

"HIP REPLACEMENT"

Merry Christmas & Happy New Year! I finally got my hip replacement operation on 20 OCT. 2017. They cut off the end of my leg bone & replaced it with a titanium one & also rebuilt my severely damaged hip socket with bone & metal. The surgeon said it looked pretty bad. I may have been like this for over 6 years. It's been over 9 weeks since I had the hip operation & I'm also normal with the hip. I had 40 staples put in. Luckily the scar is thin. & I still have to walk with a cane or other support because of my nerve damage (3 back surgeries) that cause me to lose all my left quadriceps muscles & half of my calf muscle. My knee is very weak & gives out all the time. Also I always have severe pain in my lower back (pinched nerves) & left knee. Also when I walk I have more pain in my left knee because of the weakness. The doctors here presently that I have don't care & make me suffer in pain & give me very little pain medicine. I can't sleep at night because of the pain (I have it $\frac{2}{7}$ still)(8-10 pain level all the time). I was in the hospital for 4 days after the surgery - then sent to Corcoran State Prison Hospital for 8 weeks of rehab. & P.T. Charles Manson was at the same hospital - a few rooms down from me. Then they sent me back to my prison on 28 DEC. My prison is $4\frac{1}{2}$ hours drive North of Corcoran. I am now going to have 3 more weeks of P.T. & I'm supposed to have a walker, but I think a walker may make me weaker - so I may stick with the cane. If you would like to help me & make me happy, I really could use some money for cosmetics/ toiletries & comfort food. You can send it by www.jpay.com or (800) 574-5729.

Thank you from Matthew Jankowicz,