Date Received: 07/24/2019 08:09 AM CDT

Subject: August schedule

My July schedule was so packed I was barely keeping up. I am feeling more comfortable getting up at 4:40am, running all day with classes, homework and groups, finally ending my day around 11pm. It is good to get accustomed to these hours as I prepare to go on parole.

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Truth is, July wore me out. I cut out all my excercise except for weekends and stopped going to bible study groups so I could do homework. Fortunately my August schedule dropped 2 electives which opens my days up with 2.5 hours. I can skip lunch and get some good excercise in with time for a quick fish pack and a shower before my next class.

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August adds another night class so my homework will continue to be a big focus.

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I have 3-4 months of math classes to prepare for the "Manufacturing" College certification I hope to begin by November.

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Our vet group is on track to conduct a special "Patriot Day" event in September. Class in 10 min- have to go. wdl