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"SURVIVING SOLITARY CONFINEMENT"

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Last week I received a book called Surviving solitary confinement. It was sent to me by the American Friends Service Committee out of Newark, New Jersey, well the FDOC has ban this book. No reason was given. But this is evidence that these people don't care if we survive this mental torture that we're enduring here in this knowingly harmful environment, that screws men and women up beyond belief!!! This place is an unbelievable struggle. And these people should be doing everything in their power to ensure our survival. Yet that's not their goal. No their goal is to make it more and more difficult, to try to break you and if you commit suicide, well they chalk that up as a win. Yes that is their sick twisted mentality. They want openly admit it to you, but Warden Barry V.Reddish stated it openly here in 2011 as the Warden. This is the type of sick psychotic people that they've got working here!! Don't get me wrong, not all of them are like this. But those who have compassionate hearts, are usually not in the right position to speak up and bring about the positive change that we need. If you look at the evidence that's stacked up against the FDOC, well then you can't dispute their sick twisted stance. This is truly a harsh environment that the human mind body and soul is not equipped for. For these cages tear you down mentally and physical. We need change, and we need it now. But it'll only come through legal action. Until then we will remain in these hellish conditions thanks to good old inbreed southern hospitality. Welcome to our world.

Ronald Wayne Clark Jr.

October 28,2020