

Hi Rita, got your blog. By now you should have received my letter and picture. Did you? Yes, I have some friends here, but mostly I stay to myself. No, I am in a state prison, much worse than federal and definitely alot of retaliation for exercising our rights. There is alot of unnecessary assaults on inmates from the officers. Hiking is one sport I enjoy doing also. I use to do alot of it before I came to prison. Now, with asthma and my old age, don't know if I could do it anymore. But if I ever get out, I will try. Yes, we can receive books through Amazon, but the only books that I read and study is law books. There are two books that I could really use. One is called Gilberts law book and the other one is Self-Help Litigation Manual, both law books for New York State. I don t know how much they are, but if they are to much, don t worry about it. But if you do decide to get me at least one of them, please make it the Gilberts, because that book has everything I need in it. As for music, all I listen to is country music. Haven't been listening to my music lately, spend most of my time in the prison law library, which is where I am going in about 15 minutes. Write again soon.

Hugs from Henry