

7-1-18
LESSON # 7

St. Luke 11:33

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TPDW

GRADE

Q49- What is chronic exhaustion?

A49- Technically, in Scientology, it is discovered that there is no such thing as a "gradual diminishing, by continuing contact, of the energy of an individual". One does not become exhausted simply because one has worked too long or too hard. One becomes exhausted when he has worked sufficiently long to restimulate some old injury. One of the characteristics of this injury will be "exhaustion". Chronic exhaustion, then, is not the product of long hours or arduous application. It is the product of the accumulation of the shocks and injuries incident to life - which eventually mounts up to a complete inability to do anything. Exhaustion can, then, be trained into a person by [stopping] refusing to allow him to have any [influence] part of the society. Or it can be beaten into a person by [invalidation] the various injuries or shocks he may receive incident to his particular activity. You see, Degradation is a harmonic of Exhaustion - just above Death, according to the SCALE OF SLEEP lecture 7/31/57.

Viz: Alas, viewpoints consider more and more that the dimension points are valuable. And the viewpoints try to become the anchor points and forget that they can create more points and space and forms. Thus comes about scarcity. And the dimension points can perish and so the viewpoints assume they, too, can perish. Thus comes about death. - The Factors # 24-25.

A49 cont.

Vide ^{w/c} INVALIDATION, 1. refuting or degrading or discrediting or denying something someone else considers to be fact. 2 any thought, emotion or effort, or counter-thought, counter-emotion or counter-effort which denies or smothers the thought, emotion or effort of the individual. 3. invalidation by words is the symbolic level of being struck. 4. basically, non-attention. Attention itself is quite important for attention is necessary before an effect can be created. 5. invalidation is force applied. You apply enough force to anybody and you've invalidated him. How invalidated can he get? Dead!

cf. ARC BREAK - A30 ^{w/c}

cf. SAD EFFECT - A37 ^{w/c}

cf. OVERWHELMING - A34 ^{w/c}

cf. SUPPRESS - A36 ^{w/c}

cf. DOMINATION - A38 ^{w/c}

Q50 Describe in your own words the point below exhaustion.

A50 Neurosis: 1. an emotional state containing conflicts and [INTROVERTED] emotional data inhibiting the abilities or welfare of the individual.

Q51 What is INTROVERSION and EXTROVERSION?

A51 Introversion means "looking in too closely".
Extroversion means "being able to look outward."

Q52 Give an example of an introverted personality and an extroverted personality you have observed.

A52 An extrovert is one whose available energy is being applied to the world and people around him rather than being applied to the past. Every effort is into the future.

vis-a-vis: An introvert is one who is looking in on himself too closely. Introversion is a manifestation of the analytical mind trying to solve problems on improper data.

Q53- What is the TAKE A WALK process?

A53- This process is very easy to perform. When one feels tired after work - no matter if the thought of doing so is almost all that he can tolerate without falling through the floor - he should go out and walk around the block until he feels rested. In short, he should walk the block and LOOK AT things until he SEES the things he is walking near. He is "walking out" his exhaustion - not handling it by physical exercise; mind you. You see, Masses are reality - so; to increase one's affinity and communication, it is actually necessary to be able to confront and tolerate masses. Therefore, walking around the block and looking at things will bring one upscale. When one is so tired that he can barely drag himself around, or is so tired that he can barely drag himself around, or is so tired that he is hectically unable to rest at all, it is actually necessary that he confronts masses. He is simply low on the Tone Scale.

Q55- What is the LOOK THEM OVER process for and how is it done?

A55- If one has been talking to people all day, has been selling or handling people who are difficult to handle all day, the wrong thing to do is to run away from all the people there are in the world. Exhaustion because of contact with people actually indicates that the "havingness" (another Scientology term for "reality") of people has been reduced. One's attention has been fixated upon certain people while his attention, he felt, ought to be on other people. And this straining of attention has actually cut down the number of people that he was observing. Fixed attention, then, upon a few people can actually limit the number of people one can "have" (which is to say, limit one's reality on people in general).

The cure for this is a very simple one. One should simply walk along the street noting people. Simply LOOK AT PEOPLE, that's all. It will be found, after awhile, that one feels people "aren't so bad" and one has a much kinder attitude toward them. But, more importantly, the job condition of becoming overstrained with people tends to go away.

Q56- Give a real-life circumstance where this process should be used.

