

April 14, 2018

Hello Viewers

I am enclosing this nugget for a parent or parents.

The letter A stands for acceptance. We might not always approve of our children's choices or behavior but we always need to let them know that we love and accept them unconditionally. In other words, you can tell your son that playing video games for six hours a day is unacceptable, but don't give him or her the impression that ~~that~~ he or she is therefore unacceptable.

The letter B stands for belonging we can give our kids a sense of belonging by creating a sense of community within the family of community within the family. It is important that we give our sons and daughters a voice in family decisions when appropriate that we listen to what they have to say and that we support them in their activities.

Finally the C stands for competence. We can give our children the gift of competence by allowing them to experience life first hand. This means we need to avoid being over protective and we should fight the urge to do for our kids what they can do for themselves. Even when they make mistakes, they'll be gaining life experience that will boost their sense of self worth in the long run.

Arthur unknown