Jan. 7, 2017: 11:00am: Listening to: I Don't Believe You By: Pink

I sit here looking out my barred window, seeing the snow on the ground, watching the trees sway in the wind. I am an outdoors person. I love nature, the trees, woods, quiet. I love animals, I love birds, I think birds are such amazing creations. But I thought about my new years resolutions and I normally make some each year but this year I made just one. We all tend to break them so I decided to write on a piece of paper what I want to do so I can see it every day. I wrote:

"Be the best version of myself that I can be"

Thats it. To me that means be a better man. I might be a 40 year old man but I do like Pink. First, the woman is hot. But she has talent, can sing, perform and this song just caught my ear. I heard it first as an acoustic on a dvd that the prisons activities dept. played. I cannot play any instruments but I had considered trying the key board but I have enough money to buy 1 thing, a new tv or a keyboard, so I am buying me new tv. Without a tv in here, you would go mad. A friend of mine, Barbara, she is 85 and the mother of one of my friends, she sent me a Christmas card of a puppy and a kitten curled up in a ball together, sleeping under a christmas tree by the fire. So adorable. We will be getting 3 more puppies in here next month, I wont be involved but I am excited to see them. It doesn't take much to excite you in here. I'm dog lover so this is great. I am trying to get moved back to the block I was once on because thats where all the puppies are. I don't care if they bark all night long, I just want to play with the puppies. The first group are getting so big.

Most of my family has forgotten me so I am going to search for more family. Is anyone willing to help me? My great Uncle Dean did my family tree for atleast 15 years before he died and I have the names and old addresses of so many people I am related to and I would like to find some of them. I have no computer access so if anyone is willing to help me, please let me know. You can contact me on the blog, or you can send me a letter or e-mail me. You an go to"

## www.gtl.net/padoc

this will show you how to set up e-mail. My great uncle Tony had 2 children and I would like to find them, along with some others. My family is slowly becoming alot smaller so it's time to find more. If my grandmom were still alive she would know most of them. She was the one who held our family together.

So how has your 2017 started off? Anything good? Bad? Are you keeping your resolutions? I try but I always break most of them. I don't take it too seriously so thats why this year I am and I made it simple. Be better. That simple. Whatever I try to do, do it better than I ever have. I signed up for the wordsmith typing program (where you learn the excel and other typing programs) and I also signed up for building trades.

## I SUPPORT MAKING CHANGES TO THE PAROLE STATUE WHICH BLOCKS PAROLE REVIEW FOR LIFERS AND TO END THE FELONY MURDER LAWS, (SECOND DEGREE MURDER), HERE IN THE STATE OF PENNSYLVANIA.

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