Dear Augustine King,

8/14/17

Hi, how are you? I hope goo. Thank you for your comments. You are right, no one should be treated this way but in here, thats the norm. Now the hospital tells my mom she is being refused any more treatments, no more pain meds to manage her pain and no more anything. They basically told her to just die. She is very upset, she wants to keep fighting so I do not know how the hospital is allowed to do this. But none of my siblings can be bothered to help our parents and I am in no position to do so. I wouldn't even know who I could reach out to for help. Its sad, heartbreaking and I don't know what to do. I didn't realize until 3 days ago that my mom never wanted to be on hospice care and she didn't sign or authorize it. the hospital just did it. I can't eat, I barely sleep these last few days and I am just sick over it.

I'm sorry to cut this so short but it's my shower time. I love writing & interacting with people on my blog so please don't be a stranger. Take care of yourself and I look forward to your next response. God Bless, ciao.

Dear Updegrave Family,

8/14/17

I can never return to you what I took, no apology can ever make up for the fact that I killed Ron. Having the love of my life killed almost 16 years ago has finally taught me what it means to lose someone. And as I watch my parents die from cancer, I want nothing but to take their disease & save them from this horrible slow death. My parents are good people who do not deserve this. But maybe I do. At your family picnic I hope that you can share my regrets, my sorrow & most importantly, my remorse. I am sorry for taking Ron from your family & I wish to God that I could fix it. I have met so many men in here who committed horrible crimes, yet, when I speak to them, I would never have guessed that they took someone's life. The man who killed Justine, if he apologized to me, I honestly wouldn't want to hear it nor would I care. And if you still feel that way towards me, I do understand. I can apologize until I'm blue in the face but nothing changes what I have done, nothing can change my worst mistake, but I truly do not want that to define me or my life. I do believe we are better than our worst choice, or mistake. If prison has taught me anything, it has shown me that human beings can change if they truly want to. And I have changed. Maybe I don't ever deserve forgiveness or freedom but redemption is something that I do seek & hope to find one day. I wont go on & on about this. I don't know if this means anything to you or not but for myself, I need to apologize to you & your entire family. I hope that one day your family can forgive me for what I have done. Please know that I am NOT the same 21 year old kid I once was. I am a much better man now than I have ever been. I still make mistakes but now I learn from them & I have grown a conscience. 19 years ago, I truly didn't understand what remorse was. Watching everyone I love die, has shown me what it means & for my world has changed.

At your family reunion picnic, when you remember Ron, even if they hate me, please tell your family that I AM SORRY. I wish I could change the past & fix this, it haunts me that I can't. I thank you for reading what I write & for responding. Take care of yourself, I hope your family has a great picnic together & I hope you can one day forgive me for my crime against your family. Take care & God Bless. Ciao.