FIRST LET ME SAY THANKS FOR THE INTERESTING LETTER. YOU CERTAINLY TOUCHED ON A NUMBER OF DIFFERENT ISSUES. I FIG-URE THE EASIEST WAY TO REPLY TO IT ALL IS TO JUST MAKE COMMENTS ON CERTAIN THINGS AS I READ THROUGH IT. OKAY HERE WE GO.

THE METICULOUS PRINTING CAME FROM MY FATHER, AND I AM SOME-

TIMES ABLE TO USE IT AS A HUSTLE HERE IN PRISON.

FUNNY & INSIGHTFUL WRITING IS SOMETHING THAT I'VE LOVED TO DO SINCE HIGH SCHOOL. IF YOU DON'T MIND ME ASKING, (AND PLEASE BE HON-EST) DO A NUMBER OF MY WRITINGS PORTRAY ME AS BEING CONCEITED? THANKS FOR MENTIONING WHERE YOU'RE FROM. IT MAKES THINGS MORE INTERESTING.

As FAR AS THE 3 B'S GOES, I'M PRETTY SURE YOU CAN COME OUT FROM UNDER YOUR DESK, CONSIDERING SOME OF THE THINGS I'VE WRITTEN. WHAT'S SO CRAZY IS SOME PEOPLE ACTUALLY LIKE IT. (HA HA)

I'M SORRY TO HEAR ABOUT YOUR APPARENT PRISON LIFE, (I'LL GET TO THAT LATER) YOU ARE ALSO VERY WISE IN INTERPRETING THAT I'M LIKE A FREE PERSON WHO IS LIVING LOCKED UP. IT HAS TAKEN A BIT OF WORK IN THE THOUGHT REALM, ACCEPTING THIS & THAT. HOWEVER, I HAVE LEARNED TO JUST LOOK AT ALL OF THIS AS AN EARLY RETIRE-MENT: 3 MEALS A DAY, PLACE TO SLEEP, CLOTHES ON MY BACK, AND MEDICAL NEED TAKEN CARE OF.

YOU SEEM TO HAVE SOMETHING IN COMMON WITH ANOTHER ONE OF MY FULL TIME VISITORS; YOU BOTH HAVE AN INTEREST IN PRISON REALITY SHOWS. I DON'T KNOW IF YOU CAN TUNE IN ON THE SHOW HE HAS BEEN WATCH-ING. IT'S CALLED, "60 DAYS IN" LOOK BACK AROUND 2-1-18 AND YOU'LL

SEE THE DETAILS ON IT.

OKAY, NOW WE'VE REACHED THE PART I SAID I WOULD GET BACK TO. (BELIEVE IT OR NOT THAT DOES MAKE SENSE.) NATURALLY, I CAN'T SIT HERE AND SAY, "OH YEAH, I KNOW WHAT YOUR GOING THROUGH", BECAUSE WE'RE ALL DIFFERENT. However, SEEING THAT YOUR FEELING LIKE A PERSON WHO IS LIVING WHERE I AM, I THINK I CAN AT LEAST THROW OUT SOME IDEAS THAT MIGHT BE HELPFUL. FIRST OF ALL, I'VE DONE A LOT OF READING IN THIS AREA, SO THIS ISN'T ALL JUST SOME OPINION OF A PRISONER. MY FIRST WORD OF WARNING TO YOU IS RUT: A FIXED, USUALLY BORING ROUTINE. IT'S A SIMPLE WORD, BUT IF YOU ALLOW YOURSELF TO GET INTO ONE IT CAN HAVE SOME REALLY NEGATIVE EFFECTS. AFTER OVER 16 YEARS IN PRISON, I REALIZED I WAS FALLING INTO ONE. BASICALLY, THE ONLY HIGHLIGHTS IN HERE WERE VISITS AND RECEIVING LETTERS ON MY BLOG.

