LETTER TO LADY K #6

MOOD: DESPONDANT, LONELY AND SADDENED

SONG: MY WISH

SINGER: RASCAL FLATTS SONG: MINE WOULD BE YOU

SINGER: BLAKE SHELTON

THOUGHT: STILL MISSING YOU ALOT! SONG: IT'S YOURS IF YOU WANT IT

SINGER: RASCAL FLATTS SONG: BLANK SPACE SINGER: TAYLOR SWIFT

MAY 2BTH, 2017

Dearest Lady K,

Hello to you. I pray that when you read this, that all is well with you and your loved ones. I also pray that you are well and happy where you are. If you want the truth Lady K, I'm despendant, lonely and still saddened by your departure.

You and I agreed to be blunt and honest with each other, and now I can be completely honest with you Lady K. Ever since we met, its been an up and down ride for me because you swept into my world and just turned it upside down and inside out. Most days I don't know whether I'm coming or going K, because as a man, I've never felt this way towards another person. To be truthful, the last time I felt like I do, was when I was 13. When I lost Lydia, I lost all interest in falling in love again, especially if it would be like my moms and step-dads marriage or others I know about.

27 years later, you just stroll right into my life and blow me away when all I wanted to do was be left alone and live my life the way I always have...On my terms. I was doing good until you destroyed everything I had built up over the years because I didn't want to feel again. I have my Aunt Kay, and that was enough K, until you came along.

Its been 10 days since you left and it still hurts. I can't help but think I screwed up enough that you left because of me. I know logically its probably not true, but emotionally I just can't stop thinking this. I'm not mad K, but just hurt so much. I also know I shouldn't have let myself get attached to you, but a heart doesn't always listen to reason Lady K. So here I am dealing with all of this on top of everything else, too.

I'm not going to give up K, because I can't betray those who have faith in me. If I quit in the middle of the race, then how do I know how it ends. Hell, I might surprise myself with how things turn out. Maybe you'll reach out to me one day and tell me you want to be friends...But if I'm not here, how would I know? Life has many turns and twists, that if its meant to be, then it will be. If not, then I still have the memories.

I am grateful for the short time I got to know you Lady K, because you brought me back to life and reminded me that life isn't over until its over and that I should try to enjoy life to the fullest, no matter what comes my way. I guess I should start with you leaving. But I can't find my joy in you leaving yet, even though I know it was probably best for you. And of course I only want whats best for you K, and one day the pain will be gone. Just not yet.

I told the other counselor here, and she told me it wasn't me. It just screwed me up so much because these was so much I wanted to say to you, and now I might never hear from you again.

Yeah, I know I need to stop feeling sorry for myself...;-) (I can see you with your exasperated look on your face: -0) Just give me time, okay?

Just because you left K, hasn't stopped me from continuing my workout. When I went to medical on the 16th, I had lost $9\frac{1}{2}$ lbs since my last appointment, two weeks before. I can tell a difference in my body already, just from the little bit I have been doing. I'm waiting on a Yoga book and some exercise type books to increase my regimen and build myself up some more. Do you remember when you asked me if I ever worked out? I told you no, because I was allergic to it. You asked how, and I told you that I get all sweaty, swollen and red all over. And we both laughed.

Because of you, do you know what I want to do now? I want to go to general population and get some trades and other education under my belt so I can make parole Lady K. If I'm going to be here anyways, even if I have to finish my whole sentence, then why not make good use of the time here? It doesn't make sense to waste the time just sitting around and not learn anything. I've always been one interested in learning new things, so why not make the best of a bad situation? It'll also keep me out of trouble and pass my time quicker. I also just recently found out that they reinstated the grants for inmates, so I might be able to get some college course done too.

Really, all I need to do is just apply myself and I can do almost anything I set my mind too. It won't be easy, but anything worth having never is. Hell, look what I'm goingthrough just because I want your friendship.

12:23pm, 5/29/2017

I had to stop writing you last night, but am back now, did you miss me? I missed you!

Here I am about to explain something I've never felt before, so I hope you'll bear with me while I try to delve into what I'm feeling.

I've told you I love you Lady K, and its the only thing it can be. I know what lust is and this isn't lust. I know what wanting something just so I won't be alone or lonely, and this isn't that either. As a matter of fact, I told one of the counselors here, that I respect and admired you so much that I couldn't even imagine or think about you in any inappropriate way. That is very unusual for me Lady K, because as you know, I visualize everything.

But when it comes to you, I just felt wrong, that I was disrespecting you and dishonoring you by doing so. Of course I looked at you as a man does a woman, but my mind wouldn't let me think of you undressed.

What I did and was able to visualize Lady K, was getting to know you, listening to you talk, hearing you laugh and seeing you smile. I longed every day to dig more about you out. You woke me up to something I've never felt as a man before Lady K, and although it frightens me for how I feel, I also enjoy and luxuraite in it even though it hurts right now. Why? Because I know what I feel is real this time. Everyone between Lydia and you, it didn't matter if I lost them. It didn't hurt or feel like part of me was lost.

And even thru the pain of you leaving Lady K, its not me that matters to me, but that I only want whats best for you. As long as you did what was best for you; that you're happy and better now; thats all that matters to me.

You have been the only person who has been able to make me want to face the unknown Lady K. You make me want to be my best, no matter if you're there or not. Even though knowing I might never hear from you again Lady K, you've made me want to bust my ass to be different, to open myself to who I can really be, my full potential.

And yet, I still hope (and pray every day) that one day you'll walk back into my life. Yet it must be your decision to do so. And nothing would please me more than knowing you are my friend Lady K, because you are extremely special, even if you don't think so. I know differently.

I just long to sit down and have conversations with you about any and everything that comes to mind. To hear your thoughts and beliefs, as well as your point-of-views. To watch you express yourself the way you do. To hear you laugh over some comment or joke and see you flash your smile. Without those, it seems the world is darker. I remember them because I have mini-you to remind me. But I'd rather have the real you.

You taught me that I can't change yesterday, and I don't know what tomorrow will bring, but I can only live in this moment and have to deal with that. To do otherwise is just a waste of time. Yes, theres things I wish I could change that I did, but I can't. You taught me that all I can do is strive to do better next time.

You made me realize that I could still dream and have things to be thankful for. You made me want to tackle life, even if I must without you, and accomplish what I set out to do. You put your time and effort in helping me, andI refuse to let your work go to waste, even if you never know about it.

Lady K, I am enclosing a song that I had included with letter #1 to you, but this is the whole song this time, because it says more to it that at that time, I couldn't say...Now I can. The song is 'In Case You didn't Know' by Brett Young. It is one of my favorite songs right now, cause it reminds me so much of you.

I will write to you later my Lovely. Take care and know you're never far from my thoughts and prayers. Until later, I remain yours,
The Grizzly Bear

May 29th, 2017