

Universal Life Church

Headquarters: 601 Third Street, Modesto, California 95351
Telephone: (209) 527-8111 E-mail: ulchq@aol.com Web: www.ulchq.com

Credentials Of Ministry

This is to certify that the bearer hereof was ordained
this date: July 21, 1998

Name William Goehler

Address P.O.W. 409020 #K77832

City Lone, CA 95640



Lida G. Hensley
Lida G. Hensley, D.D., President

*To spread broadcast the teachings of Theosophy as recorded in the
writings of H.P. Blavatsky and William Q. Judge*

Volume 89, No. 9

June 2019

THE UNITED LODGE OF THEOSOPHISTS

THEOSOPHY HALL

245 West 33rd Street, Los Angeles, CA 90007

Phone: (213) 748-7244 | Fax: (213) 748-0634 | email: theosco@sbcglobal.net

www.theosophycompany.org | http://ult-la.org

MENTAL DICIPLINE

STUDENT.—Is there not some attitude of mind which one should in truth assume in order to understand the occult in Nature?

Sage. - Such attitude of mind must be attained as will enable one to look into the realities of things. The mind must escape from the mere formalities and conventions of life, even though outwardly one seems to obey all of them, and should be firmly established on the truth that Man is a copy of the Universe and has in himself a portion of the Supreme Being. To the extent this is realized will be the clearness of perception of truth. A realization of this leads inevitably to the conclusion that all other men and beings are united with us, and this removes the egotism which is the result of the notion of separateness. When the truth of Unity is understood, then distinctions due to comparisons made like the Pharisee's, that one is better than his neighbor, disappear from the mind, leaving it more pure and free to act.

Student.—What would you point out as a principal foe to the mind's grasping of truth?

Sage.—The principal foe of a secondary nature is what was once called *phantasy*; that is, the reappearance of thoughts and images due to recollection or memory. Memory is an important power, but mind in itself is not memory. Mind is restless and wandering in its nature, and must be controlled. Its wandering disposition is necessary or stagnation would result. But it can be controlled and fixed upon an object or idea. Now as we are constantly looking at and hearing of new things, the natural restlessness of the mind becomes prominent when we set about pinning it down. Then memory of many objects, things, subjects, duties, persons, circumstances, and affairs brings up before it the various pictures and thoughts belonging to them. After these the mind at once tries to go, and we find ourselves wandering from the point. It must hence follow that the storing of a multiplicity of useless and surely-recurring thoughts is an obstacle to the acquirement of truth. And this obstacle is the very one peculiar to our present style of life.

William Q. Judge, Theosophical Articles, Vol. I, pp. 435-436.