

DEAR READERS,

3-29-2020

HEY. I HOPE YOU ARE DOING WELL!
TODAY I'LL TELL YOU ABOUT A CIRCUMSTANCE
THAT SUGGEST THE SYSTEM DOESN'T GIVE A DAMN
ABOUT MY WELL BEING OR LIFE... CAN YOU HEAR
THE SARCASM AS I SAY THAT? ☺

THIS PAST FRIDAY THE ASSISTANT WARDENS DID A
ROUND ASKING IF WE HAD ANY QUESTIONS ABOUT
COVID19. I ASKED THEM FOR A MINUTE OF THEIR
TIME & THEY STOPPED TO HEAR ME OUT. I THEN BEGAN
EXPLAINING THE VIRUS OR INFECTION IN MY LUNGS
I'VE BEEN FIGHTING SINCE THE BEGINNING OF
JANUARY. AND THAT MEDICAL HASN'T DONE ANYTHING
TO HELP. THAT THEY WON'T PUT ME ON ANTIBIOTICS TO
GET RID OF IT, NO CHEST X-RAY TO SEE HOW BAD IT
IS... THEY JUST KEEP TREATING IT LIKE IT'S A
SIMPLE COLD... COLDS DON'T LAST FOR 2 $\frac{1}{2}$ MONTHS!
I EXPLAINED THIS COMPLICATES MY HEALTH AND
WHEN COVID19 MAKES IT'S WAY HERE MY RISKS
OF DEATH IS MUCH GREATER BECAUSE MY RESPIRATORY
SYSTEM IS COMPROMISED.

THROUGHOUT ME EXPLAINING THIS TO THEM THEY
INTERRUPTED ME 3 TIMES INFORMING ME, INCORRECTLY,
THAT THIS HAD NOTHING TO DO WITH COVID19. I'D TELL
THEM IT DOES BECAUSE OF THE RISKS FACTOR AND I'D
FINISH EXPLAINING. IN THE END I ASKED FOR
HELP GETTING RID OF THIS VIRUS/INFECTION
IN MY LUNGS AND THEIR 3RD AND FINAL

STATEMENT WAS, "THAT'S NOT A QUESTION ABOUT COVID19".

SO... IT GREATLY SADDENS ME THAT THEY DON'T CARE ABOUT MY QUALITY OF LIFE OR IF I LIVE OR DIE... ^{How's my sarcasm?}

IF I DON'T GET PROPER TREATMENT THIS WEEK I'LL FILE A GRIEVANCE ON IT. MAYBE I'LL GET PROPER TREATMENT THEN....

IF YOUR CURIOUS OF WHAT SYMPTOMS I HAD/HAVE THEY ARE THE FOLLOWING AS WRITTEN ON MY SICK CALL MEDICAL REQUEST FORMS.

JANUARY 14, 2020 - PRESSURE IN MY HEAD, EYES, EARS, JAW. SORE/RED THROAT. HARD TO SWALLOW. ACHING ALL OVER MY BODY. NAUSEA, WEAKNESS & SHORT OF BREATH. STARTED 10-12 DAYS BEFORE THIS SICK CALL SUBMISSION.

JAN. 29, 2020 - AFTER TREATMENT I WAS LEFT WITH: SORE/RED THROAT AND CHEST IRRITATION. COUGHING UP BRIGHT GREEN PHLEGM.

FEBRUARY 15, 2020 - COUGHING, CHEST & AIRWAY IRRITATION, SORE THROAT, BODY ACHES, HEADACHES & PRESSURE, AND COUGHING UP GREEN PHLEGM. AND MY HEARTS RHYTHM IS MISSING UP.

MARCH 2, 2020 - I MISSED THIS SICK CALL CANCELLED. I THOUGHT IF I WENT TO YARD AND RAN, SWEATING IT OUT, IT WOULD HELP ME GET BETTER, I WAS WRONG. THUS... THE FOLLOWING.

