

Personal Journal

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4/2/18

MON

It looks like another beautiful morning, the start to another beautiful day - I hope we get to go outside today. We were locked up both days over the week-end, fence training Sat. and short staff on Sun. I did finish the Johnny Cash drawing and the painting of Cella is almost done shades and highlights in the hair, hair can be hard for me sometimes. I would like to find me some Americana pictures somewhere today or I might have to do another painting of myself 😊

4/3/18

TUES

I didn't do much yesterday, when outside and walk until 10, hung out in the dayroom and showered until 11, when in and watched a movie with Jimmy Wong - (I never watch t.v. in the day time). They locked the place down right after 12:30, something happened on A' yard. I did find a picture of a drive-in movie theater. I'm not going to paint this drive-in but use it as a guide to draw out the old Skyeview drive-in on 47th avenue, I remember it well from the time I was 7 or 8 to the last time I was there with my Jeanne. Jimmy got to church last night to go to groups (Anger Management ^{Mons + Wed.} 7:45 to 10:00)

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TUES

criminal thinking 7:45 to 11 Tues + Thurs.) He going to have to rearrange his school to the afternoon I'm going to stop for now I can't sit any longer

4/4/18

WED

I feel good this morning, I still can't close my hands all the way and they feel like they're asleep but not a lot of pain. I do see the doctor at ten hopefully I get the arthritis medication the rheumatologist recommended but these people here will pay thousands of dollars here for you to see a specialist and then say they don't have to do what they say or ask. I did Cella's hairwork all afternoon and into the evening - made me think about making everyone bald from now on - it made James hair easy with just a little on each side and I put a hat on Tim :)

4/5/18

THURS

If you want to make God laugh, tell him your plans. :)) I did finally see the doctor yesterday I was there at 10 and saw him right after two I was in his office for an hour, most of the time he spend on the computer - he didn't ever look at my hands + feet or joints at all. He did put me on a 30 day therapeutic trial with prednisone 5mg. The rheumatology doctor's name is Quang Vo he's going to see me again in months, mean time he

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THURS

new X-rays of my hands/wrists, feet/ankles and knees, and to repeat labs for Rheumatoid factors about 6 to 10 tests he wants. It only took me 10 years to see this doctor for my Arthritis! I got my meds renewed until 9-20-18. I got some chrono's recycled, no lifting > 19lb, no repetitive movements using hands, no standing > 30 minutes at a time, No rooftops no ladders, like that was going to happen. I couldn't get started on Cellar portrait - I do the touch up later today! I did do a sketch of the drive in not the one I wanted but I'll paint it, because I do like it, and then sketch another one of the Skyview from memory. Do I ever cross your mind? and do I still bring a smile to your face?

4/6/18

FRIDAY

I woke up to a nice rain coming down it started sometime during the night. I love walking in the rain but I don't think I will as it said's right on the Prednisone not to take if you're sick or have an infection. I got up able to bend my toes today I don't remember the last time I was able to bend the toes without pain or even bend them. I don't know if it's the prednisone but I'm going to say it is. "I ain't go no one

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4/6/18

FRIDAY

sleeping with me / And you ain't got nowhere
that you need to be. / Maybe I love you, maybe I'm
just kind of bored / It is what it is / Till it
ain't anymore. (Kacey Musgraves) Happiness
is an inside job and I love the word "gentleness."
Be gentle with this old heart. The way I find
my peace of mind is drawing/painting, writing
and relaxing, don't judge me so harshly!

4/7/18

SAT

my perfect world / part away / sometime
yesterday / in my past // my perfect world / the
one / where all was well / everyone was perfect //
my perfect world / where I had / a perfect child
filled with good memories // my perfect world /
where I married / the perfect woman / of my dreams //
my perfect world / where I had / only perfect
happy / healthy children // my perfect world /
where we share / one another lives / without
criticism // my perfect world / where love was
forever / where family was always / there for each other //
my perfect world / with its perfect / little
white house / and picket fence // my perfect
world / I say goodbye / I remember you with
fondness / Now lay you to rest // It's still
raining outside. A perfect start to the

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weekend. That's OK with me. I've got 3 weekends CTQ for not showing up for work - some idiot gave me - I can't work - I'm not going to work - unless they want to pay me and give me benefits - like health care. I'm 71 years old with health problems. 😊 Kiss my backside - I'm not going anywhere.

4/8/18
SUN

The Xmas cards I sent out to Nancy and Lorene where both returned this past year. Did they fast. In trouble again - too much wine to much shine - who the hell cares? Tired of being ~~so~~ mad all the time - tired of being mad at the world - tired of being mad at myself.

I can do nothing to change the past, so I am who I am today, except me for who I am - I am not the person I was.

on this side
of hell
there are
bars of steel
in concrete walls

on this side
of hell
human beings
live on
animal levels
by arbitrary means

on this side
of hell
pain and darkness
fear and loneliness
fill the cells

on this side
of hell
men cry alone
without family
without friends
without love

4/8/18
Steve Burkett