

"Assimilating Psychobabble"

The main theme of this essay will be regarding the phenomena of **NEUROPLASTICITY**.

Social(-ist) Engineers through out the ages realized the atomistic structure of all cultures, and consequently understood the cognitive dissonance involved in re-forming a paradigm-shifting civilization, ushering in a new era of automatons. The evidence of this hypothesis is historical. As is the existential freedom fighter I aspire TO BE; the antithesis to the hypothesis, as it were.

Above the porch of Apollo's Temple at Delphi is the inscription: Gnothi Seauton (Know thy Self), as a clue to free religious slaves from other-determined "divine constraint" suppressing - and consequently perverting - self expression. Know thy Self is the final oracle!

Hence the war between individuals Learning from Experience, verses Learning by rote. Granted, the subjective knowledge attained from learning by rote is far less traumatic than learning from experience. But the objective scars of experience qualify innovative pioneers of Sapience, making all the difference between Knowledge and Wisdom, and corresponding freedoms.

The beliefs, values and biases forming my own cultural framework and worldview has been reformed within the experiential learning cycle time after time in the 33 introspective years I've been exiled to these penal colonies, where I've fostered the Existential point of view literally encompassing the entirety of Gardner's theoretical MultiIntelligences (MI) pie-chart. For instance, as interesting as Gardner's MI theory is, it is not intended to constrain intelligence by assigning a definite cognitive skill characteristic. In fact, Gardner's claim substantiates MI "can be nurtured and strengthened or ignored."

and weakened".

This of course makes a fifth-column social engineer's strategy easy to see! And alas, an innovative pioneer of Sapience must be resolute in the profane halls of sacrilegious education where curriculum is often designed to frustrate the rare students who reason independently, effectively weeding them out in order to cultivate conformity - as has all prior pharasical priesthoods done to maintain their fifth-column fiefdom franchise through out the ages.

It has not been easy mind you, to tear down the cultural frameworks of conformity. It is the work of an iconoclast who is willing to re-consider inherited beliefs, values and biases, utilizing the experiential learning cycle methods of reflecting upon experiences to make sense of them and therein discovering how to apply what is necessary to be more responsible for future decisions to experience.

Is it not coincidental that the proverbial Tree of Knowledge had an inviting Serpent - by definition of Nachash, means: learn by experience, generally to prognosticate? It is!

Having thus developed such intrapersonal skills of recognizing existential potentials within discrete dimensions of suppression, I've been able to maintain an attitude of gratitude as the antiquated hypothesis - antithesis dichotomies of beliefs and values are continually challenged to produce a new synthesis point of view, which itself will be challenged in the course of striving for competence in my personal evolution per the GROW model ambitions (Goal, Reality, Option, Will). Perhaps this is what the metaphorical Serpent re-presents, as it too sheds its constricting skin as it grows, ever learning by experience.

This investigative approach I've developed to understand Life, is the same investigative approach I often use in

playing the protagonist in order to help others reason-out their own point of views regarding their problems and re-determine their own GROW ambitions as well.

You see, the oracle "Know thy Self" permits me to know the common maladies which befall all humanity, and correspondingly help where I may in the atomistic scope of things, in accord with my Self-awareness motivations and Emotional Intelligence (EI) management skills. I'm able then to appeal to and apply what I've learned about the MI and EI theories in assessing the most practical method of approaching and applying the learning style strengths. For instance, as a predominately mild to moderate Reflector/Intuitive/Visual/Global learner, I am able to effectively be empathetic in assessing another's point of view - and posit consideration of similar points of view of comparable magnitude, which they may resolve theoretically in this helping relationship scenario - to assist habilitation, by utilizing the introspective diagram of Relationships between Beliefs and Behavior (Supplement #2) indicators identifying Values and Attitudes involved in decision making.

Effective Interpersonal communication skills entail Understanding and applying facilitative attitudes and values that have been demonstrated to assist the helping process, where ever possible. For instance, there is an intrinsic Belongingness within the atomist equation to further investigate in order to adequately understand another's cultural framework and worldview. Appearing open and flexible, genuinely showing interest in another's perspectives, facilitates a co-equality in the helping/coaching relationship, thusly permitting another to discover their own relationships between their beliefs, values, attitudes and behavior.

In conclusion, there is a definite art to the helping/coaching process. Self Awareness is the paramount piece of the equation: Awareness + Responsibility = Performance, as the oracle at Delphi indicates.

Therefore the entirety of intrapersonal and interpersonal relationships are fundamentally based upon Self Awareness. The Myers-Briggs Type Indicators (MBTI) designating Personality Types is an interesting and insightful theory to help identify preferences of communication, but neuroscience empirically proves that cognitive awareness shifts as necessary. And consequently through metacognition the learning cycle produces change - or reorganizes pathways for neurons to process new information; new experiences; and even create new memories. It is of vast import to understand that Metaphors use the same neural circuits, when you consider that people are prone to emulate that which they revere. Noble Thoughts do inspire noble deeds! Yet, it is also true that stupidity is contagious.

Understanding this phenomena prompts me to always establish the Purpose Intended in a helping-coaching relationship utilizing the GROW model. When ever the Purpose mutually Intends re-habilitation, then the Goal surmounts Reality of Obstacles with pure Will.

Someone should let all the homeless people out there know about this all expense paid Prison Resort where they can get a free college education. If they only knew! Thank you for your tax dollars everyone. I couldn't have lived this monastic life without your taxes paying for it. We all get what we deserve, don't we?