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"FOOD and THE FDOC"

I was watching a TV show called America's Heart Land that was covering the American farmer, and bean production it was showing the class of beans and explaining the grades of the beans. The class A goes to stores ect, when they got to the class D, they explained these lower grade beans are sold to the prisons. I was shocked to hear them openly admit that on TV. It kind of explains the problem we have here. Not only are we being served the lowest quality of vegetables and fruit, but meats as well. If you go read the FDOC menu, you'll think, hey that's a great meal. But when you come face to face with what's on that food tray..... then reality sets in! You read mixed vegetables and think that's good, well the other day we got some mixed vegetables, broccoli that was cooked to a green mush, as was several other unidentifiable vegetables. The only thing you could identify was the carrots. The past two weeks we've had chicken leg quarters on Tuesday, its the only meat that we get that's not processed, and we get it once a week. Well it come back here so raw, that the meat has to be torn from the bone. So its dangerously undercooked!! We get a sausage patty for breakfast every Tuesday and sometimes on Fridays, its a processed sausage patty that the public wouldn't eat. But it gets sent back here undercooked about 70% of the time, to where most people just can't eat it. And they serve what is called, hashbrown potatoes, which half the time is undercooked, and the other half of the time there overcooked to where there just mush. We get served these yellow grits, and there not cheese grits. But you'll get lumps in them where they haven't been stirred up. The fresh fruit that you read about on the menu. Again its a lower grade of fruit, that the consumer would not purchase. The apples are what is described as a horse apple. Its an off color red, not like the big bright shinny apples you see at the supermarket. Its about half the size of that. And the oranges are the same way. Now the bananas aren't bad. But you rarely see them! I haven't seen a banana in over a month, if not longer. The hotdogs we get, well there no Ballpark franks. There small, and have a rubbery texture. The big sausage link we have for dinner, is the same rubbery texture as the hotdogs and again its not something that the public would even eat. The burgers are a low quality meat that is more soy, than actual meat. And the meat that's used as "a hamburger meat" in other meals, well it might have some beef in it, but in the country meat gravy,that we get every Thursday morning for breakfast, and some of the other meals, at times you may get a three inch corner piece, that's still in the block form that it comes in. Guys who's worked in the kitchen have described this "meat" and said that if you seen it, you wouldn't eat it. And this meat is served daily. Its in the Taco Skillet, a meal that is overcooked rice, mixed with corn and some type of red sauce that's never seen a skillet!! And the sloppy joes and other items that have this sauce, and other sauces such as the BBQ sauce, well if your attempting to eat these meals, your better off washing the sauce off. And back to the broccoli, you very seldom see the head of the broccoli, back here you'll see more stalk than heads. Yes they actually serve us that, and that's all you will see in the slot is stalks. You read about the peanut butter and jelly, and you think well they can't mess that up. Well you have surely underestimate them. See we aren't served peanut butter and jelly, no they mix it together and throw it in the freezer, they then put a scoop of it on your tray, its oily looking and the only way to describe it, well it looks like something you would find in a babies diaper, and that's no exaggeration. Bottom line is not only do we get fed the lowest quality of product for which the

consumer would not purchase for themselves. But we also have the worst cooks preparing this food, and on top of all of that, 80% of the time it arrives back here cold. So when you read the menu, understand your just reading a bunch of pretty words, for its only when you come face to face with the end product, does the reality of the situation set in. So don't believe half of what you read on those menus. The administration is often worried about the wrong things. Inspect the food, who cares if a bed has a wrinkle,when your feeding him dangerously undercooked chicken. Yes the FDOC's priorities is lost to stupidity. But welcome to the wonderful world of the FDOC.

Regretfully Submitted Ronald Wayne Clark Jr.