SO I GOT INVOLVED IN A PROGRAM THAT HAS VARIOUS CLASSES YOU TAKE, THAT ARE DESIGNED TO ESPECIALLY HELP PRISONERS WHO ARE WANTING TO MAKE A CHANGE FOR WHEN THEY GET BACK OUT. GRANTED, NON OF IT REALLY APPLIES TO ME. (IF YOU REMEMBER I'M NOT TYPICAL PRISON MATERIAL.) HOWEVER, BY GETTING INVOLVED IN OTHER THINGS AND AND KEEPING MYSELF BUSY, I HAVE TRULY BEEN ABLE TO WORK MYSELF OUT OF THE RUT I WAS IN. DOING THINGS LIKE REDESIGNING MY PROFILE PAGE, BUYING A BOOK ON SIGN LANGUAGE AND TEACHING MYSELF, COMING UP WITH SOME NEW IDEAS FOR SOME MAZES & DRAWING THEM, AND YES THE THOUGHT HAS REALLY BEEN NAGGING AT ME TO EVEN WRITE A BOOK. SO AS YOU CAN SEE, I'VE PRETTY MUCH BEEN ABLE TO GET THINGS TURNED AROUND. OF ALL THE 15 CLASSES I TOOK, (I'M GRADUATING THIS SEMESTAR) THERE WAS ONE THAT HAS REALLY HELPED ME. THE REASON I'M BRINGING IT UP IS DUE TO OUR SIMILARITY REGARDING THE FACT OF NOT HAVING MANY "TRUE FRIENDS", BUT ALSO NOT HAVING ANY ENEMIES. THE CLASS HAD A TEXT BOOK ENTITLED: "HOW TO WIN FRIENDS & INFLUENCE PEOPLE." BY DALE CARNEGIE. GRANTED, I'M NOT WANTING A LOT OF FRIENDS IN THIS PLACE. HOWEVER, I AT LEAST WANT TO GET ALONG, AND I CERTAINLY DON'T WANT ANY ENEMIES. THEN THERE IS THE ART OF INFLUENCING PEOPLE, OF WHICH I AM ALREADY STARTING TO NOTICE SOME ABILITIES. I ENJOYED THAT BOOK SO MUCH, I GOT MY OWN COPY. AND WHILE READING IT FOR THE 2ND TIME, I'VE BEEN HIGHLIGHTING CERTAIN POINTS OF INTEREST. THE BOOK WAS WRITTEN BACK IN 1936 AND HAS BEEN UPDATED TWICE. I ... OH YES. I JUST GOT MY HANDS ON A NEW PEN. SEE THE DIFFERENCE? ANYWAY, AS I WAS ABOUT TO SAY. I HIGHLY RECOMMEND IT, (THE BOOK NOT THE PEN.) BECAUSE IT HAS TRULY HELPED ME IN GETTING OUT OF MY RUT. I'VE EVEN NOTICED HOW MUCH MORE ... (I'LL GO AHEAD & USE THIS WORD. JUST DON'T TELL ANYONE I SAID IT.) CHEERY I AM ON THE TELEPHONE WITH MY FOLKS & GRANDMOTHER. IF MY OPINION IS NOT QUITE GOOD ENOUGH, THEN LETS LOOK BACK A FEW MONTHS & YOU'LL SEE A MESSAGE I RECEIVED FROM A GENTLEMAN WHO SAID, "I LIKE DALE CARNEGIES BOOK TOO --IMPORTANT LESSONS TO BE LEARNED THERE." IF IT INTRESTS YOU AT ALL, THAT MAN IS THE EXECUTIVE DIRECTOR OF THE AMERICAN MUSICOLOGICAL SOCIETY. SO ONCE AGAIN, THIS ISN'T JUST ADVICE FROM SOME PRISONER. SOME OTHER THINGS I RECOMMED ARE TAKING UP A NEW HOBBIE, BOARD GAMES, BICYCLE RIDING, MAYBE EVEN WRITING LETTERS TO GUYS IN PRISON. ALSO, DON'T JUST SEEK OUT ONE RECIPE, BUY A WHOLE BOOK OF THEM. THEN, WHILE YOU'RE TRYING NEW MEALS, BE SURE TO APPRECIATE THE FACT THAT YOU HAVE THE FREEDOM TO DO SO. THEN, IN YOUR LITTLE PRAYER, JUST ASK GOD TO PUT THE FLAVOR OF WHAT YOU'RE EATING IN MY MOUTH TOO. (UNLESS

OF COURSE YOU DON'T GET IT RIGHT THE FIRST TIME. THEN YOU CAN JUST KINDA LEAVE ME OUT. THANKS.) THE MAIN THING IS TO KEEP YOUR BRAIN BUSY LEARNING SOMETHING NEW. WHEN WE GET INTO OUR RUTS, WE ARE ONLY USING CERTAIN SECTIONS OF OUR BRAIN WHILE THE REST OF IT DE-GENERATES AWAY. WE MAY BE BUSY, BUT IT'S ALWAYS THE SAME ROUTINE WHICH COMES TO USE AUTOMATICALLY IN THE CLOSING OF THIS SUBJECT, I WOULD LIKE TO THANK YOU FOR YOUR APPLAUSE ON MY INSIGHT OF "PASSING OF TIME." JUST DON'T FORGET TO TAKE THE ADVICE OF THAT 85 YEAR OLD MAN WHO HAS SPENT ABOUT HALF OF THEM IN PRISON: "TIME WILL ONLY OVERTAKE US IF WE ALLOW IT TO."

OOOPPS! (SOMEHOW I FORGOT TO PUT IN THIS LAST SENTENCE.) HENCE THE ANXIETY HAS A CHANCE TO KICK IN, BECAUSE YOU HAVE NOTHING TO CONCENTRATE ON TO STOP IT. IN THE CLOSING ...

LETS SEE, IN REGARDS TO FINDING MY MAZES, THE BEST HINT I CAN GIVE YOU IS TO GO BACK TO AROUND 8-5-16. I SENT A COUPLE TO AN INDIVIDUAL BY THE NAME OF JAMIE WHO I KEPT IN CONTACT WITH FOR A WHILE. IT WILL DEFINITELY HELP THAT YOU HAVE A PRINTER. YOU'LL REALLY BE ABLE TO APPRECIATE THEM FOR THEIR ORIGINALITY ONLY IF YOU SOLVE THEM. YOU'LL SEE WHAT I MEAN WHEN YOU'RE DONE. (I RECOMMEND USING A HIGHLIGHTER MARKER.)

BENJAMIN FRANKLIN WAS ABLE TO SHARE A NUMBER OF OTHER WISE POINTS TO THE WORLD, ONCE HE HAD A GOOD CHEWING OUT BY A FRIEND OF HIS WHO SAID HE WAS "IMPOSSIBLE." THE BOOK I MENTIONED EARLIER USES HIM AS AN EFFECTIVE EXAMPLE. I GUESS HIS MOST USEFUL QUOTE FOR ME WOULD BE, "I WILL SPEAK ILL OF NO MAN." I'M SURE IT WOULD KEEP

ME OUT OF A LOT OF TROUBLE IN HERE.

AS FOR THE FOOD SITUATION IN HERE, I STILL NEED TO DO A LITTLE HOMEWORK, AND MAYBE EVEN OBTAIN A COPY OF ONE WEEK OF THE MONTHLY MENU. SO I'M SENDING THIS MUCH OF THE LETTER NOW, WITH THE INTENTION OF ANSWERING YOUR QUESTIONS REGARDING DIETS LATER. SORRY FOR THE DELAY.

HOPE TO HEAR (SEE) BACK FROM YOU SOON,