

BLOG POST: SEPTEMBER 26, 2019

(BELIEF IS THE KEY)

(LOVE IS JUST A WORD UNTIL SOMEONE GIVES IT MEANING)

You fear opening up to others because of your past interactions, and you truly believe there is no way to release such "PAIN&SUFFERING" because it has now become who you are. What started out as being apart of your history has fully took control over your entire being. This has cause you to fear any form of "EMOTIONAL CONVERSATION", and has you stuck with dealing with "TRAUMATIC MEMORIES" which at that moment will allow your "CAPTOR" who destroyed you to gain easy access to play on your low self-esteem. So when your face with "EMOTIONAL DECISIONS" you shut down bringing to surface every last bit of your "TRAUMATIC PAST" which causes you to run from trying too begin your "EMOTIONAL RELEASE".

So by keeping your "TRAUMATIC PAST" close by you've created a form of "SECURITY NET" for which you thought could protect you from haven to deal with any type of "EMOTIONAL SITUATION". Now doing this has cause yourself further danger because on one hand you've made your past a shield so any time your force into a "EMOTIONAL SITUATION" you close off your emotions so you don't have to "RE-LIVE, RE-HEAR, and RE-BELIEVE" all of which you've work hard to "RE-MOVE" from within. Now on the other hand you've made yourself "VULNERABLE" to any type of "EMOTIONAL TOPIC" that may arise doing this period of weakness. So "ULTIMATELY" your becoming your own "CAPTOR", and "ABUSER" causing yourself no chance or opportunity to actually find someone who'll cherish you enough to the point where your past will become just that, "YOUR PAST".

(I'VE LEARNT FROM YOU) that all i was doing by letting you^{go} was affirm all the years he told you your worth nothing, noone cares about you, and your not worth fighting for. This is something that i never wanted to do, and will forever spend my days making that up to you.

(ULTIMATELY) it comes to this "WILL YOU FIGHT FOR YOURSELF?" Because it matters not if others will fight for you or to be with you if you don't choose to fight too love yourself first.

(I DECLARE) to you that i'll always be here for you, and i'll always deliver "JEWELS" to you in your time of need whether it's to get you out of a slump or to help you further your growth i'm here. So when everything is dark, and you find yourself walking that dark road alone just remember it's someone who cares about you, and someone who want you to be happy. Also remember when you feel like it's no where to go, and no one to talk to you, i'm here. He told you no one would ever love you, and that your not good enough for anyone, well he was wrong because someone is fighting for you, and believe your good enough for them if you would just allow him in your heart.

(SO REMEMBER "YOUR NOT ALONE" and "YOU'LL NEVER BE ALONE AGAIN.")

REAL TALK ALWAYS

(WHEN WILL LIFE BE ABOUT YOU)

YOU DESERVE TO BE HAPPY LIKE EVERYONE ELSE

You have been in a mental prison for years being confined to just him your "JAILER, THINKER, and CHOICE MAKER", AND he chose to strip you of all opportunity to be yourself so you were both his "MENTAL, and PHYSICAL PRISONER". However you fought for your release, and was granted freedom from your "ABUSER", and yet daily your time confine is still controlling your life causen you to push away others who is trying to be apart of your future. (SELF DESTRUCTION) is now completely you because even tho your "JAILER, and ABUSER" no longer has you confine to his prison he still control your mind, and in return control how you live your life, and he sits back laughing as you (SELF DESTRUCT).

c WHAT WILL IT TAKE FOR YOU TO START LIVING FOR YOU?

You've told me that you don't deserve to be treated like your nothing, and i agree. Yet when you have someone who is trying to be in your life you continuously push him away as if you would rather be alone, and un-loved instead of being loved. I do understand that it ain't easy to open up when you've endured such "TRUAMATIC PAIN" as you have. However in order for you to release, and live again u must wash out your dark pain so that you can dry new light, and memories. All i ask is that you allow me the chance to be apart of your story, and your new beginning.

Do you believe you deserve happiness?
Do you want to be free of your past pain?
Do you believe your beautiful"
Do you love yourself?

These [REDACTED] questions should be answer in order for you to begin your rebuilding of yourself because it will determine if you believe your worthy, and that you believe you have worth. I express to you again that i seek nothing from you other then to be apart of your story, and life. I want to know what makes you smile, and what makes you cry. I want to be apart of your struggle, and growth. I want to adore you, cherish you, and be able to tell you daily how much you mean to me, and how beautiful you are. This is what i seek from you, and no matter how much you try to fight your feeling for me in your heart you can't deny that its me you want, and if thats the case you have to fight, and find that strength to continue fighting for what you want. As i sit here trying to fight for who i want, and i'll continue to fight until you see that i'm being true, and pure with you.

You are stronger then you let yopurself believe, and i think of you daily hoping one day to see a letter from you telling me its me you want, and i'll keep waiting because you mean that much to me. (STRENGTH ISN'T DEFINE BY YOUR FAILURE, BUT INSTEAD IS DEFINE BY YOUR WILLINGNESS TO OVERCOME THOSE FAILURES, AND STRIVE FOR BETTERNESS IN YOUR LIFE)

By: Big HEARD

Resc TAK ALWAYS