MARCH 5, 2020 - STILL BRINGING UP GREEN

PHLEGM EVERY MORNING AND THE REST OF THE DAY IT'S WHITE. I'LL BRING IT UP 50, OR MORE, TIMES A DAY. CARDIAC ISSUES, FATIGUE, SHORT OF BREATH, LIGHTHEADEDNESS WHEN STANDING, PRESSURE IN HEAD/FACE FEARS AND HEART RHYTHM. I'VE BEEN SICK FOR 2 MONTHS NOW AND YOUR TREATMENTS HAVEN'T WORKED. PLEASE TREAT ME WITH SOMETHING THAT'LL CURE ME OF THIS VIRUS OR INFECTION. —

NOW, IT IS MARCH 29TH AND I STILL HAVEN'T SEEN THE DOCTOR, EVEN THOUGH I'VE BEEN TOLD I'M ON THE LIST SINCE THAT SICK CALL. HELL, I HAVEN'T SEEN HIM SINCE JANUARY. CORRECTION, HE'S NOT A DOCTOR, HE'S A PHYSICIANS ASSISTANT. IT'S RARE THAT I SEE AN ACTUAL DOCTOR. IT'S BEEN YEARS.

WHAT STRIKES ME AS THE MOST CONCERNING IS NOT THAT THEY WON'T TREAT ME, BUT THE TIMING OF ME GETTING SICK.

DO YOU REMEMBER THE BLOG I POSTED IN JAN. OF OFF. COSBY PUTTING HIS HANDS ON ME? THAT VERY DAY HE WAS ESCORTING ME TO MEDICAL WHEN THAT HAPPENED. HIM & SGT. OLIVE BOTH HEARD THE P.A. PRESCRIBE ME AN "IMMUNOSUPPRESANT" DRUG CALLED METHYLPREDNISOLONE. THE DAY AFTER, I GOT SICK AFTER EATING DINNER. JUST AN ITCHY THROAT THOUGH. THIS IS INDICATIVE OF JUST CONTRACTING AN INFECTION OR VIRUS. 2 DAYS LATER SAME THING.

HAPPENED. AND THEN THE NURSE BROUGHT ME MY MEDS
(THE IMMUNOSUPPRESANT) THAT FOLLOWING DAY I GOT ILL.
NOW, ON ALL THOSE DAYS, OFF, COSBY PASSED OUT THE
EVENING CHOW (SUPPER) AND WHEN THE NURSE GAVE ME
MY MEDS, HE WAS WITH HER. HE "NEVER" WORKED MY
WING 'TIL THEN. HE'S ALWAYS BEEN ON THE ADMINISTRATION
CREW. AND NOW EVERYDAY I GET SICKS HES WORKING...
.... COINCIDENCE ??? I DON'T KNOW.

THE REASON THE MEDICATION PLAYS A ROLE IN THIS IS
BECAUSE IT'S A MEDICINE THAT USES THE IMMUNE
SYSTEM TO FIGHT OF INFLAMMATION IN THE BODY. I
HAD TENDONITIS IN MY SHOULDER. WHEN ON THIS DRUG,
AND FOR SOME TIME AFTER, THE IMMUNE SYSTEM
IS WEAKENED SO MUCH THAT EVEN THE FLU CAN KILL
SOMEONE WHO IS AS HEALTHY AS AN OLYMPIC
ATHLETE. WITHOUT MEDICAL ATTENTION. AND IT JUST SO
HAPPENS—MEDICAL WON'T TREAT ME. SO... COINCIDENCE
CREATE THE PERFECT BREW? OR CONSPIRACY TO KILL
ME? AND NOW ALL THEY HAVE TO DO IS WAIT FOR
COVID19 TO GET HERE TO TAKE ME OUT. THE PERFECT
STORM. IF IT DOES... NOW YOU KNOW WHAT HAPPENED.
THEY SAY IT'S NOT IN THE FLORIDA D.O.C... I THINK
THAT'S A LIE. MEANT TO KEEP COST DOWN. AND OTHER
THINGS OUT OF PUBLIC VIEW...
UNTIL NEXT TIME.

Yours Truly,

Doug