HEAD GAMES

This is how stupid the employees of the New York State prison system is. We are issued perfectly white underclothes, sox and shirts. When we send them to the prison laundry, they come back a brownish color. After investigating this, I found out that the civilians in the prison laundry washes our clothes with the dirty mop heads and don't use the required amount of bleach. There's no way to get them white again and they won't replace them for another six months. Now we have to walk around for six months looking dirty all the time.

Another one is the medical department here. When we are sick and need medical attention, they won't help us. But when we are not sick, the medical department always calls us for tests or to see the doctor.

Another one is when we go to eat, we only have ten minutes to eat a full meal. If we don't finish our meal in ten minutes, we get a misbehavior report for not eating all our food.

I didn't know head games was one of the requirements to be a prison employee. I guess it's just another form of abuse.