

S. E. X. -N- L. I F. E.

An attractive young women who's engaged to be married, very independent and self-supporting writes:

TINA: "Nimarodas, I think sex is over-rated and there is too much emphasis placed on it. What have you to say on this?"

The real question is not whether or not sex is over-rated, rather the question that begs to be addressed is why do you feel this way, since you are currently involved in a sexual relationship?. Nevertheless and notwithstanding having been celibate for the last sixteen years, I agree with you completely, BUT WE ARE WRONG!, IRREGARDLESS OF OUR REASONING OR EXCUSES. Sex is the sparkplug of life, its wellspring. Everything that you "feel" and know is the prodigy of some form of sexual union or sexual-energy. Sex is the cohesion in human existence.. Obviously, there would be no us if it were not for sex. Your creativity is your sexual energy channelled from your genitals into your accomplishments. Of which is one of the reasons that you not unlike many other women have been able to pretend to be superior to men on the subject of sex; whereas in truth women are just simply better channellers of their sexual-energies. While some guys may be seemingly panting in sexual-heat in anticipation(hence, why some men have been disparagingly referred to as dogs). You may humorously react, taking ^Apseudo-moral-superiority stance, saying "go take a shower.". Unrealizant, that the female sex-drive is far greater than the males, in intensity and in duration. On the sexual-evolutionary scale the female is simply one-step-up. despite this, the female still cannot take credit for this no more than she can for having a baby.

For both are merely psychosexual-anatomical, innate attributes of the female and not her accomplishments. At birth you did not choose to be either male or female. There lies no superior or inferior between the genders, merely **COMPLEMENTARY DIFFERENCES**.

Since the female's sexuality is greater, she simply has to be primed(foreplay) before her energies with ^her sexuality will spark and responds NATURALLY. The female's sexuality is emotionally attached while the males' is more animalistic and instinctive on automatic pilot. That is why the male can and will gain an erection looking at any semi-nude,

nude beautiful women and not so beautiful of a women; an x-rated movie or simply a women's rear-end, etc. For the most part men are sexual-extroverts and women are sexual-introverts; probably as a results of the social psychological-conditioning and the functioning of the male and female genitalia' the male sex organs penetrates the female's sex organs.

In fact to simply refer exclusively to the energy of our sexuality as sexual-energy is a misnomer. In truth it is our life's energies. However, we could not exist without our sexual-energies. Along with the stereotype that this energy only encompasses ejaculation or having an orgasm is refuted by the arts; technology and science; a classical EXAMPLE OF A NON_SEXUALLY DIRECTED ~~energy~~ use of our sexual-energy. We are over seven-billion in numbers and continuing to grow; it is what we are sexualprocreative creatures. When harness and directed the full range of the productive creative usage of this energy would be unlimited

I tell you if sex bores you, than you need stop having sex and allow your sexual-tolerance to lessen to once again buildup your psychosexual fantasies and desires. You may be having unfilled sex, too frequently and the other possibility to examine is who you are having sex with? Even too much of a good thing can become boring and unbearable.

Changing sex partner or having less sex may again revitalize and reignite your rating and enjoyment of sex; but I doubt it. A women's sexuality is interwine with her emotions that is why seeking and emotional-connections is so important to a women as a prelude to having sex for her. Otherwise, even if she has sex with her husband and there isn't an emotional-connection she feels rape¹. Despite a women's seemingly sexual advantage she is usually tethered to this prerequisite need for an emotional-connection. Women speak of "making-love" and men in our frankness sometimes speaks in a more graphic-terminology.² Nevertheless, emotionally and physically women and men want and need to be physically loved.(point blank_.

FOOTNOTE(1): Rape is something that occurs moreso to the psyche. Have you noticed that rape is the most reflective-defining sounding word in the english language? Even the most hardened are caused to pause and reflect when a women is raped.

Yes, a male can be raped, but for the most parts it is a rape of his body. A rape of a women goes deeper than her body, ^{it} touches her psyche there being and interlinking-inextricable connection between her body, ^{and} her sexual-organs and her psychological wellbeing. her emotional-equilibrium is also raped and wounded. The wounds go deep and the scars are most often permant; one of a many of decisive factors/reasons why no man should ever rape a women.

FOOTNOTE(2): In the primitive-psyche of the male animal we can neither understand nor "FEEL" any logical reason why our female partner can't simply spread her legs at anytime and at any place to get sexed; anytime "we" need it. To the male psyche the non-use of thje female's sexuality is simply a waste, although in truth, the sexist male mind cannot explain why, how and what is being wasted.

Have you noticed the difference in mannerism between men and women Women are more reflective and men are more prospective in approach to life's challenges. Women dream of things the way they want them to be. A man will do such stupid things and when he is reproached by his women, he looks ay her in total confusion and dismay, thinking "What the hell is she talking about; What's the big deal; that isn't so bad?" And if he does understand he inquiries "Are you still talking about that? that's history. that happened ages ago why haven't you let it go, forgotten about it and moved on?

The female to the male animal is and always has been an enigma. When a women truly loves a man(even the most liberated women will treat her man like he's a king; he can do no wrong.) And when a man is truly loved by a women he has no fear and there is no challenge too great for him to tackle but when a women is betrayed causing her to hate him, no power on earth can reconcile her former love with the injustice he has done to her. Indeed women are complexed emotional creatures and this has only recently become a relev ant issue to men; prior to men simply patronize women as confused little creature; when men had the arbitrary dictatorial power to say to her "shut up and do as i say!"