A56- In my line of "work" (vide A2) I find handling people who are difficult to handle the very raison d'etre of Being a Problem (-Solver). At times, of course, my unknowing attempts at control without actually effecting control,

A56 cont.

resulted in a great many difficulties and considerable unhappiness ... yet knowing the processes of TAKE A WALK and LOOK THEM OVER would always restore my Happiness.

First by permitting me to get out of "my head" (introversion) and by rather confronting Present Time masses (extroversion), Thusly granting a much higher Tone - perspective of that overwhelming difficulty at "work" - most often related to my SPO ambitions. Scientology helps make the able more able! Thank you.

w/c HAPPINESS - vide: A37 w/c

w/c OVERWHELM - vide: A34 w/c

7-1-18
LESSON # 8

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TPOW

GRADE

Q57- List some of the abilities upon which holding a job depends.

A57- One must be able to control his work and must be able to be controlled in doing his work. One must be able, as well, to leave certain areas uncontrolled. A vital part of success is the ability to handle and control not only one's tools of the trade, but the people with whom one is surrounded. In order to do this, one must be capable of a very high level of affinity "A", he must be able to tolerate massive realities "R", and he must as well be able to give and receive communication "C".

Q58- Give an example showing how the ability to handle and control others is a vital part of success at work.

A58- "To stimulate Thought into Action" (vide A2), to ward:
"Improving ARC with Scientology terminals" (vide A8), is a process of gradient change (i.e. Control), of viewpoints (i.e. Awareness).
Assuming full responsibility for the necessity level confusion understandably shakes the stable datum of status quo managers who are rising up out of apathy regarding prisoner rehabilitation.
Introducing Prisoner's to Scientology material, and introducing Scientologists to Prisoner's ambitions to Do Something About their own re-Habilitation, is simply a game of raising INTEREST. The bugs being worked out are all factored in the "predictable change" i.e. Control of stable datums.
viz: Sen. Axiom #54 - "A tolerance of confusion and an agreed-upon stable-datum on which to align data in a confusion are at once necessary for a sane reaction on the eight dynamics. This defines sanity."
w/c HAPPINESS, is the overcoming of not unknowable obstacles toward a known goal. AKA - LIVINGNESS, vide A2 w/c.
cf. A34 "Pioneering SPD" / A35+36 in re "Efficiency" / A38 "This SPD game".

Q59- What are some of the ingredients of successful work?

A59- The ingredients of successful work are training and experience in the subject being addressed, A good general intelligence and ability, A capability of high affinity, a tolerance of reality, and the ability to communicate and receive ideas. A+R+C equates to UNDERSTANDING. Add efficiency in training and these ingredients equate to APTITUDE.

vide: A31 Note: HCOPL 23 JULY 72RB- THE VITAL NECESSITY OF HATTING.

Q60- Describe a successful worker who was capable of high affinity, tolerated reality, and was able to communicate and receive ideas.

A60- vide A18? Wage slaves seem to understand their 'purpose' in life - per GNP in this consumer society. Otherwise - to me anyway - PERSISTENCE describes a "successful worker", I'd say.

Q61- Describe why work is the stable datum of society.

A61- Without something to do, there is nothing for which to live.
cf. A1

w/c SOCIETY, I: companionship or association with one's fellows - having common traditions, institutions, and collective activities and interests - distinguished by particular aims or standards of living or conduct.

vide: THE CREDO OF A TRUE GROUP MEMBER (see attached).

Q62- Give an example showing how work is a stable datum for people in their lives.

A62- Life is a game consisting of freedoms, barriers and purposes. Work is the use/handling of effort in an activity with purpose. Understanding one's Conditions of Existence provides the salubrious sense of responsibility in Livingness.

A62-cont.

VISA-VIS: Mediocre men who cannot work are as good as dead. Since:
We are as alive as we are able to communicate, in accord with A.R.C.

Vide: A2 w/c LIFE.

Q63: What is the current level of the ability to work, as you have observed in today's society?

A63: Our consumer society tends to produce wage slaves and criminals whose current level of "ability to work" depend upon their (dis-)ability to mindlessly obey other-determinism. In the economy of Life, I consider the use/handling of effort organismically aberrated!
Homo sapiens have become saps (i.e. foolish-gullible) in this common era consumer society - at the expense of being sapient. A truly dire ARC break!

Q64: How can you use The Problems Of Work to increase the ability to work in yourself and others?

