

Affirmations that encourages

When I was in Army JROTC we had affirmations that we would say every day that would help us keep striving for our goal. That was to go to the Army for me. Still till this day I live by those affirmations that my Captain and Staff Sergeant taught us. Through the times I feel ~~stuck~~ stuck seem like there is no light at the end of tunnel. I tell my you are motivated, dedicated, determined you will succeed PFC. I was a private first class in Army JROTC. I talk to myself just like that. Here are some things I read that was a very enlightenment and encouragement recently.

Stars

Stars are born from chaos. They are born only after they first collapse. So my beautiful friends, when you find yourself collapsing. When you find yourself lost in the midst of chaos and confusion, know that it's because a new beginning is coming. Know that everything is spinning and turning inside of you in order to form new worlds that you can't even imagine ~~yet~~ yet. Everything is quietly working under the surface to bring a new light and it will shine brighter than ever.

Mikki Barnes

“You're beautiful because you know your own
darkness and still, that alone doesn't stop you
from finding your own light” R.M. Drake

Sometimes
The people
around you
won't understand
your journey
They don't need to
It's not for them
Sharifah Neda

I have fed mouths that have talked stuff about
me.

I've wiped tears off the faces of the people that have
caused mine. I have picked up people that have
tried to knock me down. I've done favors for people
that have not been there for me. Crazy? Maybe....
But I will not lose myself in the hatred of others.
I continue to be me because I am who I am and if
by my nature life isn't easy, but even through all the
mess, ~~and~~ I will still be here, being me

Life Learning Feelings