

Irish Soup Journal

3-12-18

When I was a teenager I had a southern draw that was much more annoying than the southern draw I have today? [♡]

Making friends isn't always easy for me - never has been. Now I'm in my 70's and very alone - I feel like I'm in a world by myself. Need something more fulfilling - what happened to forgiveness?

He is my son - the pictures on the walls, my perfect son in my eyes always - I am proud of you son, I miss you. I dreamed last night that I was sitting in one of those little Country Bars; dartboards on the right wall, pool tables to the left. All the walls covered in neon lights and vintage beer signs. It's wet and cold outside - you're on my right.

I hear it's OK to be afraid, because you can't be brave or courageous without fear.

Research links loneliness to a weakened immune system and higher risk of heart attack, stroke, & depression. No matter how bad it is (the loneliness) I'll never lose hope, never give up, never look away. Gone fishing, visiting the lighthouse. When are you coming back?

There's an old saying, "It's not about adding years to your life but adding life to your years."

Peppermint Chocolate Coffee sounds good this morning. Join me my love it will relax you and I'll relieve your stress.



Steve Burkett
2018

Love + Luck Lady
don't know what was in the can :)