

Reply ID: fgrg

Hello Alyssa,

Thank you for contacting me on [betweenthebars.org](http://betweenthebars.org)! I understand that you are doing some research and would like my input on numerous questions. Thank you for considering me and it is my pleasure to answer your questions.

You have asked some really great questions. I really want to make sure I answer your questions with the best answers but please know that your questions can be answered many ways depending on perspective. I understand that you like the sociological perspective, so I will try to use it in answering your questions. Considering you are doing research, the sociological perspective may be ideal, but please know that sometimes a more defined and personal perspective would be suitable. If you would like a more defined and personal perspective, I encourage you to write to me directly at the contact address provided at the conclusion of this blog.

Question # 1: What are ways that some men deal with missing women?

Answer # 1:

Alyssa, please know that each man is uniquely different and therefore, deals with missing women in their own unique way. Although there may be many similarities, no man deals with missing women exactly the same way. There is no typical or general way every man deals with missing women.

I think the way each man deals with missing women depends on circumstances and on the mind-state of each man, especially in the particular moment(s) each man is missing women or a woman. Some men may miss everything pertaining to women or a woman, while some other men may only miss parts of women. Some men miss a woman's smile, her femininity, feelings, thoughts, beliefs, ideas, dreams, ambitions, individuality, beauty, intelligence, charisma, power, and the like. Then there are some men who only miss what a woman has done for him or can do for him; in which these men simply just



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objectify women.

In either case, there are men who either decide to avoid women or decide to try to fill the void with women. In dealing with missing women in either way, some men find it healthy and enlightening or unhealthy and detrimental.

In avoiding women, some men may focus their attention, time, energy, efforts, and/or resources on things that will keep them busy at the task at hand and not on missing women. Perhaps these men may pursue employment or work more meticulously on the job or increase their work-loads; pick up a hobby; read a book; watch a movie; listen to music; exercise; engage in conversations pertaining to sports or politics or something other than women; and/or socialize with family, friends, &/or loved-ones. Some men deal with missing women in extreme ways, such as become depressed; aggressive; violent; anti-social, and may even either sleep excessively, diet poorly, disregard personal hygiene and health, and perhaps attempt suicide or actually commits suicide.

In trying to fill the void with women, some men may focus their attention, time, energy, efforts, and resources on things that will satisfy their void. Perhaps some men may pursue pen-pal services, dating services, and/or online social media outlets. Perhaps some men may pursue Internet search engines and/or sites to find, reconnect, and connect with old flings, ex-girlfriends and/or spouses, high-school and/or college classmates, and/or women they think maybe interested. Perhaps some men network with family, friends, loved-ones, and even other fellow inmates to try to find someone they think can fill the void, connect with, and/or will be interested.

Then there are some men who seek and obtain pornographic paraphernalia such as, magazines, penthouse publications, photographs, television shows &/or movies, radio broadcasts of women's voices, and the like for self-gratification. Then there are some men who may pursue every opportunity available to connect personally and



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physically with women directly, such as pursuing female correctional staff members, vetting the white pages, newspaper ads, magazine ads, and calling/contacting random people in hopes of connecting with a woman. Then there are some men who deal with missing women in extreme ways, such as turn gay or engage in relationships with men but mentally imagines it to be that of a woman. Some men may try to resolve their prison sentence to get out of prison by either petitioning the courts for a sentence modification or adjustment, request an appeal or expungement or pardon, become a confidential informant for the state for a time-reduction, and/or attempt to escape prison. Then there are some men who will steal or attempt to steal from other inmates the contact information of the inmates' family members, friends, loved-ones, &/or associates to try to connect with them in a way they desire.

This is just a glimpse but not limited to some of the ways some men may deal with missing women.

Questions #2, 3, and 4: Do you think men change not being around women? If so, in what ways? Also, how do you think this affects them when they are released?

Answers to #2, 3, and 4:

Alyssa, like all people, men change by choice and circumstances may be of some influence to their choices. No one nor man is forced to change. Like all people, men change. If men change, it's because they want to change, not because others or circumstances can change them. Not being around women doesn't change men but the circumstance may have an influence on the man's decision to change.

