

Reply: 6kpv

Psychopathology is the observation and study of symptoms of psychological and behavioral dysfunction. The word is derived from Greek *psyche* (soul) and *pathos* (suffering or disturbed).

Individuals with dysfunctional characteristics may have undeveloped prefrontal lobes of the brain—which are known to be associated with control of impulsiveness, will or intention, and concentration. They may not easily emotionally relate to others or care about their well-being, allow themselves to feel emotions because of fear of being hurt or traumatized, and may intentionally or unintentionally exhibit harmful behaviors. Some characteristics they may have are:

Lack of empathy: not caring about anything except their own well-being.

Manipulative: inclined to say or do almost anything to control or influence others or circumstances.

Arrogant: dramatizing excessive self-confidence.

Often *blame* others or random events for their experiences and circumstances rather than be responsible for their actions.

Selfish: extremely self-centered.

Sometimes *violent* and or *threatening*.

Can *concentrate* and *perform actions* to accomplish personal goals to satisfy self-serving interests.

Tend to exhibit *rapid, unpredictable mood shifts*.

Many people exhibit mild indications of some of these characteristics which are not overly troublesome, debilitating, or harmful. They may have acquired them because of associating with others, unconscious reaction to circumstances, or inability to be intellectually discerning or to think rationally. Or they may have inherited genetic or neurological conditions that are troublesome.

Regardless of physical or psychological conditions that need to be improved or prior experiences that one has had, complete restoration to mental competency, emotional maturity, and functional effectiveness can be experienced. Innate spiritual qualities and self-knowledge can be elicited and awareness can be clarified.

Thanks to your gracious gifts.

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ML 

Mystical Reflections

mystical Of or relating to spiritual or ultimate Reality beyond the range of the mind and senses, which may be directly known by intuition, experience, or revelation.

After some time, certain rays of light, comfort, and divine sweetness scattered these mists and translated the soul of the servant of God into a paradise of inner delights and heavenly sweetness. This sovereign wisdom is of an excellence so high that no faculty of science can unto it attain.

– *John Yepes (Saint John of the Cross)*

16th century Spanish mystic

Knowing, Knower, Known, as One!
Tranquil, unbroken thrill, eternally living,
ever-new peace.
Enjoyable beyond imagination and expectancy,
samadhi bliss.

Not an unconscious state
Or mental chloroform without willful return,
Samadhi but extends my conscious realm
Beyond the limits of mortal frame
To the farthest boundary of eternity
Where I, the Cosmic Soul,
Watch the little ego floating in Me.

– from *Samadhi*, a poem by Paramahansa
Yogananda (1893 – 1952)

samadhi Sanskrit, “holding together” of attention and awareness with one’s pure essence.

The finest essence is the ultimate Reality.

That is what you are.

– *The Rig Veda*