

Personal Journal

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3/12/18

MON

We were locked down Sunday, except for visits and some workers, no one seems to know why. Maybe the guards just needed some rest from all the nothing they do everyday? I spend the day just reading and putting up with my teenage celly "Kids need to get out and play and burn energy off - way to vigorous to just sit around - enough to drive a crazy old man nuts. It was a nice sunny day here - I could see it from my window. ① It is easy / ~~to~~ to feel down inside a cold cell

② and yet outside

the sun slips

below a cloud bank

④ I step onto

the slanting light

bringing its warmth

③ the bright light

stream into my cell

through the tiny window

⑤ I think to myself

the sun feels good

isn't life beautiful

3/13/18

TUES

In a cavernous warehouse behind old Preston about a mile from home, just south of nowhere I sit at midnight staring out into the darkness daydreaming of something better, a better life, being a different person. My body is weary, my eyes tired from reading all day. yet I am unable to sleep waiting for the pain to subside, for my mind to stop racing. I wonder how much longer I will hide from myself because no one else cares? We were locked-up^{down} again Monday,

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3/13/18 - just getting out for meals + showers. Read + slept all day. It's suppose to rain today and ~~looking~~ looking back out my window now, it has begun. I don't care if it's pouring with gale wind forces if they let the yard out I'm going depression is starting to set in sitting in this cell. I had to look the word depression up because it looked like it was missing something. It was it was missing the s for Steve. :-)

3/14/18 I started a painting of an old Motel in the afternoon yesterday - I like the picture I got out of the mag, the blue in the sky, the gray in the clouds, of course I've already begun changing things and the colors. I did go out into the rain in the morning - there was only a few drops here and there until after the ten o'clock inline - then it started raining. I may have told an untruth, I said I didn't care if it was pouring with gale force winds; - when the rain began the wind picked up and rain drops looked like hail hitting the ground and felt and sounded like hail as they pounded my rain coat. The door to my building open and I broke into a run to get in (didn't know I could run so fast :-)) I had left my shower stuff and a dry set of clothes in front of my cell door so I was able to take a hot shower and change; my pants and shoe was wet. It's not raining right now - but it came down hard all day and night. If it look like rain I might not make

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3/14/18
WED
it out today. I almost drown yesterday! We spent a lot of time yesterday afternoon and last night studying for Jimmy to take the tape test. He is to be there at 8. I think he'll do alright but he has trouble sitting down for 5 minutes. He only needs to make a 7.9 to get into high school and he only needs one class to get his diploma. Good luck kid.

3/15/18
THURS
Jimmy won't find out until Friday how he did on the tape test - I'm sure his score was high enough for them to let him take the two classes he needs to get his diploma (American Government and Economics) plus an elective - as he needs ten units in there school. He can work at his own pace and I'll help him. I'll be going over to optometry today at 10 to pick up my new glasses - maybe they help me with my spelling - maybe the crosswords - Happy Birthday Baby - I love you

3/18/18
SUN
I still not feeling well. The swelling gone from my body - I'm going to try to eat something today. Jimmy was up in the middle of the night eating a soup so I know he's feeling better. So am I as I can now feel every little ache and pain in my body. I don't want to take any Ibuprofen as my stomach is still upset from just sitting up. I've had food poisoning maybe 50 times in my years in prison this is the worse. And she said I'll love you till the very end of time - always and forever. I do need to get a shower - may clean the cell.