

Response to Alyssa, Part 3

I needed to take a break from my legal writing (see accompanying post on lawsuit re: solitary) & had some additional suggestions for presenting your most authoritative paper (dissertation or thesis?) on the subject of how prison impacts men's relations w/ women.

1. Love vs. Sexual Release

As I previously said, masturbation is not relaxing or calming, for me at least. Having someone "in your heart," who you care about & who you believe (delusionally or not) cares about you is soothing/relaxing.

Look up the neurology behind what I'm saying. You will surely find that different neurotransmitters are released during an auto-orgasm vs. when contemplating a lover, except maybe when doing both at the same time. Do not limit your search to heterosexuals. Also look at studies on the neurotransmitters released when: talking to a lover (on the phone, study I mentioned in Men's Health), visiting with a lover, holding a lover, etc. — each evoke different feelings, thus involve a different mix of neurotransmitters.

2. Your Source - Between the Bars - Is Not Random

Many prisoners are barely literate, so not to be found on BtB. And many prisoners have personality disorders, which impairs their truthfulness & ability to have relationships in the first place — as I said, prisons always make P.D.s worse, not better.

That is, I think, about all I can add on the subject.

However, I do have some additional thoughts on the subject of psychology in general. But, tell me, are you majoring in psychology, going for what — BA, MA, Ph.D, etc.?

You may have noticed I'm viciously critical, but you may not realize that this criticism focusses inward too, although one can't be objective when examining one's self. To really master any field of knowledge you must be self-critical & not be offended by others' criticisms; even if it's wrong, you can learn from it.

So don't be offended when I say most psychologists I've known — over a dozen — are buffoons, don't even grasp the level of reality they are dealing with & confuse it w/ other levels of mentation with different "laws" that apply.

You know I'm a materialist, thus believe/know that our minds are produced by purely material processes, which I'll explain in a separate post. But what you might want to "keep in mind" is the level(s) of reality psychology is concerned with, & these levels interact with & affect each other in such a complex way that even I struggle to comprehend it.

As is relevant to your paper, the neurological level (i.e. neurotransmitters released during an orgasm) creates/shades the neuroprocessing level (patterns of neural networks in operation), which combine to create ... what I'm not sure at this point. But there are levels w/in levels that come together to create the psychological level; it might help you explain yourself in your paper better by understanding how "prison" (a too vague term, as not all prisons have the same conditions) impacts the levels, both lower & higher (i.e. the psychological/mind), & the common results at the level of mind & personality.

Whew, now that that's said, lighter matters!

If you're (or your colleagues are) interested in developmental psychology & criminogenesis, look at Parental Incarceration, Routledge 2016. An autobiographical essay of mine is in it, but, more importantly, the editors did a great job of demonstrating how society's neglect produces the future criminals of America & what can be done to remedy the problem.

Thanks again for plugging my blog on your facebook page.

I'm not sure what kind of intranet your college has, but I'd be grateful for a plug there too. I'm a nerd nationalist, meaning my people are, nerds, smart; except I'm the kinda nerd who gives jocks swirlies. 😊 I'm often lonely for highly intelligent conversation, especially that which challenges me.

This pen sucks!

That's about it Alyssa. Appreciate also any aid you provide in spreading the word about my class-action lawsuit, which is explained in the most recent post on: here.

Keep in touch.

P.S. Guy next to me (Black, age 37, urban, ^{milwaukee}), sent here from Regards & respects, medium, his cousin, their homie, each caught w/ cell-phones, made prison porn, put it on pentgoffish, female C.O. saw it, recognized prison bathroom. Busted. ~~A~~ Nate

Says his white friend, who had 1 yr. left 'til release, killed himself b/c his woman (mother of his two kids) split. Years ago I knew a Puerto Rican guy did the same thing. Guess guys get so attached they just don't wanna "live without you" ~~FF~~

Why the fuck are women so damn heartless, got no consideration! (That's what I told the Black guy, says he's gonna use that line next time one of your kind drops him cold).

We're s'posed to be the assholes! 2 of 2