



PART I: TO BE COMPLETED BY THE PATIENT			
If you believe this is an urgent/emergent health care need, contact the correctional officer on duty.			
REQUEST FOR:	MEDICAL <input type="checkbox"/>	MENTAL HEALTH <input checked="" type="checkbox"/>	DENTAL <input type="checkbox"/> MEDICATION REFILL <input type="checkbox"/>
NAME	CDCR NUMBER	HOUSING	
GOEHLER	K77832	B10-142	
PATIENT SIGNATURE		DATE	
		9.21.20	
REASON YOU ARE REQUESTING HEALTH CARE SERVICES. (Describe your health problem and how long you have had the problem)			
↓ FINISHED THE ANGER MANAGEMENT (IN-CELL) COURSE			
AND NOW I'D LIKE TO DO THE IN-CELL COURSE FOR DEPRESSION			
— OR ANY OTHER IN-CELL COURSE OFFERED DURING THIS COVID			
CRISIS. I WANT A PERSONAL INTERVIEW ON THIS MATTER ASAP.			

LIFE SUPPORT ALLIANCE
 & California Lifer Newsletter
 P.O. Box 277 • Rancho Cordova, CA • 95741
 ✉ staff@lifesupportalliance.org

HOPE
 HELP
 HOME

Will somebody please alert regarding the following documentation of two efforts to obtain/make available to general population, the courses listed below. Thank You. My own efforts are appearing counter-productive at this point, as "demanding" (LOL).

Recognizing the need for some programming that can be largely self-done during the current sequestered situation, CDCR's Mental Health Delivery System has made available to all prisoners in all prisons two multi-part in-cell study programs, one on Anger Management and the second on Depression—always relevant topics. These feature a substantial, evidence-based curriculum that provides a minimal contact with a mental health clinician and a certificate on completion. Those wishing to work the programs do not have to be a client in the mental health system, either CCCMS or EOP, but the program is offered by the mental health division.

To access the programs submit a Form 7362, asking for an appointment with a mental health clinician, let them know which module you'd like to work on. You'll be provided with the curriculum packet, including homework exercises, along with a 'cell front' visit by a clinician to collect your homework and answer any questions you might have. The topics and ideas that would normally be discussed in a group session are now done via answering questions and writing your thoughts.

Again, these programs are available to any inmate and you do not need to sign up for mental health services, therapy or treatment to participate in the in-cell learning. You are participating as a student, not a client or patient. Although these courses were sent to all institutions some time ago there seems to be a breakdown in communication, letting the prisoner population know of this opportunity (when was the last time CDCR offered anything for free, except possibly grief?), so we'd like to spread the word.

And if the mental health providers at your institution say they haven't heard of these programs, please let us know. There's nothing we enjoy more than providing a little reality check to CDCR's own. We'll be happy to make sure your institution not only knows about the two courses, but promotes them too.

Ask your counselor for Form 7362, submit it and begin taking advantage of one of the few things CDCR is, at their own instigation, making available to inmates that is free, helpful and timely. Wanting to continue your rehabilitative work and seeking those opportunities on your own, goes a long way to showing the board you're serious about your change and desire to become pro-social.

MAY 2020 MS4



CALIFORNIA CORRECTIONAL
HEALTH CARE SERVICES

MCSP - Mule Creek State Prison

4001 Highway 104

Yuba, CA 95640-

Patient: GOEHLER, WILLIAM ROBERT

DOB/Age/Sex: 2/15/1963 57 years Male

Encounter Date: 5/22/2008

Attending:

CDCR #: K77832

PID #: 11123924

Referring:

Mental Health - Nursing

No data exists for this section

Mental Health Documentation

Document Type:

Document Subject:

Service Date/Time:

Result Status:

Perform Information:

Sign Information:

Authentication Information:

MHPC Consult Routine Progress Note

MH Consult Note

9/25/2020 11:57 PDT

Auth (Verified)

Psychologist (9/25/2020 12:41 PDT)

Psychologist (9/25/2020 12:41 PDT)

Psychologist (9/25/2020 12:41 PDT)

Inmate's Program and Level of Care

Non Mental health inmate MCSP B-Yard

New Issues/Complaints

No qualifying data available.

