

Reply: u2ft

To: GN22

Itsa correspondence course program, for crying-out-loud! http://course.volunteerministers.org. 19 chapter titles freely available to every public - including prisoners now, to help enhance their re-habilitation efforts otherwise scarcely provided for while they are warehoused in tax dollar sponsored penal colonies where petty things are all too often made into master criminals and/or psych patients.

I wonder if you consider Catholicism a "cult" or Islam or Judaism? Considering their bloody histories, how can you denigrate Scientalogy is technology, based upon watching a pernicious production series by a disgruntled devotee? None can ever descry any error in the practical Science presented in the 19 courses you can view for yourself on-line, solely intent on assisting sanity. (See Attacument\*1)

And on the topic of Sanity, let's consider the psych industry statistics since the Dept. of Human Services first gave it a platform in America, in the 1950's Now that Priestly Craft of the Soul has a ghastly history comparable to the bloody Abrahamic faiths mentioned above, few dare expose. Yet I, in my capacity as the Inmate Advisory Council, an wort to promote even their Ph.D. Mental health based 'study material' as well. (see ATTACHMENT #2)

The Mind, dear GN22, is a terrible thing to waste on FEAR: False Evidence Appearing Real. Dare to observe the obvious. Look into these matters for yourself, and then you are free to base your opinion upon that thorough research and comparison. Please visit cohriors, and the standleague org sites, to discover other points of view.

For the Love of Truth.

ATTACHMENT # 1

# SCIENTOLOGY NEWSROOM The Official Mercilia Resource Center for the Crusch of Scientalogy

FOR IMMEDIATE RELEASE

## Scientology Volunteer Minister Brings New Hope to Kenya Inmates

SIAYA, KENYA • JAN 10, 2019

Without much fanfare, a prison in Siaya, Kenya, is investing in the <u>future</u> of inmates, using the Scientology Volunteer Ministers program.

Staff at the Siaya GK (Government of Kenya) Prison swear by the Volunteer Ministers program. Since they began training as Volunteer Ministers, they have seen remarkable change.

It began over a year ago when Scientology Volunteer Minister Daniel Okello held his first seminar for 200 inmates. Okello covered two chapters—"Honesty and Integrity (https://www.volunteerministers.org/training/integrity/overview.html)" and "How to Resolve Conflicts (https://www.volunteerministers.org/training/conflicts/overview.html)"—from the Scientology Handbook (http://www.scientologyhandbook.org/), the textbook for the program based on the works of Scientology Founder L. Ron Hubbard.

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A Volunteer Minister trains prison personnel and inmates at the Siaya Prison in Kenya. © 2019 Church of Scientology International. All Rights Reserved.

"At the start of the seminar the prisoners looked depressed," says Okello, who noted the inmates began smiling and laughing as they realized how they had ended up in jail and what they could do about it. The prison commander asked Okello to come back to train the prison officers and deliver the program to 300 more inmates.

Soon, officers established their own Volunteer Minister (VM) group, trained on the courses and began helping the inmates with the material they learned. This included treating the inmates with dignity and upgrading the environment with cleanups.

In March, when Siaya GK Prison held an Open Day—when officials visit and prisoners are free to interact with them and with family members—the prison commander addressed the Siaya County Commissioner, high court judges, police commanders, and other senior <u>government</u> officials attending, and introduced them to the Volunteer Ministers program and the results it accomplished. He described the role of the Volunteer Minister and the partnership between the program and the prison. The commander attributed the prison's turnaround to the training of prison officers and inmates that began five months earlier. The High Court Registrar confirmed his claims, saying that for the previous three months, there was not a single case of recidivism (someone released from the prison being rearrested).

The <u>program</u> continues, with prison officials providing personal help to inmates based on the skills they have learned.

In a seminar to launch the program for 2019, the Siaya Prison VMs trained inmates on how to give Scientology Assists (https://www.scientology.org/courses/assists/overview.html)to each other. An assist is a technique developed by Mr. Hubbard that speeds healing by addressing the spiritual factors in stress and trauma. They reached out to a dozen new inmates who were injured while committing the crimes that resulted in their incarceration—two of them were recuperating from gunshot wounds. All twelve experienced relief from the assists. Okello met with the Siaya VM group leaders who agreed to hold monthly clinics at the prison where they will provide assists and use Scientology VM technology to counsel the inmates.

Okello discovered the Volunteer Ministers program online in 2011 and he and his wife trained on all 19 VM courses (https://www.scientology.org/courses/) and began delivering seminars. He has established dozens of Volunteer Ministers study groups in Kenya and has started delivering the program in Uganda. Members train on these courses and provide personal help and seminars in their communities.

The Church of Scientology Volunteer Minister (http://www.volunteerministers.org) program is a religious social service created in the mid-1970s. Anyone of any culture or creed may train as a Volunteer Minister and use these tools to help their families and communities.

