

DEAR READER,

6-16-19

HEY. I HOPE YOU'RE DOING WELL!

TODAY'S STORY TOOK PLACE IN 2011 OR 2012.

I WAS SITTING IN MY CELL, WRITING A LETTER OR SOMETHING. I CAN'T QUOTE REMEMBER, MY BODY STARTED TO ACHE. THE ACHE BECAME MOST PROMINENT IN MY JAW AND NECK. I STARTED TO LOSE CONTROL OF SO AND THE MUSCLES WERE CONTRACTING ON THEIR OWN.

I TOLD THE SGT. AND DECLARED A MEDICAL EMERGENCY. THAT'S THE ONLY WAY TO SEE A NURSE. OTHERWISE I'D HAVE TO FILL OUT A SICK CALL AND CAN TAKE 4-8 DAYS TO BE SEEN.

SHE (WELL CALL HER NURSE MAY) CAME AND SAID I WAS FINE. TO JUST TAKE SOME IBUPROFEN AND TRY TO RELAX.

ABOUT AN HOUR GOES BY AND SO'S GETTING REAL BAD. SO'S ABOUT 1:30AM NOW. MY LOWER JAW MUSCLES ARE FULLY ENGAGED ALONG WITH MY THROAT/NECK, SHOULDER, CHEST, ABDOMEN AND ARM MUSCLES. ALL ONLY, ON THE LEFT SIDE. MY LEFT ARM IS STUCK BEND AT THE ELBOW, MY LOWER JAW IS JUTTED FORWARD AND I'M CRUNCHED FORWARD IN A SEATED POSITION. I HAD TO USE MY RIGHT ARM (WHICH WAS FINE) TO

TO PUSH MY JAW BACK, WHILE I LEANED BACK TO FLATTEN MY BACK AGAINST THE WALL, SO I COULD BREATHE. I FOUGHT THIS FOR HOURS.

THE SGT., WORKING AS OFA SOME, CALLED NURSE MAY SEVERAL TIMES TO COME HELP BUT SHE REFUSED.

THE LAST THING I REMEMBER WAS LOOKING AT MY RADIO. ITS CLOCK SAID 5:02 AM. I PASSED OUT.

I WAS WOKEN ALMOST AT 8:00 AM. BY AN OFFICER ON THE NEOO SHIFF. BREAKFAST WAS LATE.

I TOLD THE DAY NURSE AND SAW THE DOCTOR. HE SAID I HAD A SIDE-EFFECT TO THE MEDICATION HE PUT ME ON. SEVERE DYSTONIA. HE SAID THE NURSE WAS SUPPOSED TO GIVE ME A SHOT OF COGENON OR BENEORYL AND THAT I WAS LUCKY TO BE ALIVE BECAUSE SEVERE DYSTONIA CAN BE FATAL. CAN CAUSE SUFFICATION. HENCE ME PASSING OUT... I GOT LUCKY.

SO I GRIEVED THIS ISSUE. THAT NURSE MAY NOT FOLLOW PROTOCOL AND SO ALMOST DIED BECAUSE OF IT. THE DAY NURSE AND

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DOCTOR LOOKED FOR THAT MEDICAL ASSESSMENT FROM MY EMERGENCY AND THERE WASN'T ONE. NURSE MAY DIDN'T EVEN DO ONE. SO IF I WOULD HAVE DIED, THERE WOULD HAVE BEEN NO RECORD OF WHAT HAPPENED TO ME... THIS WAS THE NORM FOR DEATH ROW PRISONERS. AND AS FAR AS I KNOW, UP UNTIL 2016, STILL IS.

I GRIEVED THAT NURSE MAY DIDN'T ASSESS THAT SITUATION AND "LO AND BEHOLD" A MEDICAL ASSESSMENT POPPED UP 2 WEEKS LATER SHE BACK-DATED IT....

EVERYONE INVOLVED SAID IF I WAS ABLE TO GET THEM INTO COURT THEY'D TESTIFY ON MY BEHALF. I MADE MANY LAW FIRMS TO NO AVAIL EVEN ASKED THE FLORIDA BAR AND THE FLORIDA LEGAL SERVICES FOR HELP. REJECTED, THE FLORIDA BAR SAID THEY DIDN'T HAVE ANYONE IN THE AREA AND THE FL. LEGAL SVCS. SAID THEY DIDN'T HAVE THE MANPOWER OR RESOURCES AT THE TIME. I TRIED MYSELF BUT --- WASN'T CONFIDENT I COULD SUCCEED.

THIS SITUATION DRIFTED AWAY.... NURSE MAY IN THE PAST SAW ME FOR PASSING OUT IN MY CELL. SHE ASKED

ME WHAT WAS MY DAILY REGIMEN. I TOLD HER I DID 300 PUSH-UPS, -SIT-UPS, SQUATS AND CALVE RAISES 34 TIMES A WEEK. SHE SAID THAT WAS WAY TOO MUCH! ⁱⁱ AND THAT I SHOULD LISTEN TO HER BECAUSE SHE WAS A MILITARY MEDIC FOR 15 YEARS.

NOW MY REGIMEN WAS NOTHING NEAR TOO MUCH. WHAT SHE SAID WAS LUDACROUS. I WAS ABOVE 30 YEARS OLD AND IN GREAT SHAPE AS THAT GUY. THE OFFICERS, WHO ESCORTED ME TO MEDICAL, AND I LOOKED AT EACH OTHER LIKE, — WOW... SHE REALLY JUST SAID THAT..

ANYWAYS, SHE KEPT HER JOB, MY GRIEVANCE WAS DENIED.

I WONDER HOW MANY DEATH ROW PRISONERS HAVE SUFFERED FROM MALPRACICE/NEGLEGENCE AND DIED??? I BET THE NUMBER IS SHOCKINGLY HIGH.

UNOEL NEXO SAME.

YOURS TRULY,
DOUG