Mental Status

IP is a 57-year-old Caucasian male, large build, tall, above average height, appeared to be his stated age, long hair, medium trimmed beard. The IP presents with clean state blue clothes appropriate for the setting and for the weather. Overall the IP is well groomed and hygiene is adequate. Eye contact is consistent, good, and direct. Speech is conversational in regards to rate, prosody, tone and volume. The IP is oriented to all 4 spheres. The IP engaged and cooperative. Broad affect and congruent with euthymic mood. The IP denies s/i, h/i, plan, and intent. The IP does not appear to be distracted by internal stimuli. Thought process is linear and logical. Thought content is goal, future, and present oriented. Insight and judgment are fair. The IP presents as properly nourished and does not appear to be sleep deprived. No psychomotor agitation/retardation observed. Short, and sensory memory appear to be intact.

Mental Health Assessments

Mental health seems to be stable at this time.

Assessment/Progress Towards Discharge

1. Chronic hepatitis C
2. Cirrhosis
3. Lumbar spinal stenosis
4. Health care maintenance

NOTHING
OF THE
SORT!

Active Consult Orders

MHPC Consult Routine - Completed

-- 09/10/20 9:30:00 PDT, 09/03/20 11:01:00
PDT, IP requests to see PC, 7 days, Schedule
once with an A Yard MHPC,
137.252.9.74.20200904031656529792758433
3#1.00, 09/02/20, 09/10/20 23:59:00 PDT

MHPC Consult Routine - Completed

-- 09/24/20 10:45:00 PDT, 09/22/20 13:16:00
PDT, Other, 7 days, Schedule Ms. Amos on B
yard,
137.252.9.85.20200902222001084754348892
6#1.00, 09/21/20, 09/29/20 23:59:00 PDT

Subjective/History of Present Illness

The author met with this IP, a GP inmate non mental health, in a confidential setting for a self referral for consult routine. When met with the IP, he reported that he has been down for 22 years with 12 years to go but he is going to be released for early elderly release in 2 years. IP said he has high anxiety which "it's a situational anxiety because uncertain of the parole." IP requested in a demanding manner that writer provide him with materials on depression and anger management which that he believes it is online. It was discussed and informed IP that this writer will do some search yet not promising that is going to be provided if is is not available. IP reported no current suicidal

Report Request ID: 34158792

Print Date/Time: 10/8/2020 12:02 PDT

MCSP - Mule Creek State Prison

Patient: GOEHLER, WILLIAM ROBERT

DOB/Age/Sex: 2/15/1963 / 57 years / Male

CDCR: K77832

Mental Health Documentation

Plan/Disposition

Provided IP with information on the referral process including emergent, urgent, and routine mental health referral and prompted IP to seek help as needed. IP was informed if the materials he requested is available IP be contacted.

ideation, no homicidal ideation, no intent and or plan to harm himself and or to hurt others.

Problem List/Past Medical History

Ongoing

Acute low back pain
Chronic hepatitis C
Cirrhosis
Facial skin lesion
Hepatitis C
Lumbar spinal stenosis

Historical

No qualifying data

IPOC Goals

Current IPOCs

Goals():

Protocol Disease Management(Initiated)
07/10/2020 08:13

HCV

Protocol(Initiated) 10/24/2019 11:18

Musculoskeletal

Scales and Assessments Interpretations
(for assessments without interpretations,
please manually enter one here)

No results documented

Endorsed Suicide Documentation

No result documented

Encounter Info: Patient Name: WILLIAM GOEHLER,DOB: 02/15/1963,CDCR: K77832,FIN: 10000002711123924K77832,Facility: MCSP,Encounter Type: Institutional Encounter

Electronically Signed on 09/25/2020 12:41 PM PDT

Fang, Ko Psychologist, Psychologi

Document Type:

Document Subject:

Service Date/Time:

Result Status:

Perform Information:

Sign Information:

Authentication Information:

Therapeutic/Intervention Note

Therapeutic Intervention/Group Progress Note

9/24/2020 10:44 PDT

Auth (Verified)

Bolante,Irene LVN (9/24/2020 10:44 PDT)

Bolante,Irene LVN (9/24/2020 10:44 PDT)

Therapeutic Intervention/Group Progress Note

Report Request ID: 34158792

Print Date/Time: 10/8/2020 12:02 PDT



CALIFORNIA CORRECTIONAL
HEALTH CARE SERVICES

MCSP - Mule Creek State Prison

4001 Highway 104

lone, CA 95640-

Patient: GOEHLER, WILLIAM ROBERT
DOB/Age/Sex: 2/15/1963 57 years Male
Encounter Date: 5/22/2008
Attending:

CDCR #: K77832
PID #: 11123924
Referring:

Mental Health - Nursing

No data exists for this section

Mental Health Documentation

Document Type: MHPC Consult Routine Progress Note
Document Subject: MH Consult Note
Service Date/Time: 10/12/2020 09:49 PDT
Result Status: Auth (Verified)
Perform Information: [REDACTED] Social Worker (10/12/2020 13:41 PDT)
Sign Information: [REDACTED] Social Worker (10/12/2020 13:41 PDT)
Authentication Information: [REDACTED] Social Worker (10/12/2020 13:41 PDT)

Inmate's Program and Level of Care
He is at the CCCMS LOC - Confidential

New Issues/Complaints
Interested in obtaining information on in-cell activities

Current Status of Illness
Stable

Collateral
Record Review included pertinent records: EHRS, SOMS, ERMS, DECS, Latest Treatment Plan, SRE & Previous Progress Notes

Mental Status
Appearance: Mr. Goehler is a 57 year old Caucasian male with long hair, he is of tall stature. He wore CDCR issued attire, a white bandanna and glasses
Attitude: Cooperative
Activity: Fully engaged
Mood: Jovial
Affect: Congruent with his mood and expression
Speech: Well Modulated
Eye Contact: He maintained good eye contact
Orientation: x 4
Language: Basic content and comprehension
Attention and Concentration: He was able to actively participate during this session
Thought Process: Linear and goal directed
Thought Content: Free of delusions and no internal stimuli noted or reported
Insight: Good
Judgment: Good
Enhanced Program: No

Active Consult Orders
MHPC Consult Routine - Ordered
-- 10/12/20 12:30:00 PDT, 10/05/20 13:43:00
PDT, IP requests to see PC, 7 days, Schedule
once within 5 business days AMOS B YARD
GP IP,
170.71.227.169.202010010519254968419700
422#1.00, 10/04/20, 10/12/20 23:59:00 PDT

Subjective/History of Present Illness
"I was on A for 12 years. I have lots of certificates and I study spirituality. I started a Scientology group on A Yard. Since COVID, there is no activity. Lifer's Support Alliance - Anger Management run by CDCR. There is also a depression course. I witnessed a false staff assault complaint on an inmate. Dr. Fang came into our building to check on a guy who has significant mental health problems. One week after he came in to see him, the cops had it out for him and a non-regular female cop was walking by his cell during noon count and said, staff assault. There was no reason for his door to be opened at that time. He was taken out of there and is likely getting beat up by the cops in AdSeg now. I just felt that I should report that to someone."

Problem List/Past Medical History
Ongoing
Acute low back pain

Report Request ID: 34975807

Print Date/Time: 11/4/2020 12:59 PST

[REDACTED]

MCSP - Mule Creek State Prison

Patient: GOEHLER, WILLIAM ROBERT
DOB/Age/Sex: 2/15/1963 / 57 years / Male

CDCR: K77832

Mental Health Documentation

Mental Health Assessments

Mr. Goehler appeared readily able to manage his mental health symptoms independently at this time.

Estimated Length of Stay

He is at the GP LOC.

Assessment/Progress Towards Discharge

1. Chronic hepatitis C
2. Cirrhosis
3. Lumbar spinal stenosis
4. Health care maintenance

Plan/Disposition

No orders were placed as he is at the GP LOC. The reporting process was explained to Mr. Goehler and he was informed that should he have something to report about a potential crime, he should bring that to the attention of custody as mental health is unable to accept a hearsay report of an interpreted incident. Provided the Start packet (Unit 1-5) for in cell activities. He is aware of how to reach out to his mental health treatment team should his symptoms worsen and/or he determines additional goals to work on. He did not appear to be a danger to himself/others.

Chronic hepatitis C
Cirrhosis
Facial skin lesion
Hepatitis C
Lumbar spinal stenosis
Historical
No qualifying data

IPOC Goals

Current IPOCs

Goals():

Protocol Disease Management(Initiated)
07/10/2020 08:13

HCV

Protocol(Initiated) 10/24/2019 11:18

Musculoskeletal

Endorsed Suicide Documentation

He denied current suicidal ideation and/or a plan to harm himself/others.

Encounter Info: Patient Name: WILLIAM GOEHLER, DOB: 02/15/1963, CDCR: K77832, FIN: 10000002711123924K77832, Facility: MCSP, Encounter Type: Institutional Encounter

Electronically Signed on 10/12/2020 01:41 PM PDT

Sanders, Lenaea Social Worker, Social Wor

Mental Health Forms

No data exists for this section

Mental Health IDTT MPage Forms

No data exists for this section

Mental Health Suicide MPage Forms

No data exists for this section

Report Request ID: 34975807

Print Date/Time: 11/4/2020 12:59 PST