

12 RTR 4.2018  
Blog entry

# RANT TO RAVE

~~Then~~ will my county allow me to live in Dignity,  
Dignity, Peace and Prosperity. We are responsible for our  
live and our children... To think like A African  
American community is vital so we may be an ethnic  
society. A-- Culturally sleek African American  
Renaissance Community, Society.

Why plant murals on the structures, when we can create  
the structures to be murals themselves. Design them

inside the structures AS A Display of the New African

American <sup>Renaissance era.</sup> ~~Community~~ is vital so we may be an ethnic

Society It makes no sense for ethnic individuals to migrate  
to the United States of America to be devour by the white social  
Elites entity of; 'Assimilation?' to only be regurgitated into a  
form for which it could not keep down. indoctrinated, rehabili-

tated, educated into A Re-cru-descence Ethnic Being  
(breaking out with Diseases/A contagious, physically, spiritually etc. person.)

with white socialist nationalistic ideology to be integrated into  
the American society. They won't say to an ethnic individuals  
like me, just leave and go home, they'll think it. act it out  
in their behaviors displayed in scenarios.

I ~~am~~ educate, train, condition myself every day to be as  
beneficial as I can to myself, to this ethnic race...

In retrospect of my enemies... not all look different from me.  
what we know and don't know is important.

I'm an African American citizen who's being screwed  
by the Government. Have I had and still have a rough life.  
without question... Am I surrounded by racist, manipu-

-ative individuals who engage in warism? Yes!!! If I don't  
invest in (me). How will I be able to identify those elements that's  
internal and external for which exist for the sole purpose of  
destroying or controlling me and the ethnic race I am of.

How will I be able to know how to aware myself to what's beneficial  
to know me and then acquire it, defeat my primary primordial enemies  
and the primordial enemies that I must face down the line.  
being that -- I defeat the primary ones... To take those step  
forward... is it necessary, to address rumors, speculation at  
a time of disadvantages... when what's called for is Advance-  
ment, pondering offer no benefit. Rumors are only rumors.  
speculation is only speculation.

which one can't advance from... during... a climactic  
(major turning point.) in your life.

Linnell Phpps  
same prison.  
different or same  
cell f-20.







**HEALTH SERVICES KITE**

This form must be used to request non-emergency health care services, except in facilities where kiosks or sign-up sheets are used.

PLEASE PRINT

SUBMISSION OF HEALTH SERVICES REQUEST MAY RESULT IN A CO-PAY

|                                |                        |                              |                        |                     |
|--------------------------------|------------------------|------------------------------|------------------------|---------------------|
| LAST NAME<br><i>Phillips</i>   |                        | FIRST NAME<br><i>Linnell</i> |                        |                     |
| DOC NUMBER<br><i>718276</i>    | FACILITY<br><i>WSP</i> | UNIT/CELL<br><i>MS-F-20</i>  | DATE<br><i>2-28-18</i> | TIME<br><i>3:40</i> |
| JOB/PROGRAM<br><i>Prisoner</i> |                        | JOB/PROGRAM HOURS            | DAYS OFF               |                     |

If you feel you have an actual medical emergency, alert the staff and do not use this form.

TYPE OF REQUEST (check only one box per form)

MEDICAL

DENTAL

OPTOMETRY

MENTAL HEALTH

MEDICATION REFILL (list medication/s or place sticker below)

OTHER:

REASON FOR REQUEST (list problem or medications needing refill)

*Please don't send Pa Phillips on 2-27-18 at 3:50P to Rutledge and Lewis provoked me into pushing my food TRAY onto the floor. By removing the lids off of the hot food trays on Rutledge was at the cup-board upon reaching down with both hands to grab my left index finger bent at 90 degrees pulled it in and free from her. I bruised my right forearm and scraped my right hand began to kick the cell door. I secured my food. I don't want to go to jail. I have a medical condition. I'm requesting treatment in case I need something stronger. I declare a medical emergency but no one came. My right foot is swollen but not badly. My left index knuckle is swollen but not badly.*

*[Handwritten Signature]*  
OFFENDER SIGNATURE

**HEALTH SERVICES RESPONSE/ENCOUNTER**

This form must be filed if any information is entered below except for: simple prescription refills, finance, non-medical work/bunk change, religious diets, shoes, classification, non-health services issues