In creating the Volunteer Ministers program, L. Ron Hubbard wrote: "If one does not like the crime, cruelty, injustice and violence of this society, he can do something about it. He can become a Volunteer Minister and help civilize it, bring it conscience and kindness and love and freedom from travail by instilling into it trust, decency, honesty and tolerance."

The Scientology religion was founded by author and philosopher L. Ron Hubbard. The <u>first</u> Church of Scientology was formed in Los Angeles in 1954 and the religion has expanded to more than 11,000 Churches, Missions and affiliated groups, with millions of members in 167 countries.

#### CONTACT:

Church of Scientology Media Relations
mediarelations@churchofscientology.net (mailto:mediarelations@churchofscientology.net)
(323) 960-3500 phone
(323) 960-3508 fax

#### Media Relations:

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#### Additional Resources

Supporting the Global Volunteer Minister Program (http://www.scientology.org/how-we-help/volunteer-ministers.html? \_link=nr\_press\_right)

Scientology Volunteer Ministers Disaster Response News (http://www.volunteerministers.org/news.html? \_link=nr\_press\_right)

Scientology Volunteer Ministers (http://www.volunteerministers.org/?\_link=nr\_press\_right)

Scientology TV Network (http://www.scientology.tv)

#### Related

Volunteer Minister Creating a Revival of the Spirit in Kenya (/press-releases/volunteer-minister-creating-a-revival-of-thespirit-in-kenya.html)

Scientology Volunteer Ministers Latin American Goodwill Tours Tackle Urgent Issues in Guatemala (/pressreleases/activity/scientology-volunteer-ministers-latin-american-goodwill-tours-tackle-urgent.html)

Disaster Response Conference at Church of Scientology Nashville (/press-releases/disaster-response-conference-at-churchof-scientology-nashville.html)

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(http://www.appliedscholastics.org/)

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United for Human Rights

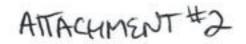
(http://www.humanrights.com)

Youth for Human Rights

(http://www.youthforhumanrights.org/)

Citizens Commission on Human Rights (http://www.cchr.org/)

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State of California

Department of Corrections and Rehabilitation
INMATE ADVISORY COUNCIL GENERATED

### Memorandum

Date: July 10, 2020

To: GENERAL POPULATION

Subject: ANGER MANAGEMENT COURSE

During the COVID 19 Crisis, the EOP Department on Facility "A" has initiated an in-cell study program for the general population to stay productive in their pursuit toward rehabilitation.

The first study course is ANGER MANAGEMENT, AND IS A 12 Module course with topics addressing:

- EXPLORING THE CONCEPT OF ANGER
- ANGER TRIGGERS AND BODY REACTIONS
- USING POSITIVE COPING THOUGHTS
- PROBLEM SOLVING WITH POSITIVE REASONING
- TAKING GOOD CARE OF YOUSELF
- SATISFYING POSITIVE EMOTIONAL NEEDS
- BASIC ACCEPTANCE SKILLS
- BECOMING THE MASTER OF YOUR EMOTIONS
- BEHAVIOR ANALYSIS
- STAYING ON AN EVEN KEEL
- PULLING IT ALL TOGETHER

Following the completion of this ANGER MANAGEMENT Course, EOP is also offering an 8-Module study course on DEPRESSION.

The IAC is very pleased to see this Rehabilitation opportunity available to the general population during the COVID 19 Crisis and we hope everyone takes advantage of this opportunity to be productive toward your pursuit of personal rehabilitation.

Submit a CDCR 7362 Medical Slip to MENTAL HEALTH requesting the ANGER MANAGEMENT Course.

W. Goehler, K-77832

Special Purchase Order Clerk

Facility "A"

Reply: ibvf

State of California

Department of Corrections and Rehabilitation INMATE ADVISORY COUNCIL GENERATED

### Memorandum

Date: July 6, 2020

To: Facility "A" General Population

Subject: OVERWEIGHT PACKAGES

This year has ushered in a new phenomenon of overweight packages during the first and second quarter which has resulted in Quarterly Packages being returned to sender and sometimes costing individuals in the population that Quarter's Package...as well as their families money for shipping and handling.

The Vendors in question claim that their packaging system prohibits sending overweight packages to the CDCR, so the responsibility must be here at R&R. Yet since there is no recourse for us to resolve issues at R&R, the IAC suggests each prisoner's family contact the Better Business Bureau at <a href="https://www.bbb.com">www.bbb.com</a>, and report the Vendor Company for sending an overweight package to Mule Creek State Prison which was returned for being overweight (according to at R&R), thus costing the purchaser un-necessary shipping & handling fees — and the intended recipient of the package that quarterly package.

