

12/29/16: 10:30am: Listening to: Chimneys By: Hillary Jane

J.C.

Hi, I just received your short comment saying you would print that out and send it to me. I did receive it & I hope you read my response. Please let me know if you did. I was thinking of you & your friend when I came across this, people in prison want pictures. We all do. We hope people send us money, photo's, cards, letters, something to show us that we are still loved, thought of and appreciated. I can't even get anyone in my family to send me a recent photo of my mom. They just don't have time to take 1 photo and send it to me. So if you read my last response to you about what you can do for your friend who just got a life sentence, another thing you can do for her is don't let her feel like life is passing her by. We forget what society looks like after awhile. There are a few free or cheap photo services. Take pictures, you, friends, a hot guy she might like, and use your phone to send them to her. A guy I know in here knows of a free site to do this but here are a few more. (I'll add the free one at the end). Pelipost.com (download app, photo's directly from your phone, 1st order is supposed to be free). the other is called "spletterme. you can use your phone to write a letter, the company prints & sends it for you. go to "google play" to download app. coupon code is "pln aug 01".

You can put your friend on pen pal sites, here are 2, supposed to be free: [www.lostvault.com](http://www.lostvault.com) & [inmatemingle.com](http://inmatemingle.com)

She's your friend, you care for her, you do what you can. I hope it works out for you both. Let me know if I can do anything to help from in here. Another photo place is [shutterfly.com](http://shutterfly.com) download app. Supposed to be a very affordable service. You do for her what you would want people to do for you if you were in her shoes. Thats all.

We're locked down still. No idea why. They tell us nothing. P.B.& J on these days. We always go hungry. It's still snowing out. A friend of mine bought me a book called the healthy shoulder handbook, my left shoulder is trash. Book turned out to be a dud): I went to medical & asked for an MRI but was told no. It is an expensive test & they'll only authorize it if I couldn't move my arm at all. Thanx for the great medical care. No one in prison gets good medical care. If anyone reading this knows or speaks to any Pennsylvania prisoners who might need a lawyer because they were denied medical care, a law firm wants to hear from them. Mizner Law Firm 331 west sixth street Erie, Pa 16507. e-mail at: [jfm@miznerfirm.com](mailto:jfm@miznerfirm.com) #814-454-3889. Please pass that along to anyone you may know. My friend randy got MRSA while in prison & almost died form it. Now he lives with it for life. They diagnosed his MRSA staph infections as "spider bites". Medical is bad in here. Well I gotta go, my page has ended. Take care, I look forward to hearing from you again JC. God Bless, ciao. ps: Happy New Year (:

ps: just an example of what i mean, my best friend aj married tara. I would have loved to have been able to honor & celebrate my friend & his wife on their wedding day. But tara sent me so many photo's, I feel like I can picture just how it went.

*Have to get the free photo APP next time Locked down so I can't Go see the guy.*