A64: Because Life is Understanding - it attempts to understand. When it faces the incomprehensible it feels balked and baffled. That A.R.C. element we BE, DO and HAVE, is given a boost out of the low tone confusions so prevalent amongst wage slaves and criminals, simply by confronting the obvious lessons within The Problems Of Work - by L. Ron Hubbard.
Scientology Applied to the Workaday World is phenomenally empowering!
Especially here - now, as a Scientology Prison Operation, producing re-Mabilitation.

Note Scn. Axiom #54 vide A23 Note.

w/c Mabilitate, i: to make fit or capable (as for functioning in society).

The end-phenomena of Understanding is FREEDOM.



NO MAN ESCAPES
WHEN FREEDOM FAILS;
THE BEST MEN ROT
IN FILTHY JAILS;
AND THEY WHO CRIED
"APPEASE, APPEASE",
ARE HANGED BY MEN
THEY TRIED TO PLEASE.

In this age of deception, speaking the truth is a revolutionary act.

THE CREDO OF A TRUE GROUP MEMBER

HCOA 9 Jan 51

1. The successful participant of a group is that participant who closely approximates, in his own activities, the ideal, ethic and rationale of the overall group.
2. The responsibility of the individual for the group as a whole should not be less than the responsibility of the group for the individual.
3. The group member has, as part of his responsibility, the smooth operation of the entire group.
4. A group member must exert and insist upon his rights and prerogatives as a group member and insist upon the rights and prerogatives of the group as a group and let not these rights be diminished in any way or degree for any excuse or claimed expeditiousness.
5. The member of a true group must exert and practice his right to contribute to the group. And he must insist upon the right of the group to contribute to him. He should recognize that a myriad of group failures will result when either of these contributions is denied as a right.
6. Enturbulence of the affairs of the group by sudden shifts of plans unjustified by circumstances, breakdown of recognized channels or cessation of useful operations in a group must be refused and blocked by the member of a group. He should take care not to enturbulate a manager and thus lower ARC.
7. Failure in planning or failure to recognize goals must be corrected by the group member, for the group, by calling the matter to conference or acting upon his own initiative.
8. A group member must coordinate his initiative with the goals and rationale of the entire group and with other individual members, well publishing his activities and intentions so that all conflicts may be brought forth in advance.
9. A group member must insist upon his right to have initiative.
10. A group member must study and understand and work with the goals, rationale and executions of the group.
11. A group member must work toward becoming as expert as possible in his specialized technology and skill in the group and must assist other individuals of the group to an understanding of that technology and skill and its place in the organizational necessities of the group.
12. A group member should have a working knowledge of all technologies and skills in the group in order to understand them and their place in the organizational necessities of the group.
13. On the group member depends the height of the ARC of the group. He must insist upon high-level communication lines and clarity in affinity and reality and know the consequence of not having such conditions. And he must work continually and actively to maintain high ARC in the org.
14. A group member has the right of pride in his tasks and a right of judgement and handling in those tasks.

15. A group member must recognize that he is, himself, a manager of some section of the group and/or its task and that he himself must have both the knowledge and right of management in that sphere for which he is responsible.
16. The group member should not permit laws to be passed which limit or proscribe the activities of all the members of the group because of the failure of some of the members of the group.
17. The group member should insist on flexible planning and unerring execution of plans.
18. The performance of duty at optimum by every member of the group should be understood by the group member to be the best safeguard of his own and the group survival. It is the pertinent business of any member of the group that optimum performance be achieved by any other member of the group, whether chain of command or similarity of activity sphere warrants such supervision or not.

(Science) + (Logic)

A R C

SCIENTOLOGY
(Knowledge + Explained)

K R C

All things are complex when they are poorly understood,
The evolution of knowledge is toward simplicity.

Some of the things we will be learning (to apply) in this Scientology Prison Outreach,

- are:
- The Components Of Understanding
 - The Beingness Of Man (Survive)
 - The Theta-MSSST Theory
 - The Emotional Tone Scale
 - The Third Party Law - Resolving Conflicts (Problems)
 - The Anatomy of Control - Start Change Stop
 - The Cycle of Action - Create Survive Destroy
 - The Conditions of Existence - BE DO HAVE
 - The Game Conditions - Freedoms Barriers Purpose
 - The Eight Dynamics / Exchange By Dynamics
- and much more.

The goals, purposes and principles of the Scientology religion are to work toward a world without war, drugs, crime and illiteracy. The Church is a strong advocate of the interfaith approach on issues important to religions - and Scientologist practitioners are an eclectic conglomeration who adhere to traditional religious decorum.