

Personal Journal

4/7/20

4/1/20

I think at times I'm not getting enough ^{oxygen} ~~oxygen~~ to my brain. I keep misspelling simple words like oxygen and I have trouble remembering little things like where I put something away an hour ago or things I did the day before. I think sometimes it exceeds the point of just an old man's forgetfulness. Slim: slender = of a small diameter or thickness in proportion to the height ☺

4/2/20

More and more guards are being turned away at the gate with high temperatures - others are feeling sick and staying home - who can blame them - two dozen guard have tested positive through out the 40 or so prisons a half dozen inmates. We're not on lock down yet but we know it'll be coming soon as more + more guards are unable to come to work

4/5/20

They took all the dogs out of her last Friday until this virus thing is over I for one am going to miss them. They also put beds in the gym for ICU and quarantine, not sure how many, they brought them in one at a time on the back of what I'm sure was once a golf cart. The guard are getting briefed almost everyday and they're telling them the same thing - we're going on lockdown as soon as the first ~~person~~ ^{person} has it and those with it will be quarantined but they'll also tell us

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They have no ideal as the top has no ideal of what they're doing and change their ~~plans~~^{mind} often. I lose track of days and time a lot now a days. Today is Sunday, April 5th 3:35 AM or 0535 Its raining here this beautiful Spring morning. Has been raining since late afternoon yesterday. It was warm here in the morning and my bones felt good I only have a few aches here & there nothing to make me cry. I can't close my left hand at all yet - no thing I'm doing OK with my right ^{to} 3. Snowing a few miles up the hill in Jackson I can feel the chill in the air on my back & knees.

4/6/20

Happy Birthday to my sister Tella - I miss you sis. Happy Birthday to my niece Flora. Except for more rain there's nothing new except more rain putting a damper on my arthritis & lupus 😊. Something has me depressed, maybe it's the rumor we only going to get one hot meal in the morning when they quarantine us in the cells and two box lunches for lunch and dinner very little of anything I would eat. I really can't afford to lose any more weight right now - I don't recognize my body now. 😊 175 is a good weight for me but I've always been the big guy 6' 225 always keeps in a fight 😊 Remember the first of last year I was at 247 now I look at my legs they're so skinny, I don't know how I'm able to stand up on

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them. I was able to get a jar of coffee for a card yesterday - now all I've got to do is finish it ☺

4/7/20
Tues.

It has stopped raining suppose to start warming back up into the Spring weather we were having last week. I hope so the wet & cold has really started my finger to hurt - it affects my other joints to but nothing like my hands & fingers. Don't get me wrong I love the rain, love sitting back and watching it - love driving around town in it - I love the sound of it, the tires on the roadway - I love walking in it. I went out walking in it yesterday afternoon (there was sunshine out my window) anyway it started raining and me without my rain coat ☺ one of the younger guys gave me an extra rain jacket he was carrying ☺ wouldn't want the crazy old man to get sick. Nothing new today, everyone is just waiting, waiting for the next step, the next rumor. Another lap around the track another circle around the sun.

Thank everyone for the good work they're doing - keep yourselves safe from this virus, "it will pass" We sure got some good strong people here in the USA. Foods bads ☺