAT THE LEAD

WITNESS LIED ON THE STAND AGAINST ME. HE STATED THAT I TOLD HIM I WAS GOING TO KILL MY LANDLORD/ROOMMATE 6 HOURS BEFORE IT HAPPENED. BUT HE ALSO STATED THAT I HAD BEEN DRINKING WITH HIM & HIS FAMILY THAT SAME DAY. BUT AT 6:00 pm, JUSTINE'S MOTHER TOOK ME FOR A SCHEDULED SUNDAY EVENING URINE TEST AT THE PROBATION/PAROLE URINE CENTER IN LANGHORNE, PA. I PASSED WITH FLYING COLORS. SO JUST REMEMBER THAT NOT EVERYTHING THAT WITNESSES SAY, OR THE COPS VERSION, IT'S NOT ALWAYS 100% TRUTHFUL. A MAN IN PHILADELPHIA, TERRANCE WILLIAMS, HE MIGHT BE GETTING OUT AFTER 20+ YEARS BECAUSE IT WAS DISCOVERED THAT THE DISTRICT ATTORNEY TOLD HIS CO-DEFENDANT WHAT TO TESTIFY TO FOR A REDUCED SENTENCE. IT ALL CAME OUT 20+ YEARS LATER THAT THE D.A. ON THE CASE, ALONG WITH THE COPS, SET THIS MAN UP. HE MIGHT HAVE DONE THE MURDER, BUT THEY HAD NO EVIDENCE & WHEN THEY LET HIM OUT, THE TAX PAYERS WILL BE THE ONES PAYING FOR THIS WHEN HE SUES THE CITY FOR MILLIONS. NOT EVERYONE IS GUILTY, MOST ARE, BUT NOT ALL. SOMETHING I READ & LIKED:

"EXCUSES ARE MERELY NAILS USED TO BUILD A HOUSE OF FAILURE."

11/27/16: WELL NO MOM AT MY VISIT. I HAD 3 GREAT HOURS WITH MY BROTHER JUSTIN, OUR AUNT CINDY & OF COURSE, BABY LUCY. WE PLAYED WITH BLOCKS, SHE DREW PICTURES, SHE HOWLED LIKE A LITTLE WOLF, SHE TOLD ME ABOUT HER HALLOWEEN & HER CANDY. THE GUARD TRIED TO END MY VISIT AFTER 55 MINUTES. I SAID NO NO NO. I AM APPROVED BY THE DEPUTY WARDEN FOR A 3 HOUR VISIT. BUT OF COURSE HE DIDN'T HAVE THE PAPERWORK. LUCKILY I BROUGHT MY COPIES WITH ME. THEY WANTED TO KICK MY FAMILY OUT. MY MOM WAS VERY SICK & NOW HAS A BLADDER INFECTION SO SHE WASN'T ABLE TO COME): I REALLY WOULD GIVE ALMOST ANYTHING TO SEE HER. IT'S BEEN 6 MONTHS & I'VE ALWAYS BEEN VERY CLOSE TO MY MOM. SO THIS SUCKS. MY DAUGHTER INFORMED MY BROTHER SHE IS MAD AT ME. SHE CLAIMS I USED RACIST WORDS TOWARDS HER BOYFRIEND WHO IS BLACK. BUT EVERYONE KNOWS I'M NOT INTO THAT. I DON'T CARE WHAT COLOR YOU ARE. I DID WHEN I WAS A KID BUT NOT IN THE LAST 19 OR SO YEARS. I TOLD HER THAT HER BOYFRIEND IS A LOW LIFE LOSER WHO IS USING HER. HE DOESN'T WORK, HE HAS CONVINCED HER THAT SHE SHOULD DO INTERNET PORN IN ORDER TO TAKE CARE OF THEM. ALL I WANT IS FOR HER TO FINISH SCHOOL. BUT HE HAS HER BRAINWASHED INTO THINKING SHE CAN SELL HER BODY, MAKE ALOT OF MONEY & THEY'LL BE OKAY. BUT THIS BUM, HE SAYS HE HAS SEIZURES SO HE CAN'T WORK & HE NEEDS TO STAY HOME. BUT HE ALSO CLAIMS TO BE IN A GANG. I DON'T SEE A MAN, I SEE A LOW LIFE USER. I'M NOT GOING TO WASTE MY TIME WRITING HER. SHE DOESN'T RESPOND & SHE ISN'T ANSWERING THE PHONE WHEN I CALL SO I DON'T KNOW WHAT TO DO. AM I WASTING MY TIME? AM I WASTING MY ENERGY, MY EFFORTS? I DON'T KNOW.

WELL I GUESS THATS ALL FOR NOW. MY HOLIDAY SUCKED. WAS HAPPY TO SEE MY FAMILY BUT DYING TO SEE MY MOM AGAIN. ALL I WANT IS FOR MY DAUGHTER TO BE HAPPY, SAFE & TAKEN CARE OF. SHE NEEDS TO BE LOVED, GUIDED & MOTIVATED. I DON'T CARE IF THE BOY IS BLACK, BLUE & GREEN, I JUST WANT HER TO HAVE A GOOD LIFE. BUT WHEN SHE GETS MAD AT ME, SHE DOESN'T SEEM TO KNOW HOW TO ACT. WELL TO EVERYONE READING, TAKE CARE, HAVE A WONDERFUL HOLIDAY SEASON, & I REALLY HOPE NEXT YEAR IS BETTER. THIS YEAR HAS REALLY SUCKED. GOD BLESS, CIAO.