Schedule within \_\_\_ days/weeks/months       Next available sick call       No visit required

*This was the primary incident initiated by Sarah Rutledge, Brian Lewis, Ryan Kell, Howard Myers, Michael Myers, Dean Davis, Sgt Sarah Duke, Sgt Scott Buttice, Donald Holbrook, The Superintendent, The CPM, The Associate Superintendent, Beause, Evelyn and every one of these individual have the power to remove this individual from the unit. I don't want and didn't. This doesn't include the medical staff which is numerous. 2-11-18 I didn't get any medical care. This was the first portion of the attack, I was hit to where I can't walk. I have a seizure and I'm injured.*

RESPONDER signature and stamp (all copies)      DATE and TIME

**PRESCRIPTIONS MUST BE WRITTEN ON DOC 13-435, PRIMARY ENCOUNTER REPORT (PER) OR IN CIPS**

Check appropriate box if kite is to be filed in section other than Correspondence:  Outpt  Inpt  Consult  Dental  MH

Distribution: **WHITE/YELLOW** – Responder, **PINK** – Offender keeps

Distribution upon completion: **WHITE** – Health Record, **YELLOW** – Return to Offender with Response

State law (RCW 70.02; RCW 70.24.105; RCW 71.05.390) and/or federal regulations (42 CFR Part 2; 45 CFR Part 164) prohibit disclosure of this information without the specific written consent of the person to whom it pertains, or as otherwise permitted by law.





**OFFENDER'S KITE**

**PAPELETA DE PETICIÓN DEL INTERNO**

|  |  |                              |
|--|--|------------------------------|
| OFFENDER NAME (PRINT) NOMBRE DEL INTERNO (LETRA DE MOLDE)<br><b>PHIPPS Linnell</b>               |  |                              |
| DOC NUMBER/NÚMERO DOC<br><b>118276</b>   | FACILITY, UNIT, CELL/FACILITY IS<br>INSTALACIÓN UNIDAD, CELDA<br><b>WOSP - 1450 F-20</b> | DATE/FECHA<br><b>3-27-18</b> |
| DESIRE INTERVIEW WITH OR ANSWER FROM/DESEA ENTREVISTA CON O RESPUESTA DE<br><b>MS-CUS office</b> |  |                              |

Interpreter needed for \_\_\_\_\_ (language).  
 Necesito intérprete para \_\_\_\_\_ (idioma).

**REASON/QUESTION  
RAZÓN/PREGUNTA**

On 3-26-18 I observed CO Perez sexually harass the female nurse. I tried my best to let her know that I heard and seen something. He was intimidating her into making offensive or white would have been hurtful and offensive statement towards me. He would not move from the cell flight to allow me to simply speak with nurse about my injuries. I said whatever I could to keep her in good spirit and out of the cross hairs of the rest of the CO's. CO Perez, however, picked then encourage the tier portor at about 8:45 to 8:50 PM to approach my cell door (while out cleaning the hood) to hand me CO in the booth to open my cell door to attack me. I was exercising by myself at this time. The CO's and offender did this because I want stop

SIGNATURE/FIRMA

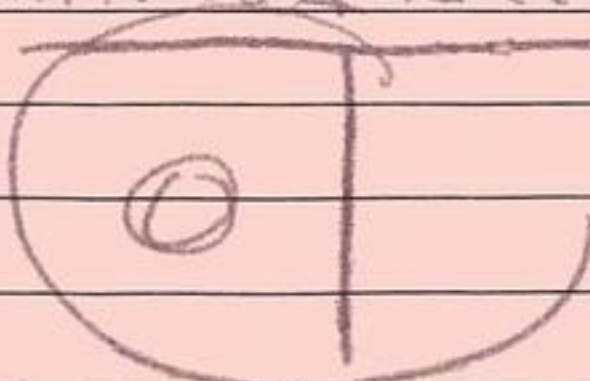
DAYS OFF/DÍAS LIBRES

*[Handwritten signature]*

**3-27-18**

**RESPONSE  
RESPUESTA**

exercising when I choose to. CO Albert was gawking at me on 3-29-18 near pill line. I was washing up and became uncomfortable and walk to the cell door nurse article was doing pill line.



RESPONDER/PERSONA QUE RESPONDE

DATE/FECHA