Date: 6/12/2019 5:41:36 PM Subject: i am we wednesday

greetings from my solitary self n from the creator who sits on high

im doin ok just as a friend of mine says "dealin wit it"

dealing with relationships that seem 2 come n go in spurts. r they seasonal ?guess ill find out sooner or later... seems my life lacks (earthly ) stability ...

dealin with constant let downs

dealing with the rain

i am we

dealin with what 2day has already offered/will offer

dealing with wanting a visit so i can eat real food laugh giggle take pictures ,tell someone "i love u",hopefully b told it in return ...

dealing with bein round all dudes all the time lucky just 2 get a glimpse of a woman in real life dealing with wantin 2 talk 2 my best friend

dealing with calling people only 2 hear "th number is restricted " or "ur call was answered but positive acceptance was not received from the called party,possibly indicating an answering machine " dealing with the general boredom prison affords me,what do u do when uve done everything? when u've went everywhere? when there's no where 2 go? when u've talked about everything u can talk about?

dealing with "how i'm gone eat this spaghetti? lord knows it dont got spaghetti sauce just just noodles n pieces of tomatoes n water n SOY dealin with 'whats gone happen at parole? dealing with wantin a girlfriend dealin with

Date: 6/17/2019 7:01:36 PM

Subject: fathers day

dawned on me what 2day was as i did the in touch devotional by charles stanley. "o yeah it's fathers day

happy fathers day 2 myself.

was reminded of somethin a chaplain told me 4 years ago

"u have value as a father "

easier to believe when u in ur kids life n when they in urs..

meanwhile felt the need 2 "birth something" n since part of prison is denial of procreation privileges

i'll birth

a ministry

shoes n hats

n t-shirts

poems n poetry

business n inventions

twins of some sort

words of hope n encouragement

how tru it is. the preacher preached on how god wants 2 impregnate us like he did the virgin mary. also mentioned how hustlers is entrepreneurs just gottta go legit . god can take u there, amen

beyond that was happy 2 talk to my moms who greeted me with

"happy fathers day"

what a blessing

also encouraged me 2 have a blessed day. i di 4 the most part

though i did hear unsettling news bout my daughter :(

but i know it's an answer 2 prayers

like the 1 i prayed 4 her 2 not b a pharisee/play church 2 recognize her need 4 god. amen plus the situation is an opportunity 4 me 2 practice love'n her like jesus would,did,does so help me god . amen

HAPPY FATHERS DAY 2 THE FATHERS ESPECIALLY THE UNDERRATED ONES... Date: 6/21/2019 10:01:44 AM Subject: i am we wednesday

man,... what do i say?

my feet hurt.

days be **\$\mathbb{n}\$** zbeen long n nights been sleep less. prayed bout it n was told 2 use the time 2 "listen n/or pray" the 2 r interchangeable . see what happens 2night lord knows im dog tired right now. stayin up cause count in 2hrs plus watchin tv w/my cellmate which may keep me up till 10pm. either way. plus i still gotta eat some chili mac i got blessed with .might just settle 4 a bag of pork rinds, seein they lighter on my stomach ,time will tell.

watched the new show "holey moley' but it's not on my list ne more just not that exciting plus after decades of just watchin tv -not much else you can do locked in a cell- i pretty much got tv figured out which makes it even more boring. after while even new shows r predictable . factor in that everything is recycled these days on free tv neway. 4 example the "show in between " is just a new version of the show "medium" whiwhich also came on on nbc. other than that everything is themed around sex,drama,detectives, comedy,\$,n super heros....

WELL B4 I 4GET I GO TO PAROLE JULY 26 SO HELP ME GOD

besides that no word on my leavin this community 4 a less gated one, mainly cause when u leavin is classified information

it's cool i'm a survivor it's god fault :)

what else can i say?

happy im able 2 talk to my family/parents as of late

stayin prayed up cause satan always tryin 2 extinguish my existence

i love yall i am we Date: 6/27/2019 8:37:38 AM Subject: i am we wednesday

## dearest priska

good evening
my day has been great
it's all bout makin right choices
specially after bad ones
thought 2 go 4 a run this morning but found myself falling asleep 15 minutes b4 hand so i decided to
get some shut-eye. thank God
maybe it is cause i found myself up at 5am
after prayin i watch some stretchin on tv so i could learn a few moves
meanwhile signed up 4 the book club.
they readin the 7 habits of highly effective people (or something to that effect )
lookin 4ward 2 it. hope it doesn't get cancelled

other than that countin down the 30 days till i go 2 parole ...

so here's a poem my heart wrote while i was praying ...

when i run i think of u when i play basketball i think of u when i wake up i think of u when I miss bein hugged i think of u when i eat cake n ice cream i think of u when i draw i think of u when i color i think of u when i write i think of u when i pray i think of u

when i think of beautiful

i think of u

when i think of 2getherness

i think of u

when I think of i am we

i think of u

when I envision my future

i think of u

when I think of success

i think of u

when im livin my life i think of u when i think of u i think of u

i am we love 4ever dad Date: 6/28/2019 8:47:36 AM Subject: thankful thursday

## god this 2 u

thank u 4 catching my chocolate cake. had it not been 4 u it wouldn't have fallen container side up. aint no bakery sale insurance round here!

thank u i didn't burn the whole bag of popcorn n 4 reminding me 2 look at the bright side

thank u 4 helpin me stretch my hands so i could finish the letter i was writing

thank u 4 the courage 2 finally send the dr at the college an email request

thank u 4 calling me 2 prison ministry /reform

thanks 4 teaching me that everything starts with the heart

thanks 4 savin me from death hell/hell on earth...from destroying myself...from throwing my life away

thanks 4 blessing me with such a beautiful daughter

thanks 4 answering yes 2 my prayers 2 introduce urself 2 her

thanks 4 fathering her better than I ever could

thanks 4 the words of encouragement from connie bout stirring up "the gift" u entrusted me with

thanks 4 2day n keeping me from the evil

thanks 4 helping me cast down stupid ungodly thoughts that my flesh tried 2 entertain

thanks 4 right now n this moment of clarity

i am we