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Rita,

Thank you for your kind comments. It has been a very long time since I had posted a blog. A lot happened after my first and only post and I had completely forgotten about it.

I believe I will be blogging a little more regularly now. I am doing well and it's nice you replied.

I am a musician. I've been playing since a child. We have a music program here and I am on the music committee board. I am the educational director. So, I teach guitar and also play in bands. We put on concerts for the men here. For a few hours we are free.

I look back fondly on my time backpacking the country. The people, places and experiences. Writing about these things helps me reminisce.

I enjoy writing short stories, song lyrics and poetry. I noticed you said you wrote poetry in the past. Maybe I will post some in the future.

I look forward to hearing from you again.

Mike