

## Presence Etiquette

The other day I was talking to a Hispanic student. She shared with me that she didn't like her male Hispanic teacher because he remind her of the Hispanic man, who use to take her out in the woods and molested her. She said the Hispanic teacher is always having another Hispanic girl sitting right beside him in class, you see the teacher has no idea that he is triggering these negative emotion in this student. I asked her did she talk to him. She said no I hate him because he remind me of that man that was molesting me. This girl is not going to school now. She hates school. The teacher is innocent and the student. But you see how you don't know what students thinking in the class room, the person on your job, in the community or just anywhere today. There are people walking around like this everywhere. The next thing you know they killing someone because they are emotionally damage and feel resentment towards innocent people who didn't even ~~did~~ contribute to their pain. In this day age both the Hispanic student and teacher would have been dead because of this student ~~resent me~~ resentment. The message I am sending to everyone not just the school teachers. But we need to learn Presence Etiquette so that we won't trigger that damage emotion in student etc. For me I tell everyone that I become close to do not walk up behind me or sneak up on me because I been raped and molested both perpetrator attack me from behind. The molestor would sneak up on me. Another one of my triggered emotion is name calling and being talked to like I am ~~trash~~ nothing but trash. I had to learn how to communicate what trigger my emotion into negative

one that cause me to act out. This is something we need to teach our children at school, home, institution or ~~what~~ wherever. Even some adults need to be talk how to convey their feelings. But we got to give people space in order for them to become comfortable with us. Some people get into your space too quickly. I tend to run from people like that real quick. But let's practice Presence Etiquette until the person feels safe with us.

Written by

Jennifer Johnson