Of course we all know those barbaric, chauvinistic, repressive, draconian days are over and no more and; rightfully so. Men are gonna hav to evolve from their caveman antics and selfishness of the dead past and livem learn, re-learn "our" behaviors towards women in order to adapt and adjust. Women are obviously spearheading this evolutionary/

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revolutionary change in how she is to be treated in this world; heterosexual relationships, in the home, work place, etc..

The question does not arise as to whether or not this is a good or bad thing, it is simply the way things are. If we are to continue to survive in harmony, we must in fact resolve this battle between the sexes and learn to compromise, empathic and more respectful³ of each other and loving toward each other to the betterment of us all.

FOOTNOTE(3): The mutual benefits of a truce between the sexes having fundamental respect of each other is self-evident. Of which will allow us to continue on in our evolutionary quest for knowledge and understanding of the world that we live in; having removed and resolved the age-old major roadblock, to experiencing a greater spiritual awareness than ever dreamed possible.

FOOTNOTE(4): _ That is why a man will in a seemingly maniac fashion rush through the sex act, roll over and go to sleep; leaving the women to put it mildly, unsatisfied and feeling as if he has just used her body as a waste receptacle and quite frankly he has. He has vented all of his pent-up, psychosexual frustrations/ejaculating and left her frustrated. Life is a commitment and we need live a committed life in all that we do. You are an exceptional woman and you need to demand the absolute best that existence has to offer. The best must unite with the best to achieve: Better! ($Y + B = YB^2$). Plainly put find someone that you can truly love and are able to give your entire being, mind and body to⁵. The days of making do will no longer suffice. Life is so very short and you have an obligation to leave this world a better place than you found it. You need be a true searcher, mission orientated, checking out eligible suitors asking inwardly "Are you the one?" The answer to the question isn't a response nor will you know the answer until you have truly understood the question. Your answer and understanding will be born at the same time. In essence your understanding is revealed through your understanding of the question. I tell you and know that there is no greater euphoric human experience than for you to have an orgasm with the man you are in love with. Similarly, I tell you it is the exact same feelings for a man. It is an out of mind experience. In the erect excitement phase a man's penis is likened to a huge exposed nerve, connecting to every nerve in his body. Orgasmic sex is the ultimate expression of non-verbal communication between two individuals, in deep orgasmic-ecstasy; when all the world's troubles

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and time seem to have dropped away and stopped. No one worries about pay¹⁶ bills, children or going to work while ejaculating or having an orgasm. Two human spirits meet at this juncture. For those few moments two become as one. It is at this point, where the flames of two hearts figuratively melt into each other and beat as one. It has been said at this point that two are truly one with all of existence. let us keep it 100, every psychosexually mature individual loves and enjoys the gratification of the sexual experience of ejaculating or having an orgasm. You shake yourself and stop this nonsense, if it were not for a man making love to you, you would not have had your two beautiful daughters.

FOOTNOTE(5): It is only in a more "perfect union" between you and your biological-counterpart; can there evolve a heightened spiritual growth. We live in an age of informed choices and greater selectivity, and as an intelligent human being it behooves us to make prudent and beneficial choices.

When is enough-enough to the human mind, we seem to never have enough joy and happiness. We are like little children, if allowed, we'd plan our entire lives as one continuous party or celebration; never growing-up and remaining immature. That is why existence doesn't listen to us. We do not fully understand and appreciate what we have until we've lost it. Then we only want back what we lost. A continuous cycle of losing and regretting. That is why I teach you to practice living 100 percent in the here/now. In order to break the cycle of regretting and remembering; in order for you to avoid a similar recrimination about not fully appreciating, savoring and relishing the moment. The strength of the mind appears to be in remembering and dreaming or regretting and projecting. Have you noticed the enormous amounts of life's energies that we expend remembering hoping/projecting. That is why so much in our lives goes array we never seem to be in control. We seemingly are unable to grasp the significants or value of things in the present and seemingly only able to do so when the situation is in the dead past and beyond our abilities to exercise any influence or control over it.

WHY HAVE how we cause so much destruction and have done so much harm to ourselves, others and the planet. We live mostly in hindsight, investing tremendous amounts of OUR resources and energy trying to undo what we have done. Similarly, we hurt each other so badly and then spend so much time regretting and dreaming, trying to bring back what we've lost. We must become more consciously-conscious in the here/now/present, to be able to "feel" and understand the situation and our life's challenges in the present, to

maximize our growth and to fully appreciate this experience called living. We are taking one step in progress and two steps in regression. We are simply not balance our evolution any consciousness will allow us to preserve and improve, protect and correct SIMULTANEOUSLY within our lives, others and the world we live in..

The fundamental principle of the Law of Relativity ($E = MC^2$) is that time seemingly moves slowly when you're bored ^{AND} miserable, time moves faster when you're enjoying yourself. As we've discuss when asked "What is the purpose of life?" Surely, no millionaire who has all of his earthly desires, enjoying to the fullest doesn't stop and ask himself or anyone else. "What is the purpose of life?". Similarly, if you were in the midst of an orgasm with the one you ^{Love}, you wouldn't exclaim "I think sex is over-rated and there is too much emphasis on it." Remember: the question only arises about what is, when you aren't. Sex is sex, it was obviously here before you and it is here now and shall be as far as we know for all eternity. Albeit, more pointedly when once again you find sexual love. If you would be loved than you must become loving. You do not know how to find love; you cannot even accurately define this phenomenon; so you just become loving and let love find you; after all love knows each other's addresses, you don't!

In any event it is the near that contains the answer to the far, likewise it is the near that will engender you with the strength to travel far. The foundation is near and without a foundation what can you build upon?