

MATTHEW JANKOWICZ  
(PLEASE HELP ME!)

I am in a bad situation right now. I have no more toiletries/cosmetics. I am hurting a lot, I can't even brush my teeth. My prison only gives us 1 small bar of soap & 1 roll of toilet paper week. Everything else we have to buy. I can't work any prison jobs because of all my injuries (permanent nerve damage & waiting for hip surgery in August). I'm bone to bone on left hip & severe muscle atrophy on left leg & severe knee pain. I have no toiletries/cosmetics right now. Can someone please help me by sending me some money (JPAY.COM), so I can buy some toiletries/cosmetics. I'll deeply appreciate it with all my heart & soul. Thank you very much.

It's really hot right now. It's been 100-110°F the last 9 days straight. My cell is in the 90's (my C.O. measured the temp.). I am very hot & sweaty. I can't sleep at night. On Monday it's supposed to cool <sup>to</sup> the 90's. Wish me luck. ☺