

9/10/19

POST:
RE: OUT OF SEGREGATION PERMANENT SHU
SINCE 2018.

IN APRIL 2018 I WAS FINALLY OUT OF THE CORCORAN SHU, WHERE I WAS HELD FOR 3 MORE YEARS. SO IN APRIL I WENT OUT TO CORCORAN MAINLINE. I HAVEN'T BEEN ON A MAINLINE IN 30 YRS, SO I WAS A LITTLE NERVOUS. THESE PRISONS ARE TOTALLY DIFFERENT FROM THE ONES I KNEW. THEY ARE BUILT DIFFERENT AND THEY ARE RUN DIFFERENT, AND THE PRISONERS ARE DIFFERENT, I FELT LIKE I WAS FROM A COMPLETELY DIFFERENT ERA, WORLD. A LOT OF PRISONERS ARE YOUNG, THEY WALK AROUND THINKING THEY'RE TOUGH, AND NOW ALOT OF THEM USE CRYSTAL METH, A DRUG THAT WASN'T AROUND WHEN I WAS YOUNGER BEFORE I WENT INTO THE SHU. THIS CRYSTAL MAKES THEM VERY PARANOID, THEY THINK EVERYONE IS TALKING ABOUT THEM, CONSPIRING AGAINST THEM, AND SOME WILL DO STUPID THINGS, LIKE TELLING GUARDS THAT OTHERS WANT TO KILL THEM. I HAD ONE GUY TELL ME THAT HE WAS BEING WATCHED AND THAT SOMEONE WANTED TO RAPE THEM. BUT IT WAS JUST ALL IN HIS MIND. BUT SOME OF THESE GUYS ARE DEDICATED ADDICTS, AND IT'S HALLUCINATE AND TRY TO COMM SUICIDE. THEN IN THE PRISON THEY HAVE WHAT'S CALLED TRIPLE CMS, THESE GUYS ARE UNDER MENTAL HEALTH CARE, SOME ARE ON SOME SERIOUS MEDICATIONS, AND ARE CRAZIER THAN HELL. THEY DIDN'T HAVE THIS CRAP WHEN I WAS OUT ON A MAINLINE, THEY EVEN HAVE A UNIT CALLED "EOP" AND THE GUYS IN THERE ARE REALLY ON SERIOUS MENTAL HEALTH MEDICATION. AND THEY DO ALOT OF CRAZY SHIT, THEY CUT THEMSELVES, AND OTHERS. AND YOU NEED TO WATCH THEM. ALWAYS KEEP THEM IN FRONT OF YOU. WHEN I FIRST CAME OUT OF THE SHU I WAS WITH A FRIEND OF MINE WE CAME OUT OF SHU TOGETHER. THE YARD I WAS ON WAS A 270, WHICH IS A PROGRAM YARD. I WAS ON ORIENTATION FOR A WEEK AND FROM MY CELL I WATCHED HOW THEY PAN DAY ROOM AND YARD. THE DAY ROOM IS BIGGER THAN ANY I HAVE EVER SEEN.

END

PABLO PINA D-28079
KERN VALLEY STATE PRISON C-1 117°
P.O. BOX 5103
DELANO, CALIF. 93216

9/11/19

POST:

RE: RELEASED FROM SHU:

continued:

SO THERE I AM ON ORIENTATION my cell mate Crow came with me out of the SHU. And I'm checking out the way things are ran. the showers, and chow, and day room, and the yards. we have to wait for two weeks to go to committee before we can come off orientation. AS I said this is the first time I have been out of the situ in 32 years. I've never seen a day room this big. its about 30 times bigger than the place I was in at Pelican Bay SHU. I talked to one of the porters and he told me that there were a few guys from San Jose there and I knew one of them. so he told me about how the program is. And told me what other people were in the prison from San Jose. Then I learned that a guy named Rooster from Sacramento was there, and I've known him a long time. I met him in Tracy in 1977 I think it was. man I was glad to see him, the last time I saw him was in 1982 we both changed. we're older now. but one thing we still have in common, is that we both still exercise daily. so we're still in very good shape. I was only there about three weeks and shipped out. But it was good to see him, so I'm checking out the people in the day Room and I see there are some gay ~~coke~~ guys there. I've never been around them, in the other prison they are not allowed on the yards. But they do their thin and everyone else does the same. there's a lot of drugs so there's a lot of fights over people not able to pay. As soon as I got off orientation I was given a job in the kitchen. so I was able to move around more, and I had access to extra food. and I worked from 12:00 PM to 7:00 PM. I was gone all day, which I liked because I was away from all the every day bullshit on the yard.

END.