



reply ID 7irh

"Spirit Quest"

Dear Arreece,

Sorry I did not reply sooner. I've had some setbacks. I'm okay now. Let me share part of my spiritual quest.

I have been in prison over 40 years. Shortly before prison I was suicidal. I was convinced I was a food animal for vampires and I was going to end it and deprive them of any further food.


So I hopped over the railing of a large bridge. But I couldn't let go, so I went and bought some liquor. Then I got arrested for drinking while driving, (a state trooper saw me lift the bottle to my lips). In the morning they let me go- no breakfast, just a cup of black coffee. So I decided that part of my four mile walk back to where my car was parked I would walk along the water's edge of the canal. I looked around the rocks as I walked for a crab or a lobster I could eat cause I was hungry.

I saw a portion of a letter awash on the rocks. It was page 3 of a letter to someone. I scooped it up very soggy, with both hands. I read, "...and therefore you should not suicide but become a teacher. Your unique experiences in life would make you a valuable..." and the letter disintegrated in my hands. It only existed long enough for me to read what I did.

So years later in prison my therapist was explaining to me that the letter probably was in the pocket of someone who jumped off that bridge because that bridge was notorious for jumpers. I told her theres no way your'e gonna convince me that wasn't a sign from God. So it began an unusual start to a spiritual quest. Eventually it led me to Islam.

I certainly do have an enormous amount of uniqueness in my life experience. The part of becoming a teacher hasnt solidified because of my physically being constrained to the prison. I cant even rely on the mail. By the way if you have tried and failed in writing to me you can, if you are inclined, e mail the U.S. Attorney in Boston who is investigating systemwide abuses against prisoners by the Massachusetts Dept. of Correction. The address: [www.justice.gov.usao/ma](http://www.justice.gov.usao/ma)

Sorry again I dint respond quicker.

  
James Riva W38533  
OCCC  
1 Administration Rd  
Bridgewater, MA 02324

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