

REAL TALK Always

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Blog Post: When we spoke last you told me about a situation that happen and it made you so angry you Cried. listen, you gotta learn your emotions, and what triggers them. You have to learn to remove your personal life, from your work.

you ask me why every wants to talk to you, and it get's on your Nerves. you have to understand where your at. Some of the guys just want to talk (harmless). But then you'll have those who try to Spit game that they think you want to hear. your like a steak in a room full of lions.

For me it was you. I found you to be funny, smart, outgoing, and fierce. But at the same time i felt you lack the self worth you deserve. You have to fight for you. It's like a addict, the only way to Kick it is to want to be better. You gotta believe your worthy of being a Queen. For No King is Whole with a fierce Queen.

I believe that people with low self-esteem are more likely to sabotage themselves when something good happens to them, because they don't feel deserving... You gotta stop hating your self for everything you aren't. Start loving Yourself for everything that you are.