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Subject: 1-Week closer to home

Another week is ending. One more tick mark on my way home.

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Christmas is around the corner and everything seems to slow down in prison. The next 2-weeks will be at half speed. The air somber and sometimes sad. Guys like to put up a happy mask, but inside I think most guys feel like me. Your gut is sad and missing life.

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The holidays just become another set of days. Just keep busy and get through. Don't dwell on the sadness too much. All the nice, family holiday movies and shows usually get skipped. Even funny comedies can trigger sadness.

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Just hold out until January 3rd and things get back to normal. Don't change the routine!

I am grateful that this is my last Christmas incarcerated.