Perhaps not being around women proves to be insightful and enlightening to some men. Perhaps this awareness encourages some men to decide to be more appreciative, attentive, sensitive, empathetic, compassionate, caring, kind, loving, responsible, accountable, mature, positive, etc. towards women. Or perhaps,



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not being around women may influence a more counterproductive effect in some men to choose to continue to objectify women with little or no regard toward women's feelings, thoughts, emotions, etc.

In either case, I think it depends on the mind-state of each man in the moments each man makes decisions when not around women. Some men may decide to allow the moment of not being around women to overwhelmingly consume them and be filled with intense hate, anger, rage, hostility, aggression, violence, and/or bitterness towards women or a particular evoked set of women. Other men may choose to allow the moment of not being around women to serve as a learning lesson and to help influence a new awareness within them in the way they view/ value women, which may prove to be more positive, productive, healthy, and/or meaningful for them and their relationships with women.

In this mind-state, perhaps these men may then acknowledge their own mistakes, judgements, biases, flaws, and their need to pursue either domestic violence counseling, anger management, parenting classes, substance abuse treatment, cognitive therapy & interventions, religious guidance, communication/human relations/interpersonal training, educational aspirations, employment, and/or the like. Perhaps these men may begin to realize their need to focus on improving themselves mentally, physically, emotionally, financially, socially, economically, spiritually, religiously, educationally, etc first before trying to pursue romance and/or relationships with women, which may inadvertently increase their chances of finding a woman whom they can develop and maintain a long-lasting, loving, and more meaningful relationship with.

On the other hand, there may be some men who may decide to allow the moment of not being around a woman to serve as a learning lesson unfavorable to women in which the man's mind-state is reinforced with beliefs that they must use, manipulate, and/or deceive as many women as possible for as long as possible because in their mind they see no guarantee in the future; a future not promised, and their lives in a pessimistic way.



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This applies to men who are either currently incarcerated or already released from prison. Some men may be released from prison with good intentions towards women due to not being around women while in prison and later decide to develop healthy relationships with women but then decide after awhile to grow bitter and unleash their wrath onto women without reluctance because of all the aloneness, pain, and suffering they experienced while in prison - asserting that women showed him no compassion or empathy while in prison, so neither will he while free. Then you may come across some men who may be released from prison with every intention to maliciously affect women due to bitterness while in prison but later come across a woman while free who shows him nothing but utter compassion, empathy, love, and kindness; which influences him to respect women altogether in a healthy, positive, and meaningful way. However, as I mentioned before, every man and circumstances are uniquely different.

Question #5: Do you think men become more reserved or don't know how to deal with a woman's "touch" when released?

Answer #5:

Alyssa, perhaps some men do become more reserved while others may not know how to deal with a woman's "touch" when released or perhaps some combination of both. Again, each man and circumstance is uniquely different. There are some men who are intentionally reserved for good reasons, which may prove to be in everyone's best interests because they are trying to focus on themselves and getting their lives right-on-track. Perhaps some men are more concerned with working on themselves before focusing on women when they are released because they may understand the importance and value of getting themselves and their priorities in order first; plus, they may not want to hurt women as they have in the past and focusing on themselves in this way helps them accomplish this. Then there are some men who may not know how to deal with a woman's "touch" when released and decide to either avoid women or dominate/monopolize the situation to the point where they may control things to a level of their own comfort. Some men



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do become overwhelmed about women when they are released and are either uncomfortable or afraid, anxious and/or worried, perhaps insecure and immature, due to all the uncertainties, but some men either just go with the flow or try to micro-manage as best they can. 😊

Alyssa, I hope my input provides you with insight for your research. I don't claim to have all the answers but I will always try to do my best to answer any and all questions to the best of my ability. Again, I thank you for considering my input and hope you will consider me for future input. I hope I have answered your questions.

Please know that you may also write to me directly at the following address if you like:

Michael Ray Charles Green #410237  
Waupun Correctional Institution  
P.O. Box 351  
Waupun, Wisconsin 53963-0351

I hope to hear from you again sometime. I welcome any dialogue and/or feedback. Please share if you care. Your input is important and valuable to me. Thank you for the questions. Best regards. 😊

Michael Green  
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