The BBB will then notify these vendors of the overweight allegations attributed to R&R Officer and leave it up to them to resolve the issue of alleged weight infractions reflecting on their Company. Perhaps then they will contact the Postmaster General to initiate an investigation regarding Mail Tampering, if this situation continues.

The IAC hopes this information helps you and your families feel that there is something that can be done to remedy this new phenomena. Contact the Better Business Bureau and make the venders accountable.

W. Goehler, K-77832

Special Purchase order Clerk

Facility "A"

To: La Quita

The BBB will receive your complaint and act as a mediator to help you remedy your problem. Sadly there are frequent complaints about poor customer service with our package vendors who think they have a monopoly serving prisoners — despite anti-trust laws prohibbiting such favoritism.

# LaQuita pg. 2+3

54010.8.1 ITEMS ENCLOSED IN INCOMING FIRST CLASS MAIL Additional info regarding what you can and can't send to your exiled loved one.

Any items listed below are not allowed and will be returned to the sender at the inmate's expense or disposed of in accordance with DOM, Section 54010.16. The list includes, but is not limited to:

- Address labels or self-adhesive address labels, incoming or outgoing.
- Adhesive Notes (Post-it notes, 'Sign-here' flags, etc.)
- Banners.
- Batteries of any kind.
- Cancelled Stamps.
- Card(s) Blank card stock, non-vendor manufactured greeting cards.
- Card(s) with ribbon(s), string, and/or glitter.
- Cardboard items Cardboard boxes, (except confidential correspondence) or padded envelopes. Books from vendors will be delivered without cardboard packaging.
- 9. Cash.
- 10. Cassette tapes.
- 11. CD's Non-Factory Sealed.
- 12. Clothing items.
- 13. Craft, hobby or art paper (drawing, card stock, translucent or tracing). Paper for writing must not be thicker than the lined paper issued to indigent inmates. Writing, typing and stationary paper is limited to 150 sheets per day.
- Driver's license Original or photocopies.
- 15. DVD's.
- 16. Feathers.
- 17. Fiber padded envelopes (when received with mail a copy of the front will be attached with the mail, books, etc.)
- 18. Floppy discs, computer printout banners
- 19. Folders with metal clasps of any kind.
- Food items.
- 21. Hard plastic items.
- 22. Items unable to be searched without being destroyed.
- 23. Items with glitter.
- 24. Laminated items.
- Lottery tickets, sweepstakes paperwork, gift cards, coupons or vouchers of any kind.
- Magnets.
- 27. Mail with bodily fluids, hair or lipstick markings of any kind.
- Mail with other items glued or pasted on (jewels, foam stickers, etc.)
- 29. Maps depicting any area of Amador, Calaveras or Sacramento County or an area within a ten (10) mile radius of any CDCR facility.
- 30. Modified pictures (e.g. pictures with non-allowable elements covered by marker or other materials).
- Ornamentation jewelry (wood, metal, hardened plastic), fabric of any kind.

- 32. Passports Original or photocopies.
- 33. Pens, pencils or erasers.
- 34. Perfumes, colognes, scents or any kind are not allowed in or on mail.
- 35. Photocopies of money, ducats, credit cards checks deposit slips, or any monetary instruments.
- 36. Pictures or images of a minor or person who appears under 18 years of age exposed, nude, lewd or obscene.
- 37. Pictures or images that depict penetration of the vagina or anus, or contact between the mouth and the genitals.
- 38. Plastic bags, containers or sheets of any kind.
- 39. Plastic folders.
- 40. Social Security Cards Original or photocopies.
- 41. Stickers.
- 42. String.
- 43. Tattoo patters/tracing paper/gang logos.
- 44. Trading cards of any kind sports cards or game cards.
- 45. VHS tapes.

At no time will mailroom staff deface, alter, modify, "black out," or remove any part of incoming mail in order to allow an otherwise unallowable item into the facility.

Inmates will be notified of the items confiscated by mailroom staff, and whether there are any allowable items as well, on a form CDCR 1819 via institutional mail.

The items listed below are allowable but have restrictions regarding size/quantity:

- Calendar, maximum size allowed 12" x 24" (No wire or plastic binding)
- Card(s) maximum quantity allowed 10 total per day (e.g. 3 greeting cards & 7 blank postcards = 10 cards total); maximum size allowed 12"x12" (No cards with music or electrical mechanisms, 3-dimensional attachments or removable attachments will be allowed)
- Envelopes, unstamped or pre-stamped, forty (40) total maximum allowed
- Newspaper clippings, only ten (10) per envelope complete inserts are not allowed
- Photo, maximum size allowed 8" x 10"
- Posters, maps, maximum size allowed 12" x 12"
- Total of forty (40) Stamps or stamped envelopes are allowed.
   Non-cancelled US Postage Stamps only.