Hello Rita,

Thank you for the Christmas card and the post card. Glad to hear that you had a good time in Indonesia. As soon as I can, I will send you a picture of me, hopefully this month, February. By the way I am now 61 years young. Birthday was sunday february 5th.

What do you think about all the articles I been putting on my blog? The sad part about them is that they are all true. People out there don't know how much we suffer in prison, from correctional officers and their superiors, either not protecting us or by abusing us themselves. I hate to say this, but death is better than prison. If I wasn't innocent, I would have ended my life years ago.

Oh well, gotta go for now, will write more soon.

Bright Blessins
Henry