

DEAR READER,

2-16-2020

HEY. I HOPE YOUR DOING WELL TODAY!

I, MYSELF, AM SICK. I FIRST GOT SICK AROUND THE BEGINNING OF JANUARY, ON TWO SEPERATE NIGHTS, AFTER EATING JUST SOME BEANS & CABBAGE MY THROAT HAD "THAT" ITCH IN THE BACK OF IT. YUP, THAT ITCH THAT TELLS YOU YOUR ABOUT TO BE SICK. SO, IT CAME, THE BODY ACHES & SORE THROAT & TROUGH COUGH, ETC... IT LASTED FOR ABOUT 2 WEEKS. IT WASN'T A COLD BUT I DON'T THINK IT WAS THE FLU EITHER. IT FELT LIKE THE FLU BUT DOESN'T THE FLU ONLY LAST A FEW DAYS? SO IT GOES AWAY EXCEPT FOR A LITTLE LEFT BEHIND IN MY CHEST. NO COUGHING OR OTHER SYMPTOMS. JUST EVERY MORNING I'D HOCK UP A BRIGHT GREEN PHLEM AND THE REST OF THE DAY IT'D BE WHITE. ABOUT 2 1/2 WEEKS AGO (4 WEEKS AFTER I INITIALLY BECAME SICK) SOME ACHES STARTED TO COME. SO I FILED ANOTHER SICKS CALL (\$5.00 CO-PAYMENT EACH TIME. I'LL GET INTO THAT AT A LATER TIME) AND THE NURSE TOLD ME SHE'S PUTTING ME ON THE LIST TO SEE THE DOCTOR. 2 1/2 WEEKS. LATER, NO DOCTOR. SO... NOW IT'S HITTING ME HARD AGAIN SO I FILED ANOTHER SICKS CALL... JUST SO I CAN GET SOME NON-ASPIRIN (ACETAMINOPHEN OR TYLENOL) AND CHLORPHEN. BUT HOPEFULLY THEY'LL SEE I NEED AN ANTI-BIOTIC, TO AID MY IMMUNE SYSTEM TO FIGHT IT OFF, THIS TIME. I HAD THESE SAME SYMPTOMS IN 2016 AND MEDICAL REFUSED TO TREAT IT. FORTUNATELY, I HAD A COURT APPEARANCE TO MAKE, 3 1/2 WEEKS AFTER GETTING SICK,

AND I WAS TREATED IN MY COUNTY JAIL. THE DOCTORS WERE A BIT SURPRISED & IRRITATED I HADN'T BEEN TREATED BY MY PRISON'S MEDICAL SERVICES. THE DOCTOR THERE PUT ME ON TYLENOL, AMOXICILLAN, GUAFENISIN & SOMETHING ELSE TO DIZY UP THE FEVER OR INFECTION IN MY LUNGS. I'M GOING TO TAKE A RECORD OF THAT TREATMENT WITH ME TO MY SICK CALL VISIT THIS WEEK AND ASK THEM TO FOLLOW IN THE FOOTSTEPS OF HOW I WAS TREATED IN 2016. I HOPE THEY WILL. BECAUSE WHATEVER THIS VIRUS IS I'M HAVING A CARDIAC REACTION TO IT. MY HEART'S RHYTHM HAS BEEN MESSING UP MORE THAN USUAL.

I'll keep you posted on how treatment goes.

UNTIL NEXT TIME.

Yours Truly,
Doug