

Date: 3/21/2019 6:04 PM CDT

Subject: Transferred

(Thur. 3/21/2019),

I transferred yesterday from Graham Correctional Center to Kewanee - a new Transitional Assistance Program. I have 12- months remaining until parole (MSR) and it appears I will need every bit of it to take full advantage of what is available here.

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My first 90 days are pre-scheduled with daily classes that focus on life skills (Job prep), work skills (computer applications use and typing), and mental health stability (like anger management, substance abuse).

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I am pleased that there is a Veteran specific PTSD group established. The Social Worker even spoke of a nearby VA support network that uses horses to help with therapy for vets and their families.

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I haven't been here 24 hours and I have seen a TED talk already as part of the introduction. To me this is already a sign of the level of expectation and professionalism of this program.

More